

OFFICE OF THE GENERAL COUNSEL
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, Nevada 89521
(775) 688-2559

**BEFORE THE BOARD OF MEDICAL EXAMINERS
OF THE STATE OF NEVADA**

* * * * *

In the Matter of Charges and Complaint

Against:

KRISTIN ADELE HESTDALEN, M.D.,

Respondent.

Case No. 21-25351-1

FILED

MAR - 8 2021

**NEVADA STATE BOARD OF
MEDICAL EXAMINERS**

By: 

SETTLEMENT AGREEMENT

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board), by and through Aaron Bart Fricke, Esq., Senior Deputy General Counsel for the Board and attorney for the IC, and Kristin Adele Hestdalen, M.D. (Respondent), a licensed physician in Nevada, assisted by her attorney, Lyn E. Beggs, Esq., of the law firm of Law Offices of Lyn E. Beggs, PLLC, hereby enter into this Settlement Agreement (Agreement) based on the following:¹

A. BACKGROUND

1. Respondent is a medical doctor currently licensed in active status by the Board pursuant to Chapter 630 of the Nevada Revised Statutes (NRS) and Chapter 630 of the Nevada Administrative Code (NAC) (collectively, the Medical Practice Act). Her license was originally issued on July 1, 2002 (License No. 10215).

2. On February 12, 2021, in Case No. 21-25351-1, the IC filed a formal Complaint (Complaint) charging Respondent with violating the Medical Practice Act. Specifically, the Complaint alleges one (1) violation of NRS 630.306(1)(b)(3), Violation of Statutes and Regulations of the Nevada State Board of Pharmacy.

3. By reason of the foregoing, Respondent is subject to discipline by the Board as provided in NRS 630.352.

¹ All agreements and admissions made by Respondent are solely for final disposition of these matters and any subsequent related administrative proceedings or civil litigation involving the Board and Respondent. Therefore, Respondent's agreements and admissions are not intended or made for any other use, such as in the context of another state or federal government regulatory agency proceeding, state or federal civil or criminal proceeding, any state or federal court proceeding, or any credentialing or privileges matter.

1 4. Respondent was properly served with a copy of the Complaint, has reviewed and
2 understands the Complaint, and has had the opportunity to consult with competent counsel
3 concerning the nature and significance of the Complaint.

4 5. Respondent is hereby advised of her rights regarding these administrative matters, and
5 of her opportunity to defend against the allegations in the Complaint. Specifically, Respondent has
6 certain rights in these administrative matters as set out by the United States Constitution, the Nevada
7 Constitution, the Medical Practice Act, the Nevada Open Meeting Law (OML), which is contained in
8 NRS Chapter 241, and the Nevada Administrative Procedure Act (APA), which is contained in
9 NRS Chapter 233B. These rights include the right to a formal hearing on the allegations in the
10 Complaint, the right to representation by counsel, at her own expense, in the preparation and
11 presentation of her defense, the right to confront and cross-examine the witnesses and evidence against
12 her, the right to written findings of fact, conclusions of law and order reflecting the final decision of
13 the Board, and the right to judicial review of the Board's order, if the decision is adverse to her.

14 6. Respondent understands that, under the Board's charge to protect the public by
15 regulating the practice of medicine, the Board may take disciplinary action against Respondent's
16 license, including license probation, license suspension, license revocation and imposition of
17 administrative fines, as well as any other reasonable requirement or limitation, if the Board
18 concludes that Respondent violated one or more provisions of the Medical Practice Act.

19 7. Respondent understands and agrees that this Agreement, by and between
20 Respondent and the IC, is not with the Board, and that the IC will present this Agreement to the
21 Board for consideration in open session at a duly noticed and scheduled meeting. Respondent
22 understands that the IC shall advocate for the Board's approval of this Agreement, but that the
23 Board has the right to decide in its own discretion whether or not to approve this Agreement.
24 Respondent further understands and agrees that if the Board approves this Agreement, then the
25 terms and conditions enumerated below shall be binding and enforceable upon her and the Board.

