# BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the Accusation	)	
Against:	)	
	)	
DANIEL CHARLES MINTON, M.D.	)	Case No. 800-2016-021410
	)	
Physician's and Surgeon's	)	
Certificate No. G18267	)	
•	)	
Respondent	)	
	)	

**DECISION** 

The attached Stipulated Surrender of License and Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on September 12, 2018

IT IS SO ORDERED September 5, 2018

MEDICAL BOARD OF CALIFORNIA

Bv:

Kimberly Kirchmeyer

Executive Director

	4				
1	Xavier Becerra				
2	Attorney General of California JUDITH T. ALVARADO				
3	Supervising Deputy Attorney General RICHARD D. MARINO				
4	Deputy Attorney General State Bar No. 90471				
5	California Department of Justice 300 South Spring Street, Suite 1702	·			
6	Los Angeles, CA 90013 Telephone: (213) 269-6444				
7	Facsimile: (213) 897-9395 Attorneys for Complainant	,			
8	BEFOR	E THE			
9	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA				
10	STATE OF CA	ALIFORNIA			
11	In the Matter of the Accusation Against:	Case No. 800-2016-021410			
12	DANIEL CHARLES MINTON, M.D.	STIPULATED SURRENDER OF			
13	2444 Wilshire Blvd., Suite 404 Santa Monica, CA 90403	LICENSE AND ORDER			
14	Physician's and Surgeon's Certificate No. G				
15	18267,				
16	Respondent.				
.17					
18	In the interest of a prompt and speedy settle	ment of this matter, consistent with the public			
19	interest and the responsibility of the Medical Boar	rd of California of the Department of Consumer			
20	Affairs, the parties hereby agree to the following	Stipulated Surrender and Disciplinary Order			
21	which will be submitted to the Board for approval	and adoption as the final disposition of the			
22	Accusation.				
23	PART	<u>CIES</u>			
24	1. Kimberly Kirchmeyer (Complainant)	is the Executive Director of the Medical Board			
25	of California (Board). She brought this action solely in her official capacity and is represented in				
26	this matter by Xavier Becerra, Attorney General of	of the State of California, by Richard D. Marino			
27	Deputy Attorney General.				
28	11				

- DANIEL CHARLES MINTON, M.D. (Respondent) is represented in this proceeding by attorney Daniel H. Willick, Esq., whose address is Law Offices of Daniel H. Willick, 1875
   Century Park East, Suite 1600, Los Angeles, CA 90067.
- 3. On or about May 8, 1970, the Board issued Physician's and Surgeon's Certificate No. G 18267 to Respondent. The Physician's and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought in Accusation No. 800-2016-021410 and will expire on February 28, 2019, unless renewed.

# **JURISDICTION**

4. Accusation No. 800-2016-021410 was filed before the (Board), and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on March 8, 2018. Respondent timely filed his Notice of Defense contesting the Accusation. A copy of Accusation No. 800-2016-021410 is attached as Exhibit A and incorporated by reference.

# ADVISEMENT AND WAIVERS

- 5. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2016-021410. Respondent also has carefully read, fully discussed with counsel, and understands the effects of this Stipulated Surrender of License and Order.
- 6. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.
- 7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

RESERVATION

8. The admissions made by Respondent herein are only for the purposes of this proceeding, or any other proceedings in which the Medical Board of California or other professional licensing agency is involved, and shall not be admissible in any other criminal or civil proceeding.

**CULPABILITY** 

- 9. Respondent understands that the charges and allegations in Accusation No. 800-2016-021410, if proven at a hearing, with the exception of those identified in Paragraph 10, below, constitute cause for imposing discipline upon his Physician's and Surgeon's Certificate.
- 10. For the purpose of resolving the Accusation without the expense and uncertainty of further proceedings, Respondent agrees that, at a hearing, Complainant could establish a *prima* facie cases for the charges in Accusation No. 800-2016-021410, except the allegation on p. 9, line 11, paragraph 14, subparagraph C which reads "and alprazolam" and the allegation of p. 9, line 25, paragraph 14, subparagraph E which reads "and she quickly became addicted." Respondent hereby gives up his right to contest those charges, and agrees that cause exists for discipline and hereby surrenders his Physician's and Surgeon's Certificate No. G 18267 for the Board's formal acceptance.
- 11. Respondent understands that by signing this stipulation he enables the Board to issue an order accepting the surrender of his Physician's and Surgeon's Certificate without further process.

