STATE OF CALIFORNIA
MEDICAL BOARD OF CALIFORNIA
SACRAMENTO MAY 15 20 19
BY RICHARD ANALYST

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BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA

In the Matter of the Accusation Against:

BROOKE MILLON BARTON, M.D.

2730 Wilshire Blvd., Suite C20 Santa Monica, California 90403

Physician's and Surgeon's Certificate G 43306,

Respondent.

Case No. 800-2015-018519

ACCUSATION

Complainant alleges:

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PARTIES

- 1. Kimberly Kirchmeyer (Complainant) brings this Accusation solely in her official capacity as the Executive Director of the Medical Board of California (Board).
- 2. On September 15, 1980, the Board issued Physician's and Surgeon's Certificate Number G 43306 to Brooke Millon Barton, M.D. (Respondent). That license was in full force and effect at all times relevant to the charges brought herein and will expire on January 31, 2020, unless renewed.

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DISCIPLINARY HISTORY

- 3. On June 23, 2000, the Executive Director of the Medical Board filed an Accusation against Respondent in the matter entitled: *In the Matter of the Accusation Against Brooke M. Barton, M.D.*, Case No. 06-1999-102944. On December 7, 2001, a First Amended Accusation was filed in the matter.
- 4. On or about January 3, 2013, Respondent signed a Stipulated Settlement and Disciplinary Order to resolve the Accusation.
- 5. By means of an order dated March 14, 2003, and effective April 14, 2003, in the case entitled, *In the Matter of the Accusation Against Brooke M. Barton, M.D.*, Case No. 06-1999-102944, the Medical Board of California issued a Decision revoking Dr. Barton's license to practice medicine. The revocation was stayed and her certificate was placed on probation for a period of two years, with certain terms and conditions. A true and correct copy of the Decision is attached hereto as Exhibit A and is incorporated herein by reference as if fully set forth. Respondent's probation was completed on April 14, 2005.

JURISDICTION

- 6. This Accusation is brought before the Board under the authority of the following laws. All section references are to the Business and Professions Code unless otherwise indicated.
 - 7. Section 2227 of the Code states:
- "(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
 - "(1) Have his or her license revoked upon order of the board.
- "(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
- "(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.

- "(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
- "(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
- "(b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1."
 - 8. Section 2234 of the Code, states:

"The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- "(a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.
 - "(b) Gross negligence.
- "(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.
- "(1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.
- "(2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.
 - "(d) Incompetence.

- "(e) The commission of any act involving dishonesty or corruption which is substantially related to the qualifications, functions, or duties of a physician and surgeon.
 - "(f) Any action or conduct which would have warranted the denial of a certificate.
- "(g) The practice of medicine from this state into another state or country without meeting the legal requirements of that state or country for the practice of medicine. Section 2314 shall not apply to this subdivision. This subdivision shall become operative upon the implementation of the proposed registration program described in Section 2052.5.
- "(h) The repeated failure by a certificate holder, in the absence of good cause, to attend and participate in an interview by the board. This subdivision shall only apply to a certificate holder who is the subject of an investigation by the board."
 - 9. Section 2242 of the Code states:
- "(a) Prescribing, dispensing, or furnishing dangerous drugs as defined in Section 4022 without an appropriate prior examination and a medical indication, constitutes unprofessional conduct.
- "(b) No licensee shall be found to have committed unprofessional conduct within the meaning of this section if, at the time the drugs were prescribed, dispensed, or furnished, any of the following applies:
- "(1) The licensee was a designated physician and surgeon or podiatrist serving in the absence of the patient's physician and surgeon or podiatrist, as the case may be, and if the drugs were prescribed, dispensed, or furnished only as necessary to maintain the patient until the return of his or her practitioner, but in any case no longer than 72 hours.
- "(2) The licensee transmitted the order for the drugs to a registered nurse or to a licensed vocational nurse in an inpatient facility, and if both of the following conditions exist:
- "(A) The practitioner had consulted with the registered nurse or licensed vocational nurse who had reviewed the patient's records.
- "(B) The practitioner was designated as the practitioner to serve in the absence of the patient's physician and surgeon or podiatrist, as the case may be.

"(3) The licensee was a designated practitioner serving in the absence of the patient's physician and surgeon or podiatrist, as the case may be, and was in possession of or had utilized the patient's records and ordered the renewal of a medically indicated prescription for an amount not exceeding the original prescription in strength or amount or for more than one refill.

- "(4) The licensee was acting in accordance with Section 120582 of the Health and Safety Code."
 - 10. Section 2225.5 of the Code states:

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"(b) (1) A licensee who fails or refuses to comply with a court order, issued in the enforcement of a subpoena, mandating the release of records to the board shall pay to the board a civil penalty of one thousand dollars (\$1,000) per day for each day that the documents have not been produced after the date by which the court order requires the documents to be produced, up to ten thousand dollars (\$10,000), unless it is determined that the order is unlawful or invalid. Any statute of limitations applicable to the filing of an accusation by the board shall be tolled during the period the licensee is out of compliance with the court order and during any related appeals.

"

- "(d) A failure or refusal of a licensee to comply with a court order, issued in the enforcement of a subpoena, mandating the release of records to the board constitutes unprofessional conduct and is grounds for suspension or revocation of his or her license.
- "(e) Imposition of the civil penalties authorized by this section shall be in accordance with the Administrative Procedure Act (Chapter 5 (commencing with Section 11500) of Division 3 of Title 2 of the Government Code).
- "(f) For purposes of this section, "certified medical records" means a copy of the patient's medical records authenticated by the licensee or health care facility, as appropriate, on a form prescribed by the board."
 - 11. Section 2266 of the Code states:

"The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct."

CONTROLLED SUBSTANCE/DANGEROUS DRUGS

- 12. The following medications are controlled substances and dangerous drugs within the meaning of the Health and Safety Code and Business and Professions Code:
 - A. Didrex (benzphetamine) is a stimulant that is similar to an amphetamine.

