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7	This may got Companion	:
8	BEFOR	
1	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS	
9	STATE OF CA	
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11	In the Matter of the Accusation Against:	Case No. 800-2018-042395
12	Bruce Hamilton Lockwood, M.D.	ACCUSATION
13	23805 Stuart Ranch Rd. #210 Malibu, CA 90265	
14		
15	Physician's and Surgeon's Certificate No. C 40102,	
16	Respondent.	
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19	PART	<u> </u>
20		s this Accusation solely in his official capacity
21	as the Executive Director of the Medical Board of	f California, Department of Consumer Affairs
22	(Board).	. •
23	2. On or about November 9, 1981, the N	Medical Board issued Physician's and Surgeon's
24	Certificate Number C 40102 to Bruce Hamilton I	ockwood, M.D. (Respondent). The Physician's
25	and Surgeon's Certificate was in full force and eff	fect at all times relevant to the charges brought
26	herein and will expire on January 31, 2023, unles	s renewed.
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3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.

4. Section 2227 of the Code states:

- (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
 - (1) Have his or her license revoked upon order of the board.
- (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
- (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
- (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
- (5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
- (b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1.

STATUTORY PROVISIONS

5. Section 2234 of the Code, states:

The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

- (a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the violation of, or conspiring to violate any provision of this chapter.
 - (b) Gross negligence.
- (c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.

- (1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.
- (2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.
 - (d) Incompetence.
- (e) The commission of any act involving dishonesty or corruption that is substantially related to the qualifications, functions, or duties of a physician and surgeon.
 - (f) Any action or conduct that would have warranted the denial of a certificate.
- (g) The failure by a certificate holder, in the absence of good cause, to attend and participate in an interview by the board. This subdivision shall only apply to a certificate holder who is the subject of an investigation by the board.

6. Section 2239 of the Code states:

- (a) The use or prescribing for or administering to himself or herself, of any controlled substance; or the use of any of the dangerous drugs specified in Section 4022, or of alcoholic beverages, to the extent, or in such a manner as to be dangerous or injurious to the licensee, or to any other person or to the public, or to the extent that such use impairs the ability of the licensee to practice medicine safely or more than one misdemeanor or any felony involving the use, consumption, or self-administration of any of the substances referred to in this section, or any combination thereof, constitutes unprofessional conduct. The record of the conviction is conclusive evidence of such unprofessional conduct.
- (b) A plea or verdict of guilty or a conviction following a plea of nolo contendere is deemed to be a conviction within the meaning of this section. The Medical Board may order discipline of the licensee in accordance with Section 2227 or the Medical Board may order the denial of the license when the time for appeal has elapsed or the judgment of conviction has been affirmed on appeal or when an order granting probation is made suspending imposition of sentence, irrespective of a subsequent order under the provisions of Section 1203.4 of the Penal Code allowing such person to withdraw his or her plea of guilty and to enter a plea of not guilty, or setting aside the verdict of guilty, or dismissing the accusation, complaint, information, or indictment.

7. Section 2242 of the Code states:

(a) Prescribing, dispensing, or furnishing dangerous drugs as defined in Section 4022 without an appropriate prior examination and a medical indication, constitutes unprofessional conduct. An appropriate prior examination does not require a synchronous interaction between the patient and the licensee and can be achieved through the use of telehealth, including, but not limited to, a self-screening tool or a questionnaire, provided that the licensee complies with the appropriate standard of care.

 9. Section 2266 of the Code states:

The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct.

FIRST CAUSE FOR DISCIPLINE

(Gross Negligence)

- 10. Respondent Bruce Hamilton Lockwood, M.D. is subject to disciplinary action under section 2234, subdivision (b), of the Code in that he was grossly negligent in the care of Patient 1.1 The circumstances are as follows:
 - 11. Respondent is a psychiatrist with offices in Malibu and Westlake Village.
- 12. On or about February 27, 2014, Respondent began treating Patient 1. Patient 1 had a history of abusing Oxycontin and heroin. The patient reported that he had been treating with another psychiatrist for two years and took Subutex,² Xanax³ and Celexa⁴ to treat bad panic attacks. Respondent did not obtain the patient's medical records from his prior treating psychiatrist. He did not confirm Patient 1's medication by reviewing a Controlled Substance Utilization Review & Evaluation System (CURES)⁵ Report or performing a biological sample drug screen. Respondent diagnosed Patient 1 with opioid abuse, heroin abuse, major depression-recurrent, panic disorder and generalized anxiety disorder. Respondent prescribed Subutex 8mg (written as twice per day), Xanax 2 mg twice a day and Celexa 20 mg once a day, for Patient 1, advised him to read "Peace from Nervous Suffering" for alternative ways to deal with anxiety and to return in one month. Respondent did not provide Patient 1 with a rescue dose of naloxone.⁶
- 13. Patient 1 returned to see Respondent on March 20, 2014. The summary of the patient's chart indicates that he was "stable and same meds." It should be noted that Respondent states that he provided a summary of Patient 1's chart to the Board. Thereafter, Respondent

⁶ Naloxone is an opioid antagonist used to rapidly reverse opioid overdose.