## **CONTINGENCY**

12. This stipulation shall be subject to approval by the Board. Respondent understands and agrees that counsel for Complainant and the staff of the Board may communicate directly with the Board regarding this stipulation and surrender, without notice to or participation by Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Surrender and Disciplinary Order shall be of no force or effect, except for this

paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

- 13. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Surrender of License and Order, including Portable Document Format (PDF) and facsimile signatures thereto, shall have the same force and effect as the originals.
- 14. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or formal proceeding, issue and enter the following Order:

#### **ORDER**

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. G 18267, issued to Respondent DANIEL CHARLES MINTON, M.D., is surrendered and accepted by the Medical Board of California.

- 1. The surrender of Respondent's Physician's and Surgeon's Certificate and the acceptance of the surrendered license by the Board shall constitute the imposition of discipline against Respondent. This stipulation constitutes a record of the discipline and shall become a part of Respondent's license history with the Medical Board of California.
- 2. Respondent shall lose all rights and privileges as a physician and surgeon in California as of the effective date of the Board's Decision and Order.
- 3. Respondent shall cause to be delivered to the Board his pocket license and, if one was issued, his wall certificate on or before the effective date of the Decision and Order.
- 4. If Respondent ever files an application for licensure or a petition for reinstatement in the State of California, the Board shall treat it as a petition for reinstatement. Respondent must comply with all the laws, regulations and procedures for reinstatement of a revoked or surrendered license in effect at the time the petition is filed, and all of the charges and allegations contained in Accusation No. 800-2016-021410 shall be deemed to be true, correct and admitted by Respondent when the Board determines whether to grant or deny the petition.
- 5. If Respondent should ever apply or reapply for a new license or certification, or petition for reinstatement of a license, by any other health care licensing agency in the State of California, all of the charges and allegations contained in Accusation, No. 800-2016-021410 shall

1	be deemed to be true, correct, and admitted by Respondent for the purpose of any Statement of					
2	Issues or any other proceeding seeking to deny or restrict licensure.					
3	ACCEPTANCE					
4	I have carefully read the above Stipulated Surrender of License and Order and have fully					
5	discussed it with my attorney, Daniel H. Willick, Esq. I understand the stipulation and the effect					
6	it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Surrender of					
7	License and Order voluntarily, knowingly, and intelligently, and agree to be bound by the					
8	Decision and Order of the Medical Board of California.					
9	n. 1 1 m					
10	DATED: August 13, 2018 Wand Charles MINTON, M.D.					
11	Respondent					
12	I have read and fully discussed with Respondent DANIEL CHARLES MINTON, M.D. the					
13	terms and conditions and other matters contained in this Stipulated Surrender of License and					
14	Order. I approve its form and content.					
15	DATED: August 14, 2018 Daniel H. WILLICK ESO					
16	DANIEL H. WILLICK, ESQ.  Attorney for Respondent					
17						
18	ENDORSEMENT					
19	The foregoing Stipulated Surrender of License and Order is hereby respectfully submitted					
20	for consideration by the Medical Board of California of the Department of Consumer Affairs.					
21	Dated: Respectfully submitted,					
22	XAVIER BECERRA Attorney General of California					
23	JUDITH T. ALVARADO Supervising Deputy Attorney General					
24						
25	Malus & Men					
26	RICHARD D. MARINO					
27	Deputy Attorney General  Attorneys for Complainant					