 It is an appetite suppressant that affects the central nervous system.
 - B. Viibryd is a prescription medication indicated for the treatment of major depressive disorder.
 - C. Dalmane (flurazepam) is a benzodiazepine. Dalmane is a hypnotic agent used for the treatment of insomnia.
 - D. Halcion (triazolam) is a central nervous system depressant in the benzodiazepine class. It is generally only used as a sedative to treat insomnia.
 - E. Xanax (alprazolam) is a benzodiazepine. Alprazolam affects chemicals in the brain that may be unbalanced in people with anxiety. Xanax is used to treat anxiety disorders, panic disorders, and anxiety caused by depression.
 - F. Klonopin (clonazepam) is a benzodiazepine. It affects chemicals in the brain that may be unbalanced.
 - G. Ambien (zolpidem) is a sedative, also called a hypnotic. Ambien is used to treat insomnia by affecting chemicals in the brain that may be unbalanced in people with sleep problems or insomnia. The immediate-release tablet is used to help the patient fall asleep when ready to go to bed. The extended-release form, known as Ambien CR,

has a first layer that dissolves quickly to help the patient fall asleep, and a second layer that dissolves slowly to help the patient stay asleep.

- H. Revia is a narcotic drug that blocks the effects of other narcotic medicines and alcohol which is used to treat narcotic drug or alcohol addiction.
- I. Modafinil (Provigil) is a controlled substance used in the treatment of narcolepsy and other significant sleep disorders.

FIRST CAUSE FOR DISCIPLINE

(Unprofessional Conduct – Refusal to Comply with Court Order for Patient Records)

- 13. Respondent is subject to disciplinary action under Code sections 2234, subdivision (a), and 2225.5, subdivision (b)(1), in that Respondent failed and refused to comply with the Los Angeles Superior Court's Order for the production of the certified medical records of the five patients whose care was the subject of Medical Board Case No. 800-2015-018519. In Los Angeles Superior Court Case No. BS174337, Respondent was ordered to turn over all records related to five patients, including those four whose care is the subject of the instant action. The records to be turned over to Complainant included certified medical records. The records were to be turned over to the Board, on or before November 12, 2018, but were not. The circumstances are as follows:
- 14. On November 2, 2018, a hearing was held in Department 73 of the Los Angeles Superior Court, on the Board's Petition for Order to Show Cause and for Order Compelling Respondent to Produce Medical Records. The Petition was granted.
- 15. On November 5, Judge Ongkeko of the Los Angeles Superior Court signed the order requiring Respondent to produce -- among other things -- the medical and billing records related to patients A, B, C, D, and E, in accord with the subpoenas that were issued, on or before November 12, 2018.

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- 16. On November 12, 2018, Respondent had not provided any records to the Board, or to any representative of the Board, including the investigator assigned to the matter and the Board's legal representative.
- 17. On December 17, 2018, a case management conference was held in Department 73 of the Los Angeles Superior Court. Respondent failed to appear. An Order to Show Cause recontempt, returnable on January 3, 2019, was set.
- 18. On December 19, 2018, largely illegible and uncertified patient medical records for the five patients were provided to the Office of the Attorney General. The only set of billing records received were those related to patient D.
- 19. On January 3, 2019, the Contempt hearing on the Order to Show Cause was held. No appearance was made by Respondent. Accordingly, a bench warrant was issued for the arrest of Respondent.
- 20. On January 7, 2019, the Board served Respondent with a subpoena to appear and testify at the Health Quality Investigations Unit (HQIU) Glendale office, on January 28, 2019, at 11:30 a.m.
- 21. On January 11, 2019, Respondent produced five record certifications, which she represented, corresponded to the records produced to Complainant's counsel on December 19, 2018.
- 22. On January 25, 2018, the HQIU investigator assigned to investigate Respondent's conduct contacted counsel for Respondent and confirmed that Respondent was subpoenaed and would appear for her interview on January 28, 2019, at 11:30 a.m.
- 23. On January 28, 2019, Respondent failed to appear for her Board interview.

 Respondent never produced sets of legible medical records and to date has not contacted the Board to cooperate with her licensing agency's investigation and to appear for an interview.
- 24. Respondent's conduct, as set forth in paragraphs 10 through 20, inclusive above, constitutes unprofessional conduct pursuant to Code section 2234, subdivision (a), in that Respondent refused to comply with a court order, issued in the enforcement of a subpoena

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mandating the release of medical records of patients A, B, C, D and E, to the Board. As such, cause for discipline exists.

SECOND CAUSE FOR DISCIPLINE

(Gross Negligence)

25. Respondent Brooke Millon Barton, M.D. is subject to disciplinary action under sections 2234, subdivision (b) and 2242 in that she inappropriately prescribed controlled substances to five patients without justification and provided poor medical care, such that the health and life of the patients were placed at risk. The medical records related to each of the patients are illegible, such that no subsequent treating physician could review them, to obtain adequate history, assess the care and treatment rendered by Respondent, or provide continuing appropriate care based on the patient's status and treatment. This placed the health and lives of the patients at risk.

The patient records were reviewed by a Board retained expert who deemed the records largely illegible, but was able to discern some words and phrases contained therein. The circumstances are as follows:

Patient A

- The patient records produced by Respondent spanned the period from February 2012 26. through December 2015 and documented approximately 185 visits. In 2012, this patient was 76 years-old. Respondent's notes were largely illegible. Those words and phrases that were discernable, demonstrated that patient A was diagnosed with depression. She underwent a brief mental status examination, which revealed, "depression, poor eye contact, red hair, glasses, overweight, no SI." Patient A's past medical history included the use of Didrex for 10 years. The patient suffered from fibromyalgia and chronic fatigue syndrome.
- 27. Respondent prescribed an antidepressant medication, Viibryd to Patient A, as well as Dalmane and Didrex 50 mg once twice a day #120, Cytomel, Halcion, Seroquel and Xanax.
 - On November 5, 2015, Respondent noted "A/P [Assessment/Plan] grief, some meds." 28.
- Patient A's records contain no documentation of monitoring body weight/BMI, vital signs, or EKGs. There is no documentation indicating informed consent was obtained from the

patient. Respondent's rationale for long-term prescribing of benzphetamine and triazolam, is absent from the record, as is any plan to eventually taper the dose of these medications.