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1 **B. TERMS & CONDITIONS**

2 **NOW, THEREFORE**, in order to resolve the matters addressed herein, i.e., the matters
3 with regard to the Complaint, Respondent and the IC hereby agree to the following terms and
4 conditions:

5 1. **Jurisdiction.** Respondent is, and at all times relevant to the Complaint has been, a
6 physician licensed to practice medicine in Nevada subject to the jurisdiction of the Board as set
7 forth in the Medical Practice Act.

8 2. **Representation by Counsel/Knowing, Willing and Intelligent Agreement.**
9 Respondent acknowledges she is represented by counsel, and wishes to resolve the matters
10 addressed herein with said counsel. Respondent agrees that if representation by counsel in this
11 matter materially changes prior to entering into this Agreement and for the duration of this
12 Agreement, that counsel for the IC will be timely notified of the material change. Respondent
13 agrees that she knowingly, willingly and intelligently enters into this Agreement after deciding to
14 have a full consultation with and upon the advice of legal counsel.

15 3. **Waiver of Rights.** In connection with this Agreement, and the associated terms
16 and conditions, Respondent knowingly, willingly and intelligently waives all rights in connection
17 with these administrative matters. Respondent hereby knowingly, willingly and intelligently
18 waives all rights arising under the United States Constitution, the Nevada Constitution, the
19 Medical Practice Act, the OML, the APA, and any other legal rights that may be available to her
20 or that may apply to her in connection with the administrative proceedings resulting from the
21 Complaint filed in this matter, including defense of the Complaint, adjudication of the allegations
22 set forth in the Complaint, and imposition of any disciplinary actions or sanctions ordered by the
23 Board. Respondent agrees to settle and resolve the allegations of the Complaint as set out by this
24 Agreement, without a hearing or any further proceedings and without the right to judicial review.

25 4. **Acknowledgement of Reasonable Basis to Proceed.** As of the time of entering
26 into this Settlement Agreement, the allegations of the Complaint remain unproven. Respondent
27 acknowledges that the IC believes it has a reasonable basis to allege that Respondent engaged in
28 conduct that is grounds for discipline pursuant to the Medical Practice Act. The IC acknowledges

1 that Respondent is not admitting that the IC's claims/counts as alleged in the Complaint have
2 merit and Respondent is agreeing to resolve this matter to avoid the costs of hearing and potential
3 subsequent litigation. Respondent asserts that if these matters were to proceed to hearing, she has
4 evidence, witnesses, expert witness(es) and defenses to the count/claim alleged in the Complaint,
5 but for the purposes of resolving these matters and for no other purpose, Respondent waives the
6 presentation of evidence, witnesses, expert witnesses, and defenses in order to effectuate this
7 Agreement.

8 **5. Consent to Entry of Order.** In order to resolve the Complaint pending against
9 Respondent, Respondent hereby agrees that the Board may issue an order finding that Respondent
10 engaged in conduct that is grounds for discipline pursuant to the Medical Practice Act. Accordingly,
11 the following terms and conditions are hereby agreed upon:

12 a. Respondent admits to Count I of the Complaint, NRS 630.306(1)(b)(3),
13 Violation of Statutes and Regulations of the Nevada State Board of Pharmacy.

14 b. Respondent shall pay a fine of five hundred dollars (\$500.00) within sixty
15 (60) days of the Board's acceptance, adoption and approval of this Agreement.

16 c. Respondent will pay the costs and expenses incurred in the investigation
17 and prosecution of the above-referenced matter within sixty (60) days of the Board's acceptance,
18 adoption and approval of this Agreement, in the amount of six hundred fifty-three dollars and
19 sixty-nine cents (\$653.69).

20 d. This Agreement shall be reported to the appropriate entities and parties as
21 required by law, including, but not limited to, the National Practitioner Data Bank.

22 e. Respondent shall receive a Public Letter of Reprimand.

23 f. All other claims and allegations arising from the specific claim alleged in
24 the Complaint shall be dismissed with prejudice.