# Exhibit A

Accusation No. 800-2016-021410

1	XAVIER BECERRA Attorney General of California	ru en	
2	JUDITH T. ALVARADO	FILED STATE OF CALIFORNIA	
3	Supervising Deputy Attorney General RICHARD D. MARINO	medical board of california sacramento <u>(nach 8</u> 20 <u>18</u>	
4	Deputy Attorney General State Bar No. 90471	BYEN TE ANALYST	
5	California Department of Justice 300 South Spring Street, Suite 1702	,	
6	Los Angeles, CA 90013	•	
	Telephone: (213) 269-6444 Facsimile: (213) 897-9395		
7	Attorneys for Complainant	* 1 a	
8	BEFOR MEDICAL BOARD		
9	DEPARTMENT OF CO STATE OF C	ONSUMER AFFAIRS	
10	STATE OF C.	1	
11	In the Matter of the Accusation Against:	Case No. 800-2016-021410	
12	Daniel Charles Minton, M.D.	ACCUSATION	
13	2444 Wilshire Blvd., Suite 404 Santa Monica, CA 90403		
14	Physician's and Surgeon's Certificate		
15	No. G 18267,		
16	Respondent.		
17		•	
18	Complainant alleges:		
19	<u>PAR'</u>	<u>ries</u>	
20	Kimberly Kirchmeyer (Complainant)	brings this Accusation solely in her official	
21	capacity as the Executive Director of the Medical	Board of California, Department of Consumer	
22	Affairs (Board).		
23	2. On or about May 8, 1970, the Medical Board issued Physician's and Surgeon's		
24	Certificate Number G 18267 to Daniel Charles Minton, M.D. (Respondent). The Physician's and		
25	Surgeon's Certificate was in full force and effect at all times relevant to the charges brought		
26	herein and will expire on February 28, 2019, unle	ess renewed.	
27	11		
28	//		
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(DANIEL CHARLES MINTON, M.D.) ACCUSATION NO. 800-2016-021410

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<u>JURISDICTION</u>

- 3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code unless otherwise indicated.
  - 4. Section 2227 of the Code provides:
  - "(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
    - "(1) Have his or her license revoked upon order of the board.
  - "(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
  - "(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
  - "(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
  - "(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
  - "(b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1."
  - 5. Section 2234 of the Code, in pertinent part, provides:

"The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- "(a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.
  - "(b) Gross negligence.
- "(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.
- "(1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.
- "(2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.
  - "(d) . . . .
- "(e) The commission of any act involving dishonesty or corruption which is substantially related to the qualifications, functions, or duties of a physician and surgeon.
  - "(f) Any action or conduct which would have warranted the denial of a certificate.
- "(g) The practice of medicine from this state into another state or country without meeting the legal requirements of that state or country for the practice of medicine. Section 2314 shall not apply to this subdivision. This subdivision shall become operative upon the implementation of the proposed registration program described in Section 2052.5.
  - 66 33
- 6. Section 2266 of the Code provides:

"The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct."

#### 7. Section 2241 of the Code provides:

- "(a) A physician and surgeon may prescribe, dispense, or administer prescription drugs, including prescription controlled substances, to an addict under his or her treatment for a purpose other than maintenance on, or detoxification from, prescription drugs or controlled substances.
- "(b) A physician and surgeon may prescribe, dispense, or administer prescription drugs or prescription controlled substances to an addict for purposes of maintenance on, or detoxification from, prescription drugs or controlled substances only as set forth in subdivision (c) or in Sections 11215, 11217, 11217.5, 11218, 11219, and 11220 of the Health and Safety Code. Nothing in this subdivision shall authorize a physician and surgeon to prescribe, dispense, or administer dangerous drugs or controlled substances to a person he or she knows or reasonably believes is using or will use the drugs or substances for a nonmedical purpose.
- "(c) Notwithstanding subdivision (a), prescription drugs or controlled substances may also be administered or applied by a physician and surgeon, or by a registered nurse acting under his or her instruction and supervision, under the following circumstances:
- "(1) Emergency treatment of a patient whose addiction is complicated by the presence of incurable disease, acute accident, illness, or injury, or the infirmities attendant upon age.
- "(2) Treatment of addicts in state-licensed institutions where the patient is kept under restraint and control, or in city or county jails or state prisons.
- "(3) Treatment of addicts as provided for by Section 11217.5 of the Health and Safety Code.
- "(d)(1) For purposes of this section and Section 2241.5, "addict" means a person whose actions are characterized by craving in combination with one or more of the following:
  - "(A) Impaired control over drug use.
  - "(B) Compulsive use.
  - "(C) Continued use despite harm.

"(2) Notwithstanding paragr	aph (1), a p	erson whose	drug-seekir	ng behavio	r is
primarily due to the inadequate co	ntrol of pai	n is not an ac	ldict within	the meanii	ng of this
section or Section 2241.5."		٠.	•	•	•