- 30. Respondent prescribed benzphetamine, an amphetamine-type compound recommended for short-term treatment for obesity in combination with a structured program of diet and exercise. This medicine is recommended for short-term use only, from several weeks to a maximum of six months, and must be used with extra caution in the elderly. Per patient A's records, she received this medication at the age of 76 years, and was prescribed the medication over a two to three-year time period, without justification. The patient's medical records reveal no record of any monitoring of the patient's body weight/BMI, diet and exercise schedule.
- 31. Patient A was also prescribed triazolam, a sleeping medication that is recommended for short-term use (10 days). She was prescribed the medication on a long-term basis, despite its use requiring extra care in the elderly. The patient was prescribed twice the recommended maximum dose for an adult. At the same time, she was prescribed alprazolam, which is also a benzodiazepine and substantially increases the risk of over sedation, intoxication, as well as falls and accidents, especially in the elderly. These medications were prescribed without a clear rationale for combining prescriptions for two benzodiazepines and stimulant medications.
- 32. In her care of patient A, Respondent committed gross negligence by failing to avoid unnecessary and unsafe prescribing of multiple controlled substances without adequate safety monitoring in an elderly patient.

Patient B

- 33. Respondent produced the medical records for patient B from January 2012 through December 2016. There are approximately 29 documented visits. Patient B was 80 years-old in 2012.
- 34. Patient B's medical records are largely illegible. The information that can be extracted from the medical records is: "A/P sleep apnea sleep disorder Dx MVP, HX child abuse." The following medications are listed in the patient medical record: Seroquel, Ambien 10 mg, Provigil 200 mg. There is a later note that includes a mental status examination and which

states, "no depression, no anxiety, tried stimulant." The record also includes prescriptions for Seroquel 100 mg, Klonopin, Risperadal 3 mg #90, and Zolpidem 10 mg #90.

- 35. Respondent prescribed multiple controlled substances in the benzodiazepine class in combination with other sleep medications to patient B, an elderly man. Alprazolam, clonazepam and zolpidem are all sedative medications which can be addictive and can be abused by patients. Despite prescribing these medications, Respondent failed to document patient B's vital signs.
- 36. Respondent prescribed these sleeping medications to patient B on a long-term basis. The medications are recommended for short-term use and must be used with extra care in the elderly. Instead of decreasing the dosage, as should be done in the case of the elderly, Respondent prescribed high dosages to patient B. The excessive quantity of tablets being prescribed to an elderly patient without clear documentation of medical need or safety monitoring is dangerous. Respondent prescribed in a manner that placed the patient at risk for over sedation and at unnecessary risk of potential harm. Further, Respondent did not have a plan to taper and eventually discontinue the patient's use of these medications.
- 37. In her care of patient B, Respondent committed gross negligence by failing to avoid unnecessary and unsafe prescribing of multiple controlled substances without adequate safety monitoring in an elderly patient.

Patient C

- 38. The patient records produced by Respondent for patient C spanned the 4-year period from February 2012 through January 6, 2016 and documented approximately 66 visits. In 2012, this patient was 52 years-old. Respondent's notes are largely illegible. Those words and phrases that were discernable, demonstrated that patient C's chief complaint was "trouble connecting." A mental status examination was documented, "+depression, withdrawn, +suicidal ideation no plan." CPT code for major depression was identified with, "P/[plan] Zoloft, Revia, Antabuse, R/O Medicaid." Prescribed medications included Xanax, Lamictal, modafinil, Abilify, Prozac, and Phentermine.
- 39. On April 25, 2012, Respondent documented a treatment plan. The assessment stated, patient C was doing better with increased Abilify, increased Lamictal, increased Prozac."

- 40. On August 17, 2012, Respondent recommended that patient C be excused from work ½ day per week until further notice.
 - 41. On May 25, 2013, Respondent noted, "exercise not yet diet going well."
- 42. On June 5, 2013, Respondent noted that on exam that patient C was not depressed, no suicidal ideation.
- 43. On July 1, 2013, Respondent documented, "A/P follow alcohol food depression stable on meds" and "A continues more social less depressed."
 - 44. On September 17, 2014, Respondent documented, "A/P mood stable."
- 45. The medical record entry of October 22, 2014, contained a prescription copy listing various lab results.
- 46. The medical record entry of March 11, 2015, mentions BMI and references, "excited about bariatric surgery."
- 47. On November 4, 2015, Respondent documented that blood pressure check was too low, the patient gained 20 pounds in a year to 240, and her BMI was 40.
- 48. Patient C was prescribed benzphetamine from 2012 through 2015, which is far beyond the recommended duration. Respondent did not document a clinical justification for this. The listed treating diagnosis of this patient was major depression. Although BMI is mentioned twice in the record, there is no indication that the Respondent was treating this patient for obesity or another eating disorder. There is no ongoing documentation of the patient's weight over time. There is no off label clinical indication for prescribing benzphetamine in a high dosage over an extended period.
- 49. In July of 2012, Respondent began to also prescribe modafinil to patient C. Modafinil is a medication used to treat sleep disorders. There is no evidence that the patient underwent a diagnostic sleep evaluation or an acceptable documented rationale for the prescribing of modafinil, or for prescribing this drug in combination with benzphetamine.
- 50. Modafinil and benzphetamine have a risk of abuse. Respondent only checked the patient's blood pressure on occasion. There are no other documented vital signs in patient C's medical record. No EKG was performed.