¹ The patient is identified by number in this Accusation to protect his privacy.

² Subutex, also known as buprenorphine is a mixed opioid agonist-antagonist. It is used in the treatment of opiate addiction.

³ Xanax, also known as alprazolam, is an anxiolytic.

⁴ Celexa is a selective serotonin reuptake inhibitor (SSRI) used to treat depression.

⁵ CURES is a database, maintained by the Department of Justice, of Schedule II through IV controlled substance prescriptions dispensed to patients.

destroyed Patient 1's chart.

- 14. Patient 1 returned to see Respondent on April 17, 2014. He reported trouble sleeping and more cravings for opioids. Respondent increased his dose of Subutex to 8mg twice a day, from 1 ½ tabs per day, and prescribed trazodone, a sleeping pill.
- 15. Respondent saw Patient 1 on June 12, 2014, July 8, 2014, August 26, 2014, October 21, 2014, December 19, 2014, and January 6, 2015. All entries on the summary of patient care are virtually identical: "stable, same meds."
- 16. The February 3, 2015, entry notes that Patient 1 was instructed to take only two Xanax per day. Respondent explained that Patient 1 was taking more Xanax per day than prescribed.
- 17. On March 3, 2015, there is no chart entry for the visit. On April 16, 2015, Respondent only listed Patient 1's medications. The next eight visits of May 21, 2015, June 30, 2015 (no chart entry), August 14, 2015, September 1, 2015 (no chart entry), September 29, 2015 and November 10, 2015 (no chart entry), where entries are made, only "same meds" is charted. On December 8, 2015, Respondent notes that Patient 1 is stable but gradually increasing Xanax. There is no entry for the January 14, 2016, visit.
- 18. At the February 11, 2016, visit, Respondent increased Patient 1's dose of Xanax to 2 mg three times per day. The patient was advised not to take more than three Xanax per day. There is no indication why the dose of Xanax had been increased.
- 19. It is unknown if Patient 1 returned for his next scheduled appointment of March 10, 2016, because there is no note for the visit. Patient 1 missed his next two scheduled appointments. His next appointment on June 30, 2016, was telephonic. Respondent notes that he advised Patient 1 to find another physician to write Subutex and Xanax for him and provided him with the names of two physicians. However, Respondent also told Patient 1 that he would cover his prescriptions until he found a new physician.
- 20. On September 9, 2016, Respondent was contacted by a pharmacist requesting confirmation that a prescription for Xanax had been called in for Patient 1. Respondent had not called in the prescription. Respondent contacted Patient 1 who allegedly admitted that he had

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faxed a prescription for himself using Respondent's credentials.

- 21. Because he did not have Patient 1's address, Respondent sent Patient 1 a text on October 21, 2016, advising him that he would no longer be treating him and recommended that Patient 1 seek treatment at a "rehab facility." According to Patient 1's CURES Report, Respondent continued to prescribe Subutex to Patient 1 until October 25, 2016. Respondent charted that Patient 1 came to his office on October 25, 2016, demanding drugs. Respondent notes that he sent him to urgent care.
- 22. The standard of care requires a physician to perform a complete history and examination before prescribing medication to a new patient. The examination could consist of a mental status examination for a psychiatrist.
- 23. Respondent was grossly negligent in the care and treatment of Patient 1 in that he prescribed Subutex, Xanax and Celexa without conducting a mental status examination.
- 24. The standard of care when starting a patient on Subutex is to safely suppress opioid withdrawal with adequate dosing. The protocol requires close monitoring with daily follow up.
- 25. When treating a patient for heroin use disorder, the standard of care requires that the practitioner have an understanding of the use of naloxone.
- 26. Respondent was grossly negligent in the care and treatment of Patient 1 in that he prescribed Subutex 8 mg for Patient 1 at his first visit, without having a full knowledge of the patient's true dose, if any. Respondent failed to obtain Patient 1's prior treating psychiatrist's records or even place a call to the physician to confirm the dose of Subutex. Respondent did not check CURES or perform a drug screen on Patient 1. Respondent only followed up with Patient 1 on a monthly basis after prescribing Subutex for him. Respondent also failed to prescribe Naloxone for Patient 1.
- 27. The standard of care requires physicians to document subjective and objective information regarding their patients. Physicians must also include a working diagnosis, consistent with pertinent findings and a treatment plan, which follows from the diagnosis. It is also important that the physician document clinical judgments formed.
 - 28. Respondent was grossly negligent in documenting of his care and treatment of Patient

1. Respondent failed to document a mental status examination of Patient 1. Further, there is no documented basis for the diagnosis of Major Depression-recurrent or generalized anxiety disorder rendered for Patient 1. There is no documentation of collateral information with the prior provider of Subutex and Xanax. There is no documentation of any assessment of suicide risk even though the diagnoses of Major Depression-recurrent, generalized anxiety disorder, opioid abuse, and heroin abuse, placed Patient 1 at high risk for suicide. Many chart entries for visits have no notes at all (March 3, 2015, June 30, 2015, September 1, 2015, November 10, 2015, January 14, 2016, and March 10, 2016). After he submitted a summary of Patient 1's chart to the Board, Respondent destroyed the original patient chart.

