



August 11, 2020

Via Attorney of Record

Rohima Davi Miah, M.D.
Alpha Psychiatric Associates
6334 Fayetteville Road, Suite 105
Durham, NC 27713

Dear Dr. Miah:

The North Carolina Medical Board (“Board”) has concluded its investigation regarding your care of Patient A. It is the Board’s decision not to commence formal proceedings against your license. However, the Board voted to issue you this public letter of concern. The Board does not consider a public letter of concern to be a disciplinary action or a limitation or restriction on your license.

In January 2015, a twenty-one-year-old woman (“Patient A”) of Caucasian/Asian descent presented to you with depression, feelings of hopelessness with suicidal ideation, irritability, insomnia, racing thoughts, and emotional lability. Patient A had a history of episodes of depression and a family history of depression and bipolar disorder. At the time of her initial appointment, Patient A was being treated with the antidepressant Zoloft[®] (sertraline). You concluded that Patient A was having a mixed bipolar episode and instructed Patient A to taper and discontinue Zoloft[®] and begin taking Latuda[®] (lurasidone hydrochloride). Over the course of the next year, Patient A continued to struggle with symptoms of depression, and you prescribed several different medicines approved for the treatment of bipolar depression. At Patient A’s January 22, 2016 appointment, she expressed concerns about subjective depression, irritability, and concerns that her current pharmacotherapy, Seroquel[®] (quetiapine) was causing daytime sedation. You instructed Patient A to taper and discontinue Seroquel[®] and prescribed Tegretol[®] (carbamazepine). You reviewed the common risks and side effects of Tegretol[®] with Patient A. However, contrary to a “black box” warning, you did not perform the recommended genetic testing prior to prescribing Tegretol[®]. On March 7, 2016, Patient A presented to the UNC Chapel Hill Burn Clinic with severe exfoliative rash and was diagnosed with a rare and serious disorder of the skin and mucous membranes (Stevens-Johnson syndrome) as a result of an adverse reaction to Tegretol[®].

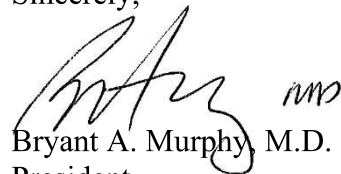
The Board had your treatment of Patient A reviewed by an independent medical expert. The reviewing expert opined that your treatment of Patient A may have fallen below the standard of care in North Carolina. Specifically, the Board expert concluded that you failed to adequately know the risks for an adverse reaction related to Tegretol[®] for Patient A. The reviewing expert also criticized your failure to provide Patient A with the information needed for her to make an informed decision about treatment with Tegretol[®], which placed Patient A at high risk for an adverse reaction. However, the expert reviewer noted the “serious adverse drug reaction is best seen as a single error in an overall careful and well considered effort to care for [Patient A].”

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The Board is concerned that your care of Patient A may have failed to conform to the standards of acceptable and prevailing medical practice in North Carolina. The Board urges you to take steps to ensure the conduct giving rise to the Board's concerns does not happen again. Otherwise, the Board may vote to commence formal disciplinary proceedings against your license. If that happens, this letter may be entered into evidence in determining the appropriate discipline.

This letter is a public record within the meaning of Chapter 132 of the North Carolina General Statutes and is subject to public inspection and dissemination as required by that law. It will be reported to the Federation of State Medical Boards.

Sincerely,

A handwritten signature in black ink, appearing to read 'BAM' with a flourish, followed by the initials 'M.D.' to the right.

Bryant A. Murphy, M.D.
President

BAM/BB/jhg

Consent and Waiver

I, Rohima Davi Miah, M.D., would like to resolve this matter without the need for more formal proceedings and consent to the Board's issuance of this public letter of concern in resolution of the above matter. I hereby waive any requirement under any law or rule that this public letter of concern be served on me.

I agree that within six (6) months from the date of this letter, I shall complete ten (10) hours of a Category I continuing medical education ("CME") concerning the subject of record keeping and documentation ("CME Course"). I will ensure that this CME is approved in advance by the Board's Office of the Medical Director by contacting the Board's Compliance Coordinator at compliance@ncmedboard.org to facilitate course approval. I further agree to contact the Board's Compliance Coordinator once this CME is completed.

If I fail to complete the above requirement, I understand that the Board may take disciplinary or other action against my North Carolina license.

Consented to this the 10 day of August, 2020.



Rohima Davi Miah, M.D.

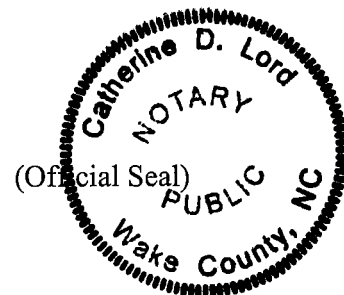
State of North Carolina

County of Wake

I, Catherine D. Lord, do hereby certify that Rohima Davi Miah, M.D. personally appeared before me this day and acknowledged the due execution of the foregoing instrument.

Witness my hand and official seal this the 10th day of August, 2020.


Notary Public



My Commission Expires: 4/27/24

North Carolina Medical Board