

A HEARING COMMITTEE OF THE COLLEGE OF PHYSICIANS AND SURGEONS OF  
PRINCE EDWARD ISLAND, ACTING UNDER THE *REGULATED HEALTH PROFESSIONS*  
*ACT*, R.S.P.E.I. 1988, C. R-10.1.

BETWEEN:

**COLLEGE OF PHYSICIANS AND SURGEONS OF PRINCE EDWARD ISLAND**

AND:

**DR. ARVIND SINGH**

**NOTICE OF DETERMINATION AND ORDERS**

(Subsection 58(4), RHPA)

TO: Complainant (names withheld by order of the Hearing Committee)

Dr. Arvind Singh

Dr. George Carruthers, Registrar

Council of the College of Physicians and Surgeons of Prince Edward Island

TAKE NOTICE THAT, in accordance with the Notice of Hearing, dated January 19<sup>th</sup>, 2023, a hearing pursuant to subsection 55(1) of the *Regulated Health Professions Act* ("RHPA") into allegations arising out of a complaint by Council on June 8, 2021 against Dr. Arvind Singh was scheduled to commence on Monday, January 23<sup>rd</sup>, 2023. As a result of poor weather conditions, the hearing was postponed and was held on Wednesday, January 25<sup>th</sup>, 2023.

The Notice of Hearing included one allegation that Dr. Singh, while practicing psychiatric medicine in Prince County, Prince Edward Island, did engage in professional misconduct on or about May 28<sup>th</sup>, 2021, with respect to an individual for whom he was providing care and treatment, which individual was referred to in the Notice of Hearing as Patient A.

The Hearing Committee was appointed by Council of the College of Physicians and Surgeons of Prince Edward Island (the "College") pursuant to subsection 54(1.1) of the RHPA, and was comprised of Dr. Margaret Bethune (Chair), Dr. Mona Reck, and Jeremy Coffin. Lawyers for the

College were Douglas Drysdale, K.C. and Melissa Trowsdale. Lawyers for Dr. Arvind Singh were Thomas Laughlin, K.C., Janet Clark and Sean Seviour. Dr. Arvind Singh was also in attendance for the duration of the hearing.

Upon the request of Counsel for the College, and with the consent of Counsel for Dr. Singh, the Hearing Committee ordered, in accordance with subsection 56(4) of the RHPA, that no person shall publish the identities of [Patient A and two individuals who had complained about Dr. Singh], or any information that could disclose the identities of said individuals.

In advance of the hearing, the Hearing Committee was provided with an Agreed Statement of Facts, dated January 17<sup>th</sup>, 2023, which was signed by Counsel for the College, Counsel for Dr. Singh and by Dr. Singh (attached as "Agreed Statement of Facts"). Counsel for the College and Counsel for Dr. Singh made submissions at the hearing requesting the Hearing Committee to accept the Agreed Statement of Facts. In considering the contents of the Agreed Statement of Facts and the submissions of Counsel for the College and Counsel for Dr. Singh, the Hearing Committee agreed to accept the Agreed Statement of Facts, and found Dr. Singh guilty of professional misconduct as described in paragraph 6 of the Agreed Statement of Facts. The Hearing Committee found that Dr. Singh's conduct as described in the Agreed Statement of Facts constituted professional misconduct contrary to Regulation XI(1(h) of the *Medical Act*, R.S.P.E.I. 1988, Cap. M-5, which was in effect at the time, in the following way:

by engaging in conduct or an act relevant to the practice of medicine that, having regard to the circumstances, would reasonably be regarded by medical practitioners as unprofessional.

Following acceptance of the Agreed Statement of Facts, the Hearing Committee was presented with a Joint Recommendation on Disposition, which was signed by Counsel for the College and Counsel for Dr. Singh. Counsel for the College and Counsel for Dr. Singh also made submissions with respect to the request that the proposed orders contained in the Joint Recommendation on Disposition be issued by the Committee. Upon considering the proposed orders and the submissions of Counsel for the College and Counsel for Dr. Singh, the Hearing Committee unanimously accepted the Joint Recommendation on Disposition and ordered as follows:

- (1) Contribution by Dr. Singh to the costs of the College in the amount of \$9,000.00, payable within 6 months from the date of this order;

- (2) Dr. Singh's medical and psychiatric practice will be peer-reviewed by a reviewer appointed and organized by the Registrar of the College;
  - (i) The reviewer will perform a practice and chart review of Dr. Singh's pediatric practice over the two years preceding October 11, 2022, at Dr. Singh's expense, which peer review will take place within 6 months from the date of this order;
  - (ii) The peer reviewer will review up to 30 of Dr. Singh's charts for patients under the age of 18 who presented with mental health issues;
  - (iii) The peer reviewer will report the results of the review to the Registrar of the College, who shall communicate if any concerns are identified in the report to the Chair of the Hearing Committee;
  - (iv) The Chair may then discuss any issues with the Hearing Committee and decide whether any restrictions are required on Dr. Singh's registration with respect to providing future psychiatric care to patients under the age of 18 safely;
- (3) Dr. Singh shall continue his practice of meeting with patients under the age of 18 years with a parent or guardian present, and shall not meet with such patients otherwise, until the peer review has been completed and a decision made whether any restrictions are to be imposed; and
- (4) At the completion of the peer-review, no further action will be required unless the peer reviewer identifies concerns, as noted above.

