TRUE AND EXACT
COPY OF ORIGINAL

### BEFORE THE MINNESOTA

### BOARD OF MEDICAL PRACTICE

In the Matter of the Medical License of Nancy A. Kermath, M.D. Year of Birth: 1950 License Number: 27,457 ORDER OF UNCONDITIONAL LICENSE

The Minnesota Board of Medical Practice ("Board"), having convened on May 11, 2013, to review the petition of Nancy A. Kermath, M.D. ("Respondent"), for reinstatement of an unconditional license to practice medicine and surgery makes the following:

#### FINDINGS OF FACT

- 1. By Stipulation and Order for Indefinite Suspension dated March 9, 2002 ("2002 Order"), the Board indefinitely suspended Respondent's license to practice medicine based upon her long history of bipolar disorder and chemical dependency with relapses.
- 2. By Stipulation and Order dated March 8, 2003 ("2003 Order"), the Board reinstated Respondent's license under conditions and restrictions which required, in part, that she abstain from alcohol and all mood-altering chemicals, obtain a primary treating physician to monitor and manage her bipolar disorder and chemical dependency, continue in psychotherapy, and submit to at least 12 unannounced biological fluid screens per quarter.
- 3. By Amended Stipulation and Order for Indefinite Suspension dated November 13, 2004 ("2004 Order"), the Board indefinitely suspended Respondent's license to practice medicine based upon Respondent's admission that she had altered a letter before submitting it to the Board, in order to present herself in a more favorable light, and her relapse to alcohol usage.

- 4. By Stipulation and Order dated January 13, 2007 ("2007 Order"), the Board reinstated Respondent's license under conditions and restrictions which required, in part, that she abstain from alcohol and all mood-altering chemicals, refrain from prescribing or administering prescription drugs or drug samples for her own use or her family members' use, attend self-help program meetings at least three times per week, attend depression and bipolar support group meetings at least twice per month, attend meetings of a professional support group on a monthly basis, engage in individual therapy, comply with medication management, practice in a group setting, limit her practice to no more than 25 hours per week, obtain a work quality assessor, meet with a designated Board member on a quarterly basis, pay a civil penalty of \$2,500.00, and submit to at least 18 unannounced biological fluid screens per quarter.
- 5. By Committee Order dated July 14, 2007, Respondent's work hours were increased from 25 hours to 32 hours per week.
- 6. By Second Committee Order dated February 26, 2008, Respondent's work hours were increased from 32 hours to 40 hours per week.
- 7. By Third Committee Order dated December 22, 2008, Respondent's work hours were reduced from 40 hours to 32 hours per week.
- 8. On February 11, 2013, the Board received Respondent's written petition for consideration of an unconditional license.
- 9. The Board has received periodic reports from Respondent's treating physician, treating psychiatrist, treating psychologist, work site monitor, self-help program sponsors, and designated Board member; and the results of her periodic biological fluid tests. The reports and test results support the conclusion that Respondent has successfully maintained sobriety and psychiatric stability for at least six years.

- 10. On March 12, 2013, the Complaint Review Committee ("Committee") met to discuss Respondent's petition for an unconditional license. The Committee concluded that Respondent had complied with the terms and conditions imposed on her license and recommended that the Board issue an unconditional license to practice medicine and surgery in the State of Minnesota.
- 11. Based on the foregoing, the Board concludes that Respondent has complied with and fulfilled the Order issued by the Board on January 13, 2007, the Committee Order dated July 14, 2007, the Second Committee Order dated February 26, 2008, and the Third Committee Order dated December 22, 2008, and hereby issues the following:

## ORDER

IT IS HEREBY ORDERED that an unconditional license to practice medicine and surgery in the State of Minnesota be conferred upon Respondent, such license to carry all duties, benefits, responsibilities, and privileges inherent therein through Minnesota statute and rule.

Dated:

W 11, 2013

STATE OF MINNESOTA BOARD ØF MEDICAL PRACTICE

## AFFIDAVIT OF SERVICE BY U.S. MAIL

Re: In the Matter of the Medical License of Nancy A. Kermath, M.D.

License No: 27,457

STATE OF MINNESOTA ) ss. COUNTY OF RAMSEY )

KATHLEEN DAVIS, being first duly sworn, deposes and says:

That at the City of St. Paul, County of Ramsey and State of Minnesota, on May 13, 2013, s/he caused to be served the ORDER OF UNCONDITIONAL LICENSE, by depositing the same in the United States mail at said city and state, true and correct copy(ies) thereof, properly enveloped with prepaid first class postage, and addressed to:

# PERSONAL AND CONFIDENTIAL

Nancy Kermath, M.D. 6408 West Shore Drive Edina, MN 55435

Subscribed and sworn to before me on May 13, 2013.

NOTARY PUBLIC

DEBORAH A. BASTYR S

NOTARY PUBLIC - MINNESOTA S

MY COMMISSION S

EXPIRES JAN. 31, 2015