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9	BEFORE THE	
10	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS	
11	STATE OF CALIFORNIA	
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13	In the Matter of the Accusation Against:	Case No. 800-2018-045302
14	Karen Eve Kleeman, M.D. 531 12th St.	ACCUSATION
15	Santa Monica, CA 90402-2907	
16	Physician's and Surgeon's Certificate No. G 44384,	
17	Respondent.	
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19	<u>PARTIES</u>	
20	1. William Prasifka (Complainant) brings this Accusation solely in his official capacity	
21	as the Executive Director of the Medical Board of California, Department of Consumer Affairs	
22	(Board).	
23	2. On or about April 13, 1981, the Medical Board issued Physician's and Surgeon's	
24	Certificate Number G 44384 to Karen Eve Kleeman, M.D. (Respondent). The Physician's and	
25	Surgeon's Certificate was in full force and effect at all times relevant to the charges brought	
26	herein and will expire on March 31, 2023, unless renewed.	
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#### **JURISDICTION**

- 3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code (Code) unless otherwise indicated.
  - 4. Section 2004 of the Code states:

The board shall have the responsibility for the following:

- (a) The enforcement of the disciplinary and criminal provisions of the Medical Practice Act.
  - (b) The administration and hearing of disciplinary actions.
- (c) Carrying out disciplinary actions appropriate to findings made by a panel or an administrative law judge.
- (d) Suspending, revoking, or otherwise limiting certificates after the conclusion of disciplinary actions.
- (e) Reviewing the quality of medical practice carried out by physician and surgeon certificate holders under the jurisdiction of the board.
  - (f) Approving undergraduate and graduate medical education programs.
- (g) Approving clinical clerkship and special programs and hospitals for the programs in subdivision (f).
  - (h) Issuing licenses and certificates under the board's jurisdiction.
  - (i) Administering the board's continuing medical education program.
- 5. Section 2227 of the Code states:
- (a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
  - (1) Have his or her license revoked upon order of the board.
- (2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
- (3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
- (4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.

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#### FIRST CAUSE FOR DISCIPLINE

# (Gross Negligence-2 Patients)

- 11. Respondent Karen Eve Kleeman, M.D. is subject to disciplinary action under section 2234, subdivision (b), of the Code for the commission of acts or omissions involving gross negligence in the care and treatment of Patients 1 and 2. The circumstances are as follows:

  Patient 1
- 12. Patient 1 (or "patient") is a 36-year-old female, who treated with Respondent from approximately 2010 through 2018,<sup>2</sup> for various conditions including anxiety and back pain.

  Patient 1 also had a history of opiate dependence.<sup>3</sup> Respondent prescribed Patient 1 multiple medications including Adderall, a stimulant for Attention Deficit Disorder (ADD); Soma, a muscle relaxant for back pain; and Klonopin and Xanax (alprazolam) for anxiety.<sup>4</sup>
- 13. During her treatment of Patient 1, Respondent did not adequately document Patient 1's vital signs (e.g. blood pressure, heart rate, respirations). Respondent's notes did not indicate a valid reason for prescribing Soma to Patient 1, nor did Respondent adequately document Patient 1's response to the medication. There was also no documentation that Respondent referred Patient 1 to a pain management specialist, nor was there documentation that Respondent used alternative (less addictive) medications to treat Patient 1. Respondent's prescriptions for Xanax and Adderall to Patient 1 were also excessive, considering Patient 1's history of opiate dependence.<sup>5</sup>
- 14. Overall, Respondent's care and treatment of Patient 1, as outlined above, represents an extreme departure from the standard of care for excessively prescribing benzodiazepines, stimulants, and narcotic medications to Patient 1, who had signs of addiction.

<sup>&</sup>lt;sup>1</sup> The patients are identified by numbers to protect their privacy.

<sup>&</sup>lt;sup>2</sup> These are approximate dates based on the medical records which were available to the Board. Patient 1 may have treated with Respondent before or after these dates.

<sup>&</sup>lt;sup>3</sup> In correspondence to the Board, Respondent admitted that she had made mistakes in her treatment of Patient 1, and that the Patient 1 was a "heroin addict."

<sup>&</sup>lt;sup>4</sup> These medications are also all controlled substances with serious side effects and risk for addiction, and dangerous drugs pursuant to section 4022 of the Code.

<sup>&</sup>lt;sup>5</sup> Respondent contributed to Patient 1's obtaining what is referred to as the "Holy Trinity" of abusive medications (e.g. a combination of a benzodiazepine (Xanax), a muscle relaxant (Soma), and an opiate narcotic (hydrocodone), which are independent signs of addiction.

