



North Carolina Medical Board

John W. Rusher, MD, JD: President | Michaux R. Kilpatrick, MD, PhD: President-Elect | Christine M. Khandelwal, DO: Secretary/Treasurer

September 13, 2022

Via Attorney of Record

Jay Lalit Patel, M.D.
3024 New Bern Avenue
Raleigh, NC 27610

Dear Dr. Patel:

The North Carolina Medical Board ("Board") has concluded its investigation related to an incident on being under the influence of alcohol while being on-call on November 17, 2021. It is the Board's decision not to commence formal proceedings against your license at this time. However, the Board voted to issue you this public letter of concern. The Board does not consider a public letter of concern to be a disciplinary action or a limitation or restriction on your license.

The Board is concerned that on November 17, 2021, you were suspected of having been under the influence of alcohol while on-call at a hospital. A blood alcohol test was promptly performed and you were instructed not to return to work until the test results were received. Three days later, the drug screen results were reported to be positive for alcohol. On December 1, 2021, you resigned your staff privileges at the hospital. It is noted that no patient harm occurred. On November 22, 2021, you self-reported to the North Carolina Professionals Program ("NCPHP") for an evaluation. At the recommendation of NCPHP you entered directly into residential treatment and successfully completed the program, at which time you signed a monitoring agreement with NCPHP.

The Board urges you to take steps to ensure the conduct giving rise to the Board's concerns does not happen again. Otherwise, the Board may take additional action against your license to practice medicine. If that happens, this letter may be reviewed in determining the appropriate action.

This letter is a public record within the meaning of Chapter 132 of the North Carolina General Statutes and is subject to public inspection and dissemination as required by that law. It will be reported to the Federation of State Medical Boards.

Sincerely,

John W. Rusher, M.D., J.D.
President

JWR/BB/wl

Consent and Waiver

I, Jay Lalit Patel, M.D., would like to resolve this matter without the need for more formal proceedings and consent to the Board's issuance of this public letter of concern in resolution of the above matter. I hereby waive any requirement under any law or rule that this public letter of concern be served on me.

Consented to this the 7th day of September, 2022.

Jay Patel
Jay Lalit Patel, M.D.

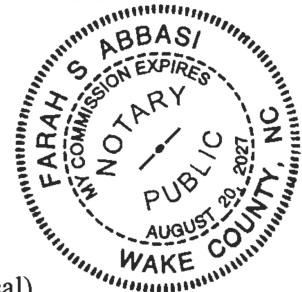
State of North Carolina

County of Wake

I, Farah S. Abbasi, do hereby certify that Jay Lalit Patel, M.D. personally appeared before me this day and acknowledged the due execution of the foregoing instrument.

Witness my hand and official seal this the 7th day of September, 2022.

Farah S. Abbasi
Notary Public



(Official Seal)

My Commission Expires: 09-07-2022

North Carolina Medical Board