# 8. Section 2242 of the Code provides:

- "(a) Prescribing, dispensing, or furnishing dangerous drugs as defined in Section 4022 without an appropriate prior examination and a medical indication, constitutes unprofessional conduct.
- "(b) No licensee-shall be found to have committed unprofessional conduct within the meaning of this section if, at the time the drugs were prescribed, dispensed, or furnished, any of the following applies:
- "(1) The licensee was a designated physician and surgeon or podiatrist serving in the absence of the patient's physician and surgeon or podiatrist, as the case may be, and if the drugs were prescribed, dispensed, or furnished only as necessary to maintain the patient until the return of his or her practitioner, but in any case no longer than 72 hours.
- "(2) The licensee transmitted the order for the drugs to a registered nurse or to a licensed vocational nurse in an inpatient facility, and if both of the following conditions exist:
- "(A) The practitioner had consulted with the registered nurse or licensed vocational nurse who had reviewed the patient's records.
- "(B) The practitioner was designated as the practitioner to serve in the absence of the patient's physician and surgeon or podiatrist, as the case may be.
- "(3) The licensee was a designated practitioner serving in the absence of the patient's physician and surgeon or podiatrist, as the case may be, and was in possession of or had utilized the patient's records and ordered the renewal of a medically indicated prescription for an amount not exceeding the original prescription in strength or amount or for more than one refill.
- "(4) The licensee was acting in accordance with Section 120582 of the Health and Safety Code."

9. Section 2238 of the Code provides:

"A violation of any federal statute or federal regulation or any of the statutes or regulations of this state regulating dangerous drugs or controlled substances constitutes unprofessional conduct."

- 10. Section 725 of the Code states:
- "(a) Repeated acts of clearly excessive prescribing, furnishing, dispensing, or administering of drugs or treatment, repeated acts of clearly excessive use of diagnostic procedures, or repeated acts of clearly excessive use of diagnostic or treatment facilities as determined by the standard of the community of licensees is unprofessional conduct for a physician and surgeon, dentist, podiatrist, psychologist, physical therapist, chiropractor, optometrist, speech-language pathologist, or audiologist.
- "(b) Any person who engages in repeated acts of clearly excessive prescribing or administering of drugs or treatment is guilty of a misdemeanor and shall be punished by a fine of not less than one hundred dollars (\$100) nor more than six hundred dollars (\$600), or by imprisonment for a term of not less than 60 days nor more than 180 days, or by both that fine and imprisonment.
- "(c) A practitioner who has a medical basis for prescribing, furnishing, dispensing, or administering dangerous drugs or prescription controlled substances shall not be subject to disciplinary action or prosecution under this section.
- "(d) No physician and surgeon shall be subject to disciplinary action pursuant to this section for treating intractable pain in compliance with Section 2241.5."

# APPLICABLE STANDARDS OF CARE

11. PRESCRIBING TO ADDICTS. A physician and surgeon may prescribe, dispense or administer prescription drugs including prescription controlled substances to an addict under his or her treatment for a purpose other than maintenance on, or detoxification from, prescription drugs or controlled substances. However, a physician and surgeon shall not knowingly prescribe, dispense or administer dangerous drugs or controlled substances to a person he or she knows or reasonably believes is using or will use the drugs or substances for a nonmedical purpose or to an

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addict, an individual whose actions are characterized by cravings in combination with impaired control over their drug use, compulsive use, and continued use of the substance despite harmful consequences.

benzodiazepines requires a thorough mental status examination with documentation of need for acute and chronic treatment. This includes, but is not limited to, discussion of the risk to benefit ratio of the use of these agents vs. alternative strategies (nonpharmacologic means for the treatment of anxiety such as mindfulness, cognitive behavioral therapy, meditation) or anxiolytic medications with non-addicting potentials such as gabapentin, buspirone, or hydroxyzine. Other alternatives include the large classes of antidepressants of SSRI's, SNRI's, MAOI's, heterocyclics, and tricyclics. Sedative-hypnotics such as benzodiazepines carry with them several inherent risks such as dependence, tolerance, sleep disruption, fading of anxiolytic response over time, potential for respiratory depression, worsening of conditions such as COPD and sleep apnea, and lethality in combinations with other sedative agents such as, but not limited to, alcohol, opiates (as was the case here), sedating medications, etc. When using such medications, it is imperative that their use be constantly be re-evaluated in the context of their efficacy of treatment of sleep/anxiety vs. side effect profile.

(National Committee for Quality Assurance) standards (which are those adopted by all states in the Union), outpatient progress notes should have certain basic features. It should be noted that progress notes differ from process notes in psychiatry in that process notes reflect the psychiatrist's thoughts, feelings, and even "counter transference" notations regarding the patient's state. They are not meant to be objective representations of the patient's progress in treatment and reflective of their response to medication or psychotherapy *per se*. Progress notes on the other hand are standardized throughout the medical community and, according to NCQA standards, have approximately 20 required basic elements. These elements "flex" based on the length of the visit and what procedures were conducted during the visit. However, many of them are immutable and should be present in every note.