15. Patient 2 (or "patient") is a 53-year-old female, who treated with Respondent from approximately 2015 to 2018,<sup>6</sup> for various maladies including chronic insomnia, back pain, and anxiety. Records indicate that Respondent prescribed Patient 2 Ambien, tramadol, Xanax, Risperdal, Valium, and temazepam.<sup>7</sup>

- 16. Respondent's notes did not indicate a valid reason for prescribing tramadol along with Xanax to Patient 2, nor did Respondent adequately document Patient 2's response to the medications. Respondent's chart notes for Patient 2 did not contain any information about when the controlled substances were prescribed, the quantities, directions, or refills. Although Respondent's records of her treatment of Patient 2 did record the patient's functioning, Respondent's records did not adequately document the patient's response to the medication or a treatment plan. Respondent failed to maintain records consistently for every patient encounter and did not adequately document Respondent's discussions with the patient.
- 17. Overall, Respondent's care and treatment of Patient 2, as outlined above, represents an extreme departure from the standard of care for excessively prescribing benzodiazepines, stimulants, and narcotic medications to Patient 2, who displayed signs of drug addiction.

#### SECOND CAUSE FOR DISCIPLINE

# (Repeated Negligent Acts-4 Patients)

- 18. Respondent is subject to disciplinary action under section 2234, subdivision (c), of the Code in that she committed repeated negligent acts in her care of Patients 1 and 2, above, and Patients 3, and 4. The circumstances are as follows:
- 19. The facts and circumstances in paragraphs 12 through 17, above, are incorporated by reference as if set forth in full herein.

<sup>7</sup> These medications are all controlled substances with serious side effects and a potential for addiction. They are dangerous drugs pursuant to section 4022 of the Code.

<sup>&</sup>lt;sup>6</sup> Again, these are approximate dates based on the medical records which were available to the Board. Patient 2 may have treated with Respondent before or after these dates.

<sup>&</sup>lt;sup>8</sup> It should be noted that Patient 2 was also receiving an opiate narcotic medication from another practitioner. At times during Respondent's treatment of Patient 2, the patient was also receiving the "Holy Trinity" and using multiple pharmacies to fill the prescriptions. These signs are red flags of drug addiction and drug seeking behavior.

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Respondent also committed repeated negligent acts in her care of Patients 3 and 4. 20. The circumstances are as follows:

#### Patient 3

- Patient 3 (or "patient") is a 70-year-old male, who treated with Respondent from approximately 2011 through 2018. 9 for recurrent depressive disorder and anxiety. Respondent prescribed Patient 3 multiple medications including antidepressants; methalyphenidate (Ritalin), a psychostimulant; and Klonopin, a benzodiazepine and anti-anxiety agent. 10 Patient 3 also had heart disease and hypertension, but Respondent did not adequately check his blood pressure, instead choosing to rely on the patient's self-report.
- Throughout her treatment of Patient 3, Respondent would sometimes substitute medications, but these prescriptions were not reflected in her progress notes. Respondent's chart notes for Patient 3 did not contain any information about when the controlled substances were prescribed, the quantities, directions, or refills. Although Respondent's records of her treatment of Patient 3 did record the patient's functioning, Respondent's records did not adequately document the patient's response to the medication or a treatment plan. Respondent failed to maintain records consistently for every patient encounter and did not adequately document Respondent's discussions with the patient.
- Overall, Respondent's care and treatment of Patient 3, as outlined above, represents departures from the standard of care for not adequately monitoring the patient's blood pressure while he was taking psychostimulants, and for poor record-keeping.

#### Patient 4

Patient 4 (or "patient") is an 82-year-old female, who treated with Respondent from approximately 2016 through 2019, 11 for various maladies including depression, anxiety, and insomnia. Throughout this time-period, Respondent prescribed Patient 4 multiple medications,

<sup>&</sup>lt;sup>9</sup> Again, these are approximate dates based on medical records available for review and prescription records (e.g. CURES).

These are dangerous drugs pursuant to section 4022 of the Code.

<sup>11</sup> Again, these are approximate dates based on the records available for review. Patient 4

## FIFTH CAUSE FOR DISCIPLINE

# (Furnishing Dangerous Drugs without a Prior Examination or Medical Indication-

By reason of the facts and allegations set forth in the First and Second Causes for Discipline above, Respondent is subject to disciplinary action under section 2242 of the Code, in that Respondent furnished dangerous drugs to Patients 1, 2, 3, and 4, without conducting an

# SIXTH CAUSE FOR DISCIPLINE

# (Inadequate Records- 4 patients)

By reason of the facts and allegations set forth in the First and Second Causes for Discipline above, Respondent is subject to disciplinary action under section 2266 of the Code, in that Respondent failed to maintain adequate and accurate records of her care and treatment of

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- Revoking or suspending Physician's and Surgeon's Certificate Number G 44384,
- Revoking, suspending or denying approval of Karen Eve Kleeman, M.D.'s authority to supervise physician assistants and advanced practice nurses;
- Ordering Karen Eve Kleeman, M.D., if placed on probation, to pay the Board the
  - Taking such other and further action as deemed necessary and proper.

Executive Director

Medical Board of California Department of Consumer Affairs State of California

Complainant