- 51. Respondent prescribed alprazolam to patient C for an extended period of time.
- 52. Respondent documented three cursory mental status examinations. No informed consent was obtained from the patient for the medications prescribed. There was no evidence of appropriate treatment planning in the medical record.
- 53. In her care of patient C, Respondent committed gross negligence by overprescribing multiple controlled substances for an extended period of time without appropriate clinical indications and without documenting adequate safety monitoring of the patient.

THIRD CAUSE FOR DISCIPLINE

(Failure to Maintain Adequate Records)

- 54. Respondent is subject to disciplinary action under Business and Professions Code section 2266 in that she failed to maintain adequate and accurate records in her care and treatment of all four patients identified in the instant Accusation. The circumstances are as follows:

 Patient D
- 55. Respondent first saw patient D on February 9, 2013. She treated the patient through February 27, 2014. There are ten recorded medical visits. With the exception of the entry for the first visit, which is duplicated in typewritten form, the medical records are largely illegible. The information that can be deduced from the records includes that the patient was diagnosed with panic disorder. Respondent prescribed Prozac 20 mg and Xanax to patient D.
 - 56. On February 9, 2013, the patient was prescribed alprazolam 1 mg #60.
- 57. Three days after filling his first prescription, patient D filled a prescription for 120 tablets of alprazolam. There is no note in the medical record indicating the justification for this.
- 58. Approximately one week after that, patient D was prescribed an additional 90 tablets of alprazolam.
- 59. In March of 2013, patient D filled prescriptions for 180 tablets of alprazolam. The prescriptions were written by Respondent.
- 60. In April of 2013, patient D filled prescriptions for 400 tablets of alprazolam. The prescriptions were written by Respondent.

61. Patient D was prescribed high dosages of alprazolam. Alprazolam is potentially
highly addictive. The patient was prescribed 1 mg twice per day at the outset of treatment. The
dose was escalated to 1 mg four times a day (120 tablets in 30 days), a daily dose of 4 mg. At
that dosage the medication can cause serious over sedation and symptoms of intoxication.
Potential risks of high dose alprazolam include respiratory depression, accidents, and death.

- 62. The medical record does not show that the patient was warned of the risks associated with taking this medication at the dosages prescribed, including the risk of addiction, the risks associated with the combining the medication with other drugs or alcohol, and informed consent was not obtained. No warnings regarding use were given. There is no clinical evidence of any treatment plan to eventually taper and discontinue the medication, or of a consideration of substituting it with a less addictive and safer alternative.
- 63. Paragraphs 15 through 50, inclusive, above are incorporated herein by reference as if fully set forth.
- 64. Respondent failed to maintain legible records that documented pertinent and required information related to the care and treatment of six patients. Her records were scant, illegible, and incomplete.

PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- 1. Revoking or suspending Physician's and Surgeon's Certificate Number G 43306, issued to Brooke Millon Barton, M.D.;
- 2. Revoking, suspending or denying approval of her authority to supervise physician assistants and advanced practice nurses;
- 3. Ordering her to pay the Board civil penalties in the amount of \$10,000 for her failure and refusal to comply with the Board's requests for the certified medical records of patients A, B, C, D, and E;
- 4. If placed on probation, ordering her to pay the Board the costs of probation monitoring; and

1	5. Taking such other and further action as deemed necessary and pro	oper.
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(BROOKE MILLON BARTON, M.D.) ACCUSATION NO. 800-2015-018519

EXHIBIT A

H

BEFORE THE DIVISION OF MEDICAL QUALITY MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

Fil. No. 06 1000 1030 44
Til. N. 07 1000 103044
File No. 06-1999-102944

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Division of Medical Quality of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on April 14, 2003

IT IS SO ORDERED March 14, 2003

MEDICAL BOARD OF CALIFORNIA

By:

Lorie G. Rice, Chair

Panel A

Division of Medical Quality

1 2	BILL LOCKYER, Attorney General of the State of California E. A. JONES III, State Bar No. 71375	·					
3	Deputy Attorney General California Department of Justice	•					
4	300 So. Spring Street, Suite 1702 Los Angeles, CA 90013						
5	Telephone: (213) 897-2543 Facsimile: (213) 897-1071						
6	Attorneys for Complainant						
7	BEFORE THE						
8	DIVISION OF MEDICAL QUALITY MEDICAL BOARD OF CALIFORNIA						
9	DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA						
10							
11	In the Matter of the Accusation Against:	Case No. 06-99-102944					
12	BROOKE M. BARTON, M.D. 530 Wilshire Boulevard, Suite 209	OAH No. L-2000120142					
13	Santa Monica, California 90401	STIPULATED SETTLEMENT AND DISCIPLINARY ORDER					
14	Physician and Surgeon's Certificate No. G43306						
15	Respondent.						
16							
17	In the interest of a prompt and speedy	settlement of this matter, consistent with the					
18	public interest and the responsibility of the Division	of Medical Quality, Medical Board of					
19	California of the Department of Consumer Affairs, the	he parties hereby agree to the following					
20	Stipulated Settlement and Disciplinary Order which	will be submitted to the Division for					
21	approval and adoption as the final disposition of the First Amended Accusation.						
22	<u>PARTIES</u>						
23	1. Ron Joseph (Complainant) is the Executive Director of the Medical Board						
24	of California. He brought this action solely in his official capacity and is represented in this						
25	matter by Bill Lockyer, Attorney General of the State of California, by E. A. Jones III, Deputy						
26	Attorney General.						
27	2. Respondent Brooke M. Barton, M.D. (Respondent) is represented in this						
28	proceeding by attorney Alan I. Kaplan, whose addre	ss is 1925 Century Park East, Suite 500, Los					
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3. On or about September 15, 1980, the Medical Board of California issued Physician and Surgeon's Certificate No. G43306 to Brooke M. Barton, M.D. (Respondent). The Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 06-99-102944 and will expire on January 31, 2004, unless renewed.