# FIRST CAUSE FOR DISCIPLINE

#### (Gross Negligence)

- 14. Respondent Daniel Charles Minton, M.D. is subject to disciplinary action under Business and Professions Code section 2234, subdivision (b), in that Respondent committed gross negligence during his care, treatment and management of PATIENT 1, as follows:
  - A. On April 4, 2016, the Medical Board of California-Central Complaint Unit received an online complaint concerning Respondent, a psychiatrist.
  - B. According to the complaint, PATIENT 1, died on Thanksgiving Day, November26, 2015 from a drug overdose. PATIENT 1 was only 29 years old.
  - C. The coroner determined the cause of death was the result of the patient's intake of oxycodone, alcohol, and alprazolam.
  - D. PATIENT 1 was prescribed Xanax by Respondent in 2013. At the time,

    PATIENT 1 resided in California. PATIENT 1 hailed from Arizona where she
    returned to live sometime in 2014. Respondent continued to prescribe Xanax to
    PATIENT 1 up until the time of her death. Respondent had not examined or even
    seen PATIENT 1 since PATIENT 1 moved to Arizona.
  - E. PATIENT 1 had sought treatment at several rehabilitation facilities. She was an inpatient at Sierra Tucson during the last six months of her life. Previously, she was an outpatient at Desert Star facility in Tucson, Arizona. She was required to leave that program for non compliance. PATIENT 1 lived in Los Angeles from 2012 to 2014. The patient's family was originally from Tucson, Arizona. When PATIENT 1 ran out of money in 2014, she moved back to Tucson to live with her mother. However, while living in and around Los Angeles, PATIENT 1 began seeing Respondent. She had previously been treated for depression and had taken Zoloft or Prozac. Respondent prescribed Xanax and she quickly became addicted. While Respondent prescribed three daily doses of 2 mg each, PATIENT 1 often took more than prescribed and he would authorize early refills.

<sup>&</sup>lt;sup>1</sup> All patient references are by initials only in order to protect his or her rights of privacy.

- F. PATIENT 1 was also an alcoholic and would drink while taking Xanax. She overdosed several times and was hospitalized. PATIENT 1 was arrested in Tucson for driving under the influence. Respondent wrote a letter to the court on her behalf.
- G. One month prior to her death PATIENT 1 had a laparoscopic procedure to evaluate the possibility of her having endometriosis. She was prescribed oxycodone. Reportedly, when she prematurely ran out she went to the physician's office demanding an early refill. She then went to her primary care physician and demanded an early refill of oxycodone.
- H. At the time of her death, PATIENT 1 was no longer in a rehabilitation facility and, allegedly, was no longer taking Xanax.
- Respondent was aware from the onset of treatment that he was dealing with a
  patient with an addictive disorder.
- J. Respondent's medical records, while extremely brief, establish that PATIENT 1 was on Revia (naltrexone) and had a history of alcohol abuse when she first presented to Respondent in December 2012. Other than his entry for PATIENT 1's first visit, there were few other records. During the Board's investigation, Respondent provided 22 pages of records. Only five pages of which contained information other than prescriptions written by Respondent.
- K. One of the records was a copy of a letter written by him in connection with PATIENT 1's arrest for driving under the influence, in which he wrote that PATIENT 1 would be better served by receiving chemical dependency treatment rather than serving correctional time.
- L. In light of Respondent's letter, a prudent physician would not freely prescribe sedative-hypnotics in large doses on a continuing basis and without routine inperson examinations.
- M. PATIENT 1 was receiving Xanax in doses up to 6mg a day.
- N. Respondent was clearly and continuously providing high dose benzodiazepine