**Please take note** that, pursuant to subsection 59(2) of the RHPA, the respondent, Dr. Singh, may appeal the determination or any of the orders to the Supreme Court of Prince Edward Island within 30 days of receiving this notice.

DATED at Charlottetown, Prince Edward Island, this 3<sup>rd</sup> day of February, 2023.

  
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DR. MARGARET BETHUNE  
Chair of Hearing Committee

IN THE MATTER OF: THE REGULATED HEALTH PROFESSIONS ACT, RSPEI 1988, C. R-10.1

AND IN THE MATTER OF: DR. ARVIND SINGH, A MEMBER OF THE COLLEGE OF PHYSICIANS AND SURGEONS OF PRINCE EDWARD ISLAND

AND IN THE MATTER OF: A HEARING BEFORE A HEARING COMMITTEE BEGINNING ON JANUARY 23, 2023

**AGREED STATEMENT OF FACTS**


THE FOLLOWING IS RESPECTFULLY SUBMITTED THIS 17<sup>th</sup> DAY OF JANUARY, 2023

***In the matter of a referral by Council for investigation and a complaint by Patient A's step-mother and father against Dr. Arvind Singh, pursuant to the Regulated Health Professions Act, RSPEI 1988, c. R-10.1.***

1. Dr. Singh is a psychiatrist with specialist certification from the Royal College of Physicians and Surgeons of Canada who has been licensed to practice medicine in Prince Edward Island since September 1, 2005 and registered on the Temporary and Limited/Provisional Register of the College since September 1, 2005.
2. Dr. Singh provided psychiatric care for Patient A from 2017 until May 28, 2021.
3. On May 28, 2021, Patient A, a pre-teenage boy, attended an office visit with Dr. Singh accompanied by his step-mother. Patient A's father spoke with Dr. Singh during the appointment by telephone. During the May 28, 2021 appointment, Patient A's step-mother asked about placement options and reported ongoing behaviour concerns to Dr. Singh; Patient A's step-mother and father reported inability to manage Patient A's behaviours and expressed concern for safety of the other children in their home. At the time, Patient A resided with his brother, father, step-mother and her four children, with all children in the home between the ages of 5 and 14 years old.
4. During the office visit with Dr. Singh on May 28, 2021, Patient A became extremely upset, crying, aggressive and unable to be calmed down partially in response to comments made to Patient A by Dr. Singh about being sent to a group home. Dr. Singh accepts responsibility for failing to maintain a calm and controlled environment and failing to use appropriate techniques to de-escalate the situation with Patient A and acknowledges physical contact between Dr. Singh and Patient A.
5. Following his appointment with Dr. Singh, Dr. Singh made arrangements for Patient A to be admitted to the Hillsborough Hospital for mental health issues, where a full history was taken from Patient A's parents. Patient A's family described, among other things, problematic behaviour involving Patient A, including during his appointment with Dr. Singh, which Patient A's step-mother described as alarming to Dr. Singh. During his admission, nurses observed a bruise on the inside of Patient A's upper right arm in the shape of 4 small semicircles. The exact cause of the bruising is not clear.
6. Dr. Singh accepts responsibility for his conduct on May 28, 2021 as contrary to Regulation XI of the *Medical Act*, which was in effect at the time:

*XI(1)(h) - engaging in conduct or an act relevant to the practice of medicine that, having regards to all the circumstances, would reasonably be regarded by medical practitioners as unprofessional.*
7. Dr. Singh has not provided care or treatment for Patient A since May 28, 2021.

8. The College acknowledges that there was no evidence of intentional harm to Patient A by Dr. Singh.



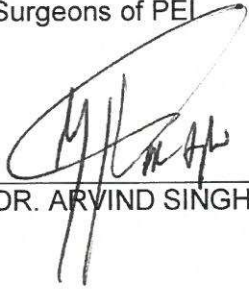
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Counsel for the College of Physicians and  
Surgeons of PEI



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THOMAS P. LAUGHLIN, K.C.  
Counsel for Dr. Arvind Singh



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DR. ARVIND SINGH