SECOND CAUSE FOR DISCIPLINE

(Repeated Negligent Acts)

- 29. Respondent is subject to disciplinary action under section 2234, subdivision (c), of the Code in that he committed repeated negligent acts in the care and treatment of Patient 1. The circumstances are as follows:
- 30. The allegations of the First Cause for Discipline are incorporated herein as if fully set forth.

THIRD CAUSE FOR DISCIPLINE

(Prescribing Without Prior Examination or Medical Indication)

- 31. Respondent is subject to disciplinary action under section 2242, subdivision (a), of the Code in that he prescribed Subutex and Xanax to Patient 1 without a prior examination and without medical indication. The circumstances are as follows:
- 32. The allegations of the First Cause for Discipline are incorporated herein as if fully set forth.

FOURTH CAUSE FOR DISCIPLINE

(Excessive Prescribing)

33. Respondent is subject to disciplinary action under section 725, subdivision (a), of the Code in that he excessively prescribed Xanax to Patient 1. The circumstances are as follows:

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34.	On or about February 27, 2014, Respondent prescribed Xanax to Patient 1 without
performing	a medical examination and without medical indication.

- 35. On or about February 3, 2015, Respondent charted that Patient 1 was taking more Xanax than was prescribed.
- 36. On or about December 8, 2015, Respondent notes that Patient 1 is stable but gradually increasing Xanax. There is no entry for the January 14, 2016 visit.
- 37. On or about February 11, 2016, Respondent increased Patient 1's dose of Xanax to 2 mg three times per day. There is no indication why the dose of Xanax had been increased.
- 38. According to Patient 1's CURES Report, Respondent prescribed Xanax 2 mg, to Patient 1 in quick succession and without corresponding chart entries. For example, on January 2, 2016, Xanax 2 mg, #30, was prescribed. The next day, January 3, 2016, Respondent prescribed or authorized a refill of Xanax 2 mg, #30. Less than a month later, on January 22, 2016, Respondent prescribed Xanax 2 mg, #80. Five days later, on January 27, 2016, Respondent prescribed Xanax 2 mg, #15. The next day, January 28, 2016, Respondent prescribed Xanax 2 mg, #25. Twelve days later, on February 9, 2016, Respondent prescribed Xanax 2 mg, #80. Then, on June 25, 2016, Xanax 2 mg, #30 was prescribed. Two days later, on June 27, 2016, Respondent prescribed or authorized a refill for Xanax 2 mg, #30. Approximately one month later on July 29, 2016, Respondent prescribed Xanax 2 mg, #60. Two days later, on July 31, 2016, Respondent prescribed Xanax 2 mg #10.
- 39. Typically, Xanax is prescribed in monthly doses. If abuse is suspected, it is prescribed in weekly doses.

FIFTH CAUSE FOR DISCIPLINE

(Self-Prescribing of a Dangerous Drug)

40. Respondent is subject to disciplinary action under section 2239, subdivision (a), of the Code in that he self-prescribed testosterone, a controlled substance and dangerous drug. The circumstances are as follows:

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1	41. According to his CURES Report, between January 9, 2017, and April 30, 2018,		
2	Respondent self-prescribed testosterone, a steroid hormone, which is also a controlled substance		
3	and a dangerous drug pursuant to Code section 4022, four times.		
4	SIXTH CAUSE FOR DISCIPLINE		
5	(Failure to Maintain Adequate and Accurate Medical Records)		
6	42. Respondent is subject to disciplinary action under section 2266 of the Code. The		
7	circumstances are as follows:		
8	43. The allegations of the First, Second, Third and Fourth Cause for Discipline are		
9	incorporated herein as if fully set forth.		
10	PRAYER		
11	WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged,		
12	and that following the hearing, the Medical Board of California issue a decision:		
13	1. Revoking or suspending Physician's and Surgeon's Certificate Number C 40102,		
14	issued to Bruce Hamilton Lockwood, M.D.;		
15	2. Revoking, suspending or denying approval of Bruce Hamilton Lockwood, M.D.'s		
16	authority to supervise physician assistants and advanced practice nurses;		
17	3. Ordering Bruce Hamilton Lockwood, M.D., if placed on probation, to pay the Board		
18	the costs of probation monitoring; and,		
19	4. Taking such other and further action as deemed necessary and proper.		
20	and M		
21	DATED: MAR 1 1 2021 WILLIAM PRASPEXA		
22	Executive Director/		
23	Medical Board of California Department of Consumer Affairs State of California		
24	Complainant		
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