

BEFORE THE
NORTH CAROLINA MEDICAL BOARD

In re:)	
)	
Adam Carlton McDonough, M.D.)	CONSENT ORDER
)	
Respondent.)	

This matter is before the North Carolina Medical Board ("Board") on the application of Adam Carlton McDonough, M.D. ("Dr. McDonough") for a license to practice medicine. Dr. McDonough admits and the Board finds and concludes that:

STATUTORY AUTHORITY

The Board is a body duly organized under the laws of North Carolina and is the proper party to bring this proceeding under the authority granted it in Article 1 of Chapter 90 of the North Carolina General Statutes and the rules and regulations promulgated thereto.

FINDINGS OF FACT

The Board previously issued Dr. McDonough a resident training license, pursuant to which he successfully completed a psychiatry residency.

Dr. McDonough has a history of substance use disorder. He relapsed in 2013 and resumed drinking alcohol. Since then, Dr. McDonough has successfully completed substance use disorder

treatment. Dr. McDonough reports a sobriety date of May 31, 2014.

Dr. McDonough is a participant in the North Carolina Physicians Health Program ("NCPHP"). NCPHP reports he has been compliant with his monitoring contract, and NCPHP advocates for his safety to return to the practice of medicine.

On November 19, 2015, Dr. McDonough met with members of the Board for a licensing interview. The Board has agreed, based on the above, to grant Dr. McDonough a license without limitations or restrictions but on the conditions set forth below.

CONCLUSION OF LAW

When abusing alcohol, Dr. McDonough is unable to practice medicine with reasonable skill and safety to patients by reason of excessive use of alcohol within the meaning of N.C. Gen. Stat. § 90-14(a)(5) and grounds exist under that section of the North Carolina General Statutes for the Board to deny his application for a license.

PROCEDURAL STIPULATIONS

Dr. McDonough acknowledges and agrees that the Board has jurisdiction over him and over the subject matter of this case.

Dr. McDonough knowingly waives his right to any hearing and to any judicial review or appeal in this case.

Dr. McDonough acknowledges that he has read and understands this Consent Order and enters into it voluntarily.

The Board has determined it to be in the public interest to resolve this matter as set forth below.

Dr. McDonough would like to resolve this matter without the need for more formal proceedings.

ORDER

NOW, THEREFORE, with Dr. McDonough's consent, it is ORDERED that:

1. Dr. McDonough shall be issued a license to practice medicine and perform surgery. This license is not limited or restricted.

2. Unless lawfully prescribed for him by someone other than himself, Dr. McDonough shall refrain from the use or possession of alcohol and all other mind- or mood-altering substances and all controlled substances including but not limited to, sedatives, stimulants, and pain medication.

3. Dr. McDonough shall notify the Board in writing within ten (10) days of his use of such medication or alcohol. This notice shall include, but shall not be limited to, identification of the prescribing physician and of the pharmacy filling the prescription.

4. Upon request by the Board, Dr. McDonough shall supply urine, blood, hair, or any other bodily fluid or tissue sample the Board might reasonably require for the purposes of analysis to determine if he has consumed any of the substances mentioned above.

5. Dr. McDonough shall maintain a contract with NCPHP and abide by its terms, including the payment of any fees required thereby.

6. Dr. McDonough shall meet with the Board or members of the Board for an informal interview at the Board's regularly scheduled meeting in July 2016 and at such other times as requested by the Board.

7. Dr. McDonough shall obey all laws. Likewise, Dr. McDonough shall obey all rules and regulations involving the practice of medicine.

8. Dr. McDonough shall notify the Board in writing of any change in his residence and practice addresses within ten (10) days of the change.

9. Upon an ex parte determination by the Board of probable cause to believe that Dr. McDonough failed to comply with any of the terms and conditions of this Consent Order, that determination shall constitute grounds for the summary suspension of his license pursuant to N.C. Gen. Stat. § 150B-

3(c). If the Board summarily suspends Dr. McDonough's license under this paragraph of this Consent Order, Dr. McDonough shall be entitled to a hearing within one hundred and twenty (120) days pursuant to the applicable provisions of the Medical Practice and Administrative Procedure Acts.

10. Furthermore, if Dr. McDonough fails to comply with any of the terms and conditions of this Consent Order that failure shall constitute unprofessional conduct within the meaning of N.C. Gen. Stat. § 90-14(a)(6) and shall be grounds for the Board to suspend or revoke his license or to deny any application he might make in the future or then have pending for a license.

11. This Consent Order shall take effect immediately upon its execution by both Dr. McDonough and the Board and it shall continue in effect until specifically ordered otherwise by the Board.

12. Dr. McDonough hereby waives any requirement under any law or rule that this Consent Order be served on him.

13. Upon execution by Dr. McDonough and the Board, this Consent Order shall become a public record within the meaning of Chapter 132 of the North Carolina General Statutes and shall be subject to public inspection and dissemination pursuant to the provisions thereof. Additionally, it will be reported to

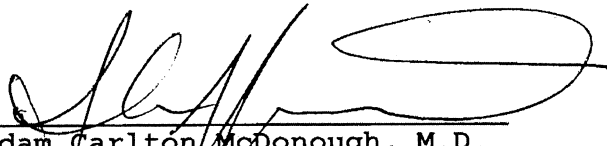
persons, entities, agencies and clearinghouses as required and permitted by law.

By Order of the North Carolina Medical Board this the
11th day of December, 2015.

NORTH CAROLINA MEDICAL BOARD

By: Pascal O. Udekwu, M.D.
Pascal O. Udekwu, M.D.
President

Consented to this the 2nd day of December, 2015.


Adam Carlton McDonough, M.D.

State of North Carolina

County of Forsyth

I, Randall Steinberg, a Notary Public for the above named County and State, do hereby certify that Adam Carlton McDonough, M.D., personally appeared before me this day and acknowledged the due execution of the foregoing instrument.

Witness my hand and official seal

this the 02 day of December, 2015.


Notary Public



My Commission Expires: May 4, 2019