North Carolina Medical Board

Anuradha Rao-Patel, MD: President | Robert L. Rich Jr., MD: President-Elect | Mark A. Newell, MD, MMM: Secretary/Treasurer

May 26, 2026

Via Attorney of Record

Anand Maheshkumar Joshi, M.D.
[redacted]

Dear Dr. Joshi:

The North Carolina Medical Board ("Board") has concluded its investigation regarding allegations of inappropriate supervision of advanced practice providers and aiding and abetting in the corporate practice of medicine. It is the Board's decision not to commence formal proceedings against your license at this time. However, the Board voted to issue you this public letter of concern. The Board does not consider a public letter of concern to be a disciplinary action or a limitation or restriction on your license.

On December 3, 2024, a complaint was filed by a nurse practitioner ("Provider A") with the Drug Enforcement Administration regarding allegations of medication substitution occurring at her place of employment. Provider A treated and prescribed Sublocade to a patient ("Patient A") that was to be administered at the clinic. On August 26, 2024, Patient A arrived at the clinic and office staff were unable to locate the prescribed injection. One of the medical assistants at the clinic asked the owner ("Person A") how to handle the situation. Person A, who is not a licensed physician, authorized the medical assistant to inject Patient A with a Sublocade injection that was prescribed for another patient ("Patient B"). Provider A was informed about the incident afterwards and was asked to ensure another Sublocade injection was prescribed under Patient A's name and to be administered to Patient B. Provider A refused to do so, relayed her concerns to Person A, and immediately informed you of the incident and her objection to it. The DEA referred the complaint to the Board.

The investigation revealed that you were the supervising physician of the Advanced Practice Providers ("APPs") at this practice. While you maintained collaborative practice agreements with the APPs, you did not hold formal Quality Improvement meetings or have documentation of the meetings. It was determined that you would speak with your APPs and consult on cases only on an as needed basis. The Board requests you familiarize yourself with the regulatory requirements of supervising physician assistants found in 21 NCAC 32S .0213 and nurse practitioners found in 21 NCAC 32M .0110. Additional information may be found in Board Position Statement *9.1.1: Physician Supervision of Other Licensed Health Care Professionals*.

The investigation also raised issues concerning the Corporate Practice of Medicine at the practice where Provider A worked. Although you had no ties to that practice other than serving as the supervising physician for the APP's who worked there, the Board strongly recommends that you review its position statements entitled, *Corporate Practice of Medicine* and *Referral Fees and Fee-Splitting*.

The Board urges you to take steps to ensure the conduct giving rise to the Board's concerns does not happen again. Otherwise, the Board may take additional action against your license to practice medicine. If that happens, this letter may be reviewed in determining the appropriate action.

This letter is a public record within the meaning of Chapter 132 of the North Carolina General Statutes and is subject to public inspection and dissemination as required by that law. It will be reported to the Federation of State Medical Boards.

Sincerely,

Anuradha Rao-Patel MD

Anuradha Rao-Patel, M.D.
President

ARP/RAP/adw

Consent and Waiver

I, Anand Maheshkumar Joshi, M.D., would like to resolve this matter without the need for more formal proceedings and consent to the Board's issuance of this public letter of concern in resolution of the above matter. I agree not to contest the matters set forth herein in this case and any potential future proceeding involving the Board. I hereby waive any requirement under any law or rule that this public letter of concern be served on me.

Consented to this the 19th day of May, 2026.

Anand Maheshkumar Joshi, M.D.

State of North Carolina

County of New Hanover

I, Natasha Stugg, do hereby certify that Anand Maheshkumar Joshi, M.D., personally appeared before me this day and acknowledged the due execution of the foregoing instrument.

Witness my hand and official seal this the 19th day of May, 2026.

Notary Public

NATASHA STUGG NOTARY PUBLIC BRUNSWICK COUNTY, NC

(Official Seal)

My Commission Expires: Aug 20 2029