<u>JURISDICTION</u>

4. First Amended Accusation No. 06-99-102944 was filed before the Division of Medical Quality (Division) for the Medical Board of California, Department of Consumer Affairs, and is currently pending against Respondent. The First Amended Accusation and all other statutorily required documents were properly served on Respondent on December 7. 2001. Respondent timely filed her Notice of Defense contesting the Accusation. A copy of First Amended Accusation No. 06-99-102944 is attached as exhibit A and incorporated herein by reference.

ADVISEMENT AND WAIVERS

- 5. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in the First Amended Accusation No. 06-99-102944. Respondent has also carefully read, fully discussed with counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.
- 6. Respondent is fully aware of her legal rights in this matter, including the right to a hearing on the charges and allegations in the First Amended Accusation; the right to be represented by counsel at her own expense; the right to confront and cross-examine the witnesses against her; the right to present evidence and to testify on her own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.
- 7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

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CULPABILITY

Bases upon evidence she believes supports her position, respondent denies the allegations in the First Amended Accusation No. 06-99-102944. Respondent agrees that complainant could establish a prima facie case at a hearing. Respondent chooses not to defend the case and agrees to be bound by the disciplinary order herein.

RESERVATION

9. The agreements made by Respondent herein are only for the purposes of this proceeding, or any other proceedings in which the Division of Medical Quality, Medical Board of California, or other professional licensing agency is involved, and shall not be admissible in any other criminal or civil proceeding.

CONTINGENCY

- Quality. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Division regarding this stipulation and settlement, without notice to or participation by Respondent or her counsel. By signing the stipulation, Respondent understands and agrees that she may not withdraw her agreement or seek to rescind the stipulation prior to the time the Division considers and acts upon it. If the Division fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Division shall not be disqualified from further action by having considered this matter.
- 11. The parties understand and agree that facsimile copies of this Stipulated Settlement and Disciplinary Order, including facsimile signatures thereto, shall have the same force and effect as the originals.
- 12. In consideration of the foregoing agreements and stipulations, the parties agree that the Division may, without further notice or formal proceeding, issue and enter the following Disciplinary Order:

DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Physician and Surgeon's Certificate No. G43306 issued to Respondent Brooke M. Barton, M.D. is revoked. However, the revocation is stayed and Respondent is placed on probation for two (2) years on the following terms and conditions.

Within 15 days after the effective date of this decision the respondent shall provide the Division, or its designee, proof of service that respondent has served a true copy of this decision on the Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership are extended to respondent or at any other facility where respondent engages in the practice of medicine and on the Chief Executive Officer at every insurance carrier where malpractice insurance coverage is extended to respondent.

- 1. EDUCATION COURSE Within ninety (90) days of the effective date of this decision, and on an annual basis thereafter, respondent shall submit to the Division or its designee for its prior approval an educational program or course to be designated by the Division or its designee which shall be aimed at correcting any areas of deficient practice or knowledge which shall not be less than 25 hours per year, for each year of probation. This program shall be in addition to the Continuing Medical Education (CME) requirements for re-licensure.

 Following the completion of each course, the Division or its designee may administer an examination to test respondent's knowledge of the course. Respondent shall provide proof of attendance for 50 hours of continuing medical education of which 25 hours were in satisfaction of this condition and were approved in advance by the Division or its designee.
- 2. <u>PHYSICIAN PRESCRIBING</u> Within sixty (60) days of the effective date of this decision, respondent is hereby ordered to enroll in the University of California San Diego Physician Assessment and Clinical Education (PACE) Program Physician Prescribing Course, and shall successfully complete the course within 180 days of the effective date of this order. Failure to successfully and timely complete the course shall constitute a material breach of this order.
- 3. <u>PSYCHOTHERAPY</u> Respondent shall continue psychotherapy treatment for the period of probation with treating psychotherapist Dr. Martha Kirkpatrick, M.D., or until

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the Division or its designee deems that no further psychotherapy is necessary. Respondent shall have the treating psychotherapist submit quarterly status reports to the Division or its designee. The Division or its designee may require respondent to undergo psychiatric evaluations by a psychiatrist mutually acceptable to the Division and respondent. If, prior to the termination of probation, respondent, after notice and an opportunity to be heard, is found not to be mentally fit to resume the practice of medicine without restrictions, the Division shall retain continuing jurisdiction over the respondent's license and the period of probation shall be extended until the Division determines that the respondent is mentally fit to resume the practice of medicine without restrictions. The respondent shall pay the cost of the therapy and evaluations.

If the treating psychotherapist resigns or is no longer available, respondent shall, within fifteen (15) days, move to have a new treating psychotherapist appointed, through nomination by respondent and approval by the Division or its designee.

4. <u>MONITORING</u> Within thirty (30) days of the effective date of this decision, respondent shall submit to the Division or its designee for its prior approval a plan of practice in which respondent's practice shall be monitored for the first year of probation by Dr. Raymond J. Friedman, M.D., Ph.D., who shall provide periodic reports to the Division or its designee.

If the monitor resigns or is no longer available, respondent shall, within fifteen (15) days, move to have a new monitor appointed, through nomination by respondent and approval by the Division or its designee.

- 5. <u>OBEY ALL LAWS</u> Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California, and remain in full compliance with any court ordered criminal probation, payments and other orders.
- 6. <u>QUARTERLY REPORTS</u> Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Division, stating whether there has been compliance with all the conditions of probation.
- 7. PROBATION SURVEILLANCE PROGRAM COMPLIANCE
 Respondent shall comply with the Division's probation surveillance program. Respondent shall,

at all times, keep the Division informed of her business and residence addresses which shall both serve as addresses of record. Changes of such addresses shall be immediately communicated in writing to the Division. Under no circumstances shall a post office box serve as an address of record, except as allowed by Business and Professions Code section 2021(b).

Respondent shall, at all times, maintain a current and renewed physician's and surgeon's license.

Respondent shall also immediately inform the Division, in writing, of any travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) days.

- 8. <u>INTERVIEW WITH THE DIVISION, ITS DESIGNEE OR ITS</u>

 <u>DESIGNATED PHYSICIAN(S)</u> Respondent shall appear in person for interviews with the Division, its designee or its designated physician(s) upon request at various intervals and with reasonable notice.
- 9. TOLLING FOR OUT-OF-STATE PRACTICE, RESIDENCE OR INSTATE NON-PRACTICE In the event respondent should leave California to reside or to
 practice outside the State or for any reason should respondent stop practicing medicine in
 California, respondent shall notify the Division or its designee in writing within ten (10) days of
 the dates of departure and return or the dates of non-practice within California. Non-practice is
 defined as any period of time exceeding thirty (30) days in which respondent is not engaging in
 any activities defined in Sections 2051 and 2052 of the Business and Professions Code. All time
 spent in an intensive training program approved by the Division or its designee shall be
 considered as time spent in the practice of medicine. A Board-ordered suspension of practice
 shall not be considered as a period of non-practice. Periods of temporary or permanent residence
 or practice outside California or of non-practice within California, as defined in this condition,
 will not apply to the reduction of the probationary order.
- COMPLETION OF PROBATION Upon successful completion of probation, respondent's certificate shall be fully restored.
 - 11. <u>VIOLATION OF PROBATION</u> If respondent violates probation in any

respect, the Division, after giving respondent notice and the opportunity to be heard, may revoke probation and carry out the disciplinary order that was stayed. If an accusation or petition to revoke probation is filed against respondent during probation, the Division shall have continuing jurisdiction until the matter is final, and the period of probation shall be extended until the matter is final.

- Division the amount of \$7500.00 within ninety (90) days of the effective date of this decision for its investigative and prosecution costs. Failure to reimburse the Division's cost of investigation and prosecution shall constitute a violation of the probation order, unless the Division agrees in writing to payment by an installment plan because of financial hardship. The filing of bankruptcy by the respondent shall not relieve the respondent of her responsibility to reimburse the Division for its investigative and prosecution costs.
- 13. PROBATION COSTS Respondent shall pay the costs associated with probation monitoring each and every year of probation, as designated by the Division, which are currently set at \$2488.00, but may be adjusted on an annual basis. Such costs shall be payable to the Division of Medical Quality and delivered to the designated probation surveillance monitor no later than January 31 of each calendar year. Failure to pay costs within 30 days of the due date shall constitute a violation of probation.
- 14. <u>LICENSE SURRENDER</u> Following the effective date of this decision, if respondent ceases practicing due to retirement, health reasons or is otherwise unable to satisfy the terms and conditions of probation, respondent may voluntarily tender her certificate to the Board. The Division reserves the right to evaluate the respondent's request and to exercise its discretion whether to grant the request, or to take any other action deemed appropriate and reasonable under the circumstances. Upon formal acceptance of the tendered license, respondent will not longer be subject to the terms and conditions of probation.

ACCEPTANCE

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Alan I. Kaplan. I understand the stipulation and the

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١,	effect it will have on my Physician and Surgeon's Certificate. I enter into this Stipulated
	Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be
-	bound by the Decision and Order of the Division of Medical Quality, Medical Board of
	California.
	DATED: 1131103
	BROOKE M. BARTON, M.D. Respondent
0	I have read and fully discussed with Respondent Brooks M. Barton, M.D. the
1	terms and conditions and other matters contained in the above Stipulated Settlement and
2	Disciplinary Order. I approve its form and content.
3	DATED: 1/31/0 3
4	
5	ALANI KAPLAN
6	Attorney for Respondent
7	
18	ENDORSEMENT The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully
19	The foregoing Supulated Settlement and Disciplinary Order is naturally submitted for consideration by the Division of Medical Quality, Medical Board of California of
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21 21	the Department of Consumer Affairs.
22	Bill LOCKYER, Attorney General
23 24	of the State of California
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Exhibit A
First Amended Accusation No. 06-99-102944

FILED STATE OF CALIFORNIA MEDICAL BOARD OF CALIFORNIA SACRAMENTO Successor 7 20 0/ BY: M. Ranch ANALYST

BILL LOCKYER, Attorney General of the State of California MARK T. ROOHK, State Bar No. 132698 Deputy Attorney General California Department of Justice 300 South Spring Street, Suite 1702 Los Angeles, California 90013 Telephone: (213) 897-2568 Facsimile: (213) 897-1071

Attorneys for Complainant

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In the Matter of the Accusation Against:

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BROOKE M. BARTON, M.D. 1502 Wilshire Boulevard

14 Suite 305

Santa Monica, California 90403-5559

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Complainant alleges:

Physician and Surgeon's certificate No. G 43306

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FIRST AMENDED ACCUSATION

Case No. 06-99-102944

PARTIES

Respondent

BEFORE THE

DIVISION OF MEDICAL QUALITY MEDICAL BOARD OF CALIFORNIA

DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

Ron Joseph ("Complainant") brings this first amended accusation solely in 1.

his official capacity as the Executive Director of the Medical Board of California, Department of

Consumer Affairs.

2. On or about September 15, 1980, the Medical Board of California issued

physician and surgeon's certificate Number G 43306 to Brooke M. Barton, M.D. ("Respondent").

The physician and surgeon's certificate was in full force and effect at all times relevant to the charges brought herein and will expire on January 31, 2004, unless renewed.

JURISDICTION

- 3. This First Amended Accusation is brought before the Division of Medical Quality, Medical Board of California ("Division"), under the authority of the following sections of the Business and Professions Code ("Code").
- 4. Section 2227 of the Code provides that a licensee who is found guilty under the Medical Practice Act may have her license revoked, suspended for a period not to exceed one year, placed on probation and required to pay the costs of probation monitoring, or such other action taken in relation to discipline as the Division deems proper.
 - 5. Section 2234 of the Code states:

"The Division of Medical Quality shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- "(a) Violating or attempting to violate, directly or indirectly, or assisting in or abetting the violation of, or conspiring to violate, any provision of this chapter [Chapter 5, the Medical Practice Act].
 - "(b) Gross negligence.
 - "(c) Repeated negligent acts...
 - "(d) Incompetence.
- "(e) The commission of any act involving dishonesty or corruption which is substantially related to the qualifications, functions, or duties of a physician and surgeon.
- "(f) Any action or conduct which would have warranted the denial of a certificate."
 - 6. Section 725 of the Code provides:

"Repeated acts of clearly excessive prescribing or administering of drugs or treatment, repeated acts of clearly excessive use of diagnostic procedures, or repeated acts of clearly excessive use of diagnostic or treatment facilities as determined by the standard of the community of licensees is unprofessional conduct for a physician and surgeon"

- 7. The following medications are dangerous drugs within the meaning of Business and Professions Code section 4022 and, where indicated, controlled substances within the meaning of Health and Safety Code sections 11055, 11056, and 11057:
 - A. APAP with codeine, a Schedule III controlled substance as defined in Health and Safety Code section 11056.
 - B. Dexedrine, a trade name for dextroamphetamine sulfate, a Schedule II controlled substance as defined in Health and Safety Code section 11055.
 - C. Fioricet, a trade name for butalbital, acetaminophen, and caffeine, a Schedule III controlled substance as defined in Health and Safety Code section 11056.
 - D. Fiorinal, a trade name for butalbital, aspirin, and caffeine, a Schedule III controlled substance as defined in Health and Safety Code section 11056.
 - E. Hydrocodone, a Schedule III controlled substance as defined in Health and
 Safety Code section 11056.
 - F. Klonopin, a trade name for clonazepam, a Schedule IV controlled substance as defined in Health and Safety Code section 11057.
 - G. Soma, a trade name for carisoprodol.
 - H. Tylenol #4, a trade name for acetaminophen and codeine, a Schedule III controlled substance as defined in Health and Safety Code section 11056.
 - I. Vicodin, a trade name for acetaminophen with hydrocodone bitartrate, a Schedule III controlled substance as defined in Health and Safety Code section 11056.
 - J. Xanax, a trade name for alprazolam, a Schedule IV controlled substance as defined in Health and Safety Code section 11057.
- 8. Section 822 of the Code states, in pertinent part, that the Board may revoke or suspend a license or place the licensee on probation if it determines that her ability to practice her profession safely is impaired because the licensee is mentally ill, or physically ill affecting competency.

9. Section 14124.12 of the Welfare and Institutions Code provides, in pertinent part, that:

that a licensee's license has been placed on probation as a result of a disciplinary action, the department may not reimburse any Medi-Cal claim for the type of surgical service or invasive procedure that gave rise to the probation. that was performed by the licensee on or after the effective date of probation and until the termination of all probationary terms and conditions or until the probationary period has ended, whichever occurs first. This section shall apply except in any case in which [the Board] determines that compelling circumstances warrant the continued reimbursement during the probationary period of any Medi-Cal claim. In such a case, the department shall continue to reimburse the licensee for all procedures, except for those invasive or surgical procedures for which the licensee was placed on probation.

FIRST CAUSE FOR DISCIPLINE

(Gross Negligence)

- Respondent is subject to disciplinary action under section 2234, subdivision

 (b) of the Code in that she has committed acts of gross negligence in her care and treatment of a patient. The circumstances are as follows:
 - A. Patient L.H. was first seen and evaluated by respondent for psychiatric treatment on or about April 24, 1990. The patient presented with a past history of depression, bulimia, anorexia, and substance abuse, and had recently attempted suicide by overdose. Respondent's diagnosis included major depression, anorexia nervosa, and headaches. Respondent also apparently noted indications consistent with a borderline personality disorder. Therapy was initiated on a weekly basis.
 - B. Patient L.H. continued in therapy with respondent for over nine (9) years. During this time, respondent prescribed or continued prescriptions for multiple medications, including but not limited to Vicodin (or hydrocodone), Tylenol #3 (or

APAP), Fiorinal, Fioricet, Klonopin, Xanax, Dexedrine, and Soma. Many of the drugs prescribed are in the same pharmaceutical families, and many of those were prescribed simultaneously, with respondent providing patient L.H. with enough different medications to allow the patient to make her own decisions about which one to take, and how much to take, at any given time. On one occasion in 1998, respondent prescribed Methylprednisolone, an adrenocortical steroid, allegedly for the patient's dog. During 1999, respondent also prescribed Synthroid, a thyroid medication, on several occasions, and allowed the patient to increase the dosage, without ordering or performing any blood tests. Respondent's office records for the patient are unclear and inconsistent regarding the number and frequency of prescriptions, and the manner and extent to which the patient was using medication. Respondent and the patient rarely discussed the medication regimen during the weekly therapy sessions. Instead, respondent often discussed her own personal issues, and as patient L.H. was an attorney, respondent also asked her for legal advice, as well as referrals to other attorneys.

C. In 1998 and again in 1999, respondent placed the patient on disability, the first time because of tension headaches, the second time because the patient was otherwise unable to meet her financial obligations. During this second disability, in or around September 1999, respondent and the patient discussed admission to a hospital to get off some, most, or all of her medications. Patient L.H. agreed to do this.

Respondent instructed the patient to admit herself through the emergency room, which she understood to be faster and easier than going through the standard admission process. A dispute arose between respondent and the patient over the actual purpose of the admission: respondent noted that the patient had made a specific suicide threat (she had threatened to "eat her boyfriend's gun"), and that she should be admitted on that basis, as well as for a slow tapering of medications; the patient noted that she had made no such threat, that rather she had only expressed concern about how many and which drugs would be involved in the detoxification and was worried about how she would react to such a drastic change, and that it was respondent who had suggested the patient claim to

be a suicide risk in order to expedite admission. This dispute caused a delay in the hospitalization.

- D. Patient L.H. was finally hospitalized, with the assistance of both her brother and respondent, at UCLA's NeuroPsychiatric Institute ("NPI") on or about October 5, 1999. Respondent's admitting diagnosis included documentation of the suicidal threat, the history of depression, and the substance abuse. Upon admission, the patient was noted as taking the following medications: Fiorinal, Tylenol with codeine. Imitrex, Xanax, olanzapine, amitriptyline, phenobarbital, Prozac, Dexedreine, Effexor, Synthroid, Cytomel, Soma, and Klonopin. Respondent placed patient L.H. on a 72 hour hold and instructed the NPI staff to begin tapering of several of these, including Prozac. The patient was noted by nursing staff to be agitated and angry, denied the need to be hospitalized, and was especially resentful towards respondent, who she accused of going through and stealing her personal items and of tricking her into going into the hospital.
- E. During the next three days, patient L.H. continued expressing resentment and anger towards respondent. At the same time, the patient's brother was encountering difficulty in dealing with respondent, and discussed the situation with NPI administration. Because similar concerns and complaints previously had been expressed to the administration regarding respondent, the medical director instructed the adult psychiatric director to look into the situation regarding patient L.H. The director decided to request a consultation from Dr. K., a psychiatrist on staff with special training in psycho-pharmacology.
- F. On or about October 8, 1999, Dr. K. reviewed patient L.H.'s chart, noted all the medications being prescribed, and went to speak to the patient directly. The patient informed Dr. K. that she wanted to get off many of her medications, especially the narcotics, but wanted to continue taking Prozac. Patient L.H. admitted making the previous suicide attempt almost 10 years earlier, but denied making any suicide threat to respondent, and reiterated that the reason she thought she was in the hospital was to get off the excessive medications.

	G.	While Dr. K. was with patient L.H. discussing her care, responder	nt
came down the	e hallwa	ay, entered the room, and in a very-dramatic manner introduced	
herself, presen	ted her	education and credentials, and demanded from Dr. K. her	
credentials and	l what n	nade her qualified to provide a medication consultation. During th	ıe
subsequent dis	cussion	, all of which occurred in front of patient L.H., respondent	
attempted to in	itimidat	te Dr. K. and accused her of "stealing" her patient.	

- H. Subsequently, due to several circumstances, including the wishes of patient L.H. and the concerns by NPI administration and staff over respondent's behavior, the care of patient L.H. was transferred to Dr. K.
 - I. Respondent has subjected her license to discipline in that:
 - i) She was clearly oblivious to how her encounter with Dr. K in front of patient L.H., including dramatics, intimidation, and accusations, might affect the patient, especially given the circumstances of her hospitalization and her then current condition; and
 - ii) Her overall care of patient L.H., including but not limited to the excessive and unsafe prescribing of multiple and redundant medications, her discussion of personal issues and requests for legal advice during therapy, and the circumstances and events leading up to and during the patient's October 5, 1999 hospitalization at NPI, constitutes an extreme departure from the standard of care.

SECOND CAUSE FOR DISCIPLINE

(Repeated Negligent Acts)

- 11. Respondent is subject to disciplinary action under section 2234, subdivision (c) of the Code in that she has committed repeated acts of negligence in her care and treatment of a patient. The circumstances are as follows:
 - A. Paragraph 10, subparagraphs (A)-(H), are incorporated by reference as if set forth in full.

symptoms of extreme paranoia, unusual increase in energy including her rate of speech, flights of thought, increased lack of inhibition, and disregard of several aspects of her practice and business. This behavior occurred during approximately the same time as the hospitalization of patient L.H. at NPI.

- B. On or about March 13, 2000, the Division issued an Order compelling respondent to undergo a mental examination. Respondent complied with the Order. The examination occurred on May 3, 2000, and was conducted by Brian P. Jacks. M.D., a board-certified psychiatrist.
- diagnosis: Axis I Bipolar Disorder. He noted several Axis III physical disorders, as well as several Axis IV psychosocial stressors. He further noted that "at the present time, [respondent] is hypomanic, by which is meant that she has an expansive elevated mood, some grandiosity, pressured speech, flight of ideas, and emotional lability. [] She has gone through periods of recurrent mania, the last apparently [in 1999] at which time [she] bordered on the psychotic. . . [She] is in massive denial of the psychiatric problems that she has and is in a paranoid state. [] As far as her ability to practice medicine now, . . . she is functioning only marginally. [T]he nature of a manic depressive illness is cyclical and recurrent, and it is to be expected that manic episodes will occur which, from the recent past history, may border on the psychotic. During those times of her manic excitement, she would not be fit or competent to practice [emphasis added]." Dr. Jacks recommended both psychiatric treatment and supervision or monitoring, "to ensure proper clinical judgment and that her psychiatric illness is not clouding or coloring [that] judgment."

PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Division of Medical Quality issue a decision:

- 1. Revoking or suspending physician and surgeon's certificate Number G43306, issued to Brooke M. Barton, M.D.;
- 2. Revoking, suspending or denying approval of respondent's authority to supervise physician's assistants, pursuant to section 3527 of the Code;
- 3. Ordering Brooke M. Barton, M.D. to pay the Medical Board of California, if placed on probation, the costs of probation monitoring;
 - 4. Taking such other and further action as deemed necessary and proper.

DATED: December 7, 2001

RON JOSERH

Executive Director

Medical Board of California

Department of Consumer Affairs

State of California Complainant

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