- treatment to a patient whom he had previously treated in the office, but with whom he subsequently had no legitimate, ongoing therapeutic relationship.
- O. The prescriptions written by Respondent and his lack of records or other notes shows that he was not examining her in good faith and, more importantly, had more than a passing awareness that she had a serious chemical dependency problem. Such conduct, whether negligent or intentional, constitutes an extreme departure from the applicable standard of care.
- P. From 2012 through 2015, Respondent continued to prescribe Adderall, then Xanax and Prozac. Within one year he raised her from what was a very small dose of Xanax—namely, 0.25 mg po QD, to a rather large dose of 2mg of Xanax QD, then jumping the dose to 6 mg a day for the treatment of an anxiety disorder which is ill described.
- Q. At the same time, there is no indication that he saw the patient in the office face to face or that he spoke to her on the phone to determine the nature of her anxiety, the frequency, duration, precipitants, or mitigating factors which came to play in its etiology and treatment. It is clear that he did not seem to know about her concomitant substance use disorders, or her multitude of substance use admissions. In aggregate, the reader is left with no clarity as to why this patient needed high dose alprazolam monthly for 2 years, or any understanding of why she was not checking in on a regular basis in the office, or for structured phone visits with Respondent.
- R. During an interview with representatives of the Medical Board of California,
  Respondent reported that he advised PATIENT 1 to get more formalized
  treatment in Arizona, but there is absolutely no documentation to that effect.
- S. With respect to prescribing without appropriate prior examination, Respondent's actions represent extreme departures from the usual standard of care.

- T. Respondent's records reflect a complete paucity in the normal evaluation and follow ups seen in a patient who is being treated for attention deficit disorder, and mood and anxiety disorder.
- U. There is absolutely no evidence of the seminal items necessary to form the skeletal outline of a normal outpatient chart. Even his intake note is not reflective of the normal, minimal data set necessary to form the diagnostic impression to be able to treat a patient adequately.
- V. Respondent failed to perform a regular mental status examination, ask and document the appropriate questions necessary to codify the diagnoses, and prescribe for these same diagnoses.
- W. Respondent's follow up visits constitute mainly a documentation of his prescriptions without evidence of any discussion with the patient, or his rationale for use of any of the medications he prescribed.
- X. Most seriously, when she moved out of the area he showed no documentation of his rationale for continuing to provide prescriptions (especially in light of high dose benzodiazepines) to an alcohol abuser who had already received a DUI. There is no notation of his mandate to the patient to obtain a prescriber in her local area. There is no documentation of providing her with "bridge" prescriptions.
- Y. There is no documentation of phone calls with the patient. Essentially there is only documentation of prescriptions given. At best this is grossly inadequate, even if the patient were in the area seeing the physician in his office. In this more extreme case, she was not in the area, not seeing this physician, and in fact was in a multitude of chemical dependence facilities receiving care for the very substance he was prescribing. Nothing can be gleaned from these records as to her behavior, state of mind, or use of medications.

(DANIEL CHARLES MINTON, M.D.) ACCUSATION NO. 800-2016-021410

#### FIFTH CAUSE FOR DISCIPLINE

#### (Prescribing without Examination or Justification)

- 18. Respondent Daniel Charles Minton, M.D. is subject to disciplinary action pursuant to Business and Professions Code section 2242 in that he prescribed controlled substances to PATIENT 1 without first performing either a physical or mental examination, as follows:
  - A. Complainant refers to and, by this reference, incorporates Paragraph 14, above, as though fully set for the herein.

### SIXTH CAUSE FOR DISCIPLINE

# (Violation of Drug Laws)

- 19. Respondent Daniel Charles Minton, M.D. is subject to disciplinary action pursuant to Business and Professions Code section 2238 in conjunction with Business and Professions Code sections 725, 2241 and 2242, in that he violated applicable drug statutes and regulations during his care, treatment and management of PATIENT 1, as follows:
  - A. Complainant refers to and, by this reference, incorporates Paragraph 14, above, as though fully set forth herein.

# SEVENTH CAUSE FOR DISCIPLINE

# (Failure to Maintain Adequate Records)

- 20. Respondent Daniel Charles Minton, M.D. is subject is subject to disciplinary action pursuant to Business and Professions Code section 2266 in that he failed to prepare and maintain adequate medical records pertaining to provision of his medical services to PATIENT 1, as follows:
  - A. Complainant refers to and, by this reference, incorporates Paragraph 14, above, as though fully set for the herein.

## EIGHTH CAUSE FOR DISCIPLINE

#### (Unprofessional Conduct)

21. Respondent Daniel Charles Minton, M.D. is subject to disciplinary action pursuant to Business and Professions Code section 2234 in that he committed unprofessional conduct, generally, during his care, treatment and management of PATIENT 1, as follows:

(DANIEL CHARLES MINTON, M.D.) ACCUSATION NO. 800-2016-021410