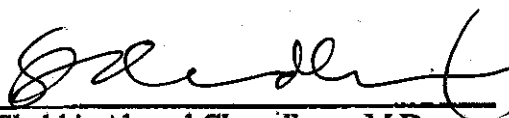


Consent and Waiver

I, Shabbir Ahmed Chowdhury, M.D., would like to resolve this matter without the need for more formal proceedings and consent to the Board's issuance of this public letter of concern in resolution of the matter referenced above. I further agree to attend the continuing medical education course requested by the Board in lieu of further action by the Board.

Consented to this the 8th day of Nov., 2010.


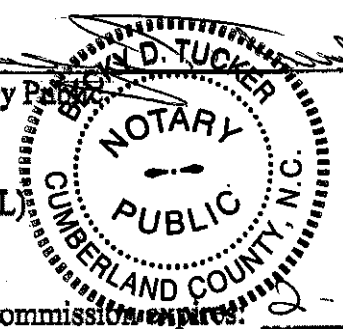

Shabbir Ahmed Chowdhury, M.D.

State of North Carolina

County of Cumberland

I, Becky J. Tucker, a Notary Public for the above named County and State, do hereby certify that Shabbir Ahmed Chowdhury, M.D. personally appeared before me this day and acknowledged the due execution of the foregoing instrument.

Witness my hand and official seal
this the 8th day of NOV., 2010.


Notary Public
(SEAL) 
My Commission expires: 2-4-2014



**NORTH CAROLINA
MEDICAL BOARD**

Janice E. Huff, MD
President

Ralph C. Loomis, MD
President-Elect

William A. Walker, MD
Secretary/Treasurer

November 16, 2010

By Certified Mail – Return Receipt Requested

Shabbir Ahmed Chowdhury, M.D.
Carolina Psychiatry, P.C.
518 Beaumont Road, Suite 102
Fayetteville, NC 28304

Dear Dr. Chowdhury:

The North Carolina Medical Board (“Board”) has reviewed information regarding the professional liability payment made on your behalf on November 25, 2009. It is this Board’s decision not to commence formal proceedings against your license to practice medicine at this time. However, the Board did vote to issue you this public letter of concern.

From January 3, 2005 until January 25, 2006, you treated Patient A for several psychiatric conditions, including Post Traumatic Stress Disorder (“PTSD”), anxiety, depression, not sleeping, and suicidal ideation. You later diagnosed Patient A as being bipolar. You prescribed various medications for Patient A, but the strength and frequency of dosage were not properly documented in your records. You were out of the country and unavailable to Patient A for an extended period of time without referring Patient A to another physician. The patient was seen by a therapist from your group in your absence. While the patient had been advised that your group had psychiatrists available 24 hours a day in the Emergency Room, your offer to refer Patient A to another member of your group while you were away was not adequately documented in your chart. At the time of your departure, you should have suspected Patient A may have been unstable and at risk for suicide. Ultimately, Patient A did commit suicide during your absence.

As part of this public letter of concern, the Board orders you to make contact with the Board’s Office of Medical Director within thirty (30) days of this letter to arrange a plan where you complete ten (10) hours of Continuing Medical Education (“CME”) in the following topics: medical record-keeping and prescribing for depression, bipolar disorder and PTSD. The CME courses must be approved by the Board’s Office of Medical Director and completed within twelve (12) months of this letter. Failure to complete the required CME will result in the Board initiating public disciplinary proceedings pursuant to N.C. Gen. Stat. §90-14(a)(6) based on your care of Patient A.

Also, the Board cautions you that any repetition of practices that form the basis of this letter may lead to the commencement of formal disciplinary proceedings against your license to practice medicine, wherein this public letter of concern may be entered into evidence as aggravation.

R. David Henderson
Executive Director

1203 Front Street
Raleigh, North Carolina 27609-7533

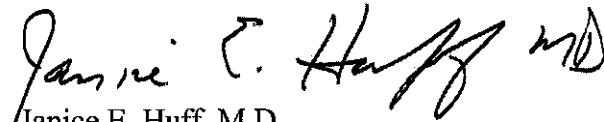
Mailing:
P.O. Box 20007
Raleigh, North Carolina 27619-0007

Telephone: (919) 326-1100
Fax: (919) 326-1131
Email: info@ncmedboard.org
Web: www.ncmedboard.org

Shabbir Ahmed Chowdhury, M.D.
November 16., 2010
Page Two

This public letter of concern shall become a public record within the meaning of Chapter 132 of the North Carolina General Statutes and shall be subject to public inspection and dissemination pursuant to the provisions thereof. Additionally, it will be reported to the Federation of State Medical Boards. It will not be reported to the National Practitioner Data Bank or the Healthcare Integrity and Practitioner Data Bank.

Sincerely,


Janice E. Huff, M.D.
Board President

JEH/MJ/bjs