25 **6. Release From Liability.** In execution of this Agreement, Respondent understands
26 and agrees that the State of Nevada, the Board, and each of its members, staff, counsel,
27 investigators, experts, peer reviewers, committees, panels, hearing officers, consultants and agents
28 are immune from civil liability for any decision or action taken in good faith in response to

1 information acquired by the Board. NRS 630.364(2)(a). Respondent agrees to release the State of
2 Nevada, the Board, and each of its members, staff, counsel, investigators, experts, peer reviewers,
3 committees, panels, hearing officers, consultants and agents from any and all manner of actions,
4 causes of action, suits, debts, judgments, executions, claims and demands whatsoever, known and
5 unknown, in law or equity, that Respondent ever had, now has, may have or claim to have, against
6 any or all of the persons, government agencies or entities named in this paragraph arising out of,
7 or by reason of, this investigation, this Agreement or the administration of the case referenced
8 herein.

9 **7. Procedure for Adoption of Agreement** The IC and counsel for the IC shall
10 recommend approval and adoption of the terms and conditions of this Agreement by the Board in
11 resolution of the Complaint at an upcoming Board meeting at the Board's earliest convenience,
12 and Respondent hereby waives notice of the same, whether under the United States Constitution,
13 the Nevada Constitution, the Medical Practice Act, the OML, the APA, or otherwise. In the
14 course of seeking Board acceptance, approval and adoption of this Agreement, counsel for the IC
15 may communicate directly with the Board staff and the adjudicating members of the Board.

16 Respondent acknowledges that such contacts and communications may be made or
17 conducted ex parte, without notice or opportunity to be heard on her part until the public Board
18 meeting where this Agreement is discussed, and that such contacts and communications may
19 include, but may not be limited to, matters concerning this Agreement, the Complaint and any and
20 all information of every nature whatsoever related to these matters. The IC and its counsel agree
21 that Respondent and/or Counsel for the Respondent may appear at the Board meeting where this
22 Agreement is discussed and, if requested, respond to any questions that may be addressed to the
23 IC or the IC's counsel.

24 **8. Effect of Acceptance of Agreement by Board** In the event the Board accepts,
25 approves and adopts this Agreement, the Board shall issue a final order, making this Agreement
26 an order of the Board, and, pending full compliance with the terms herein, the case shall be closed
27 and any and all remaining claims arising out of the Complaint shall be dismissed with prejudice.

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1 **9. Effect of Rejection of Agreement by Board.** In the event the Board does not
2 accept, approve and adopt this Agreement, this Agreement shall be null, void and of no force and
3 effect except as to the following agreement regarding adjudications: (1) Respondent agrees that,
4 notwithstanding rejection of this Agreement by the Board, nothing contained in this Agreement
5 and nothing that occurs pursuant to efforts of the IC to seek the Board's acceptance of this
6 Agreement shall disqualify any member of the adjudicating panel of the Board from considering
7 the Complaint and from participating in disciplinary proceedings against Respondent, including
8 adjudication of this case; and (2) Respondent further agrees that she shall not seek to disqualify
9 any such member absent evidence of bad faith.

10 **10. Binding Effect.** If approved by the Board, Respondent understands that this
11 Agreement is a binding and enforceable contract upon Respondent and the Board.

12 **11. Forum Selection Clause.** The parties agree that in the event either party is
13 required to seek enforcement of this Agreement in district court, the parties consent to such
14 jurisdiction and agree that jurisdiction shall be in the Second Judicial District Court, State of
15 Nevada, Washoe County.

16 **12. Attorneys' Fees and Costs.** The parties agree that in the event an action is
17 commenced in district court to enforce any provision of this Agreement, the prevailing party shall
18 be entitled to recover reasonable attorneys' fees and costs.

19 **13. Failure to Comply With Terms.** Should Respondent fail to comply with any term
20 or condition of this Agreement once the Agreement has been accepted, approved and adopted by
21 the Board, the IC shall be authorized to immediately suspend Respondent's license to practice
22 medicine in Nevada pending an Order To Show Cause Hearing on revocation, which will be duly
23 noticed. Failure to comply with the terms of this Agreement, including failure to pay any fines,
24 costs, expenses or fees owed to the Board, is a failure to comply with an order of the Board, which
25 may result in additional disciplinary action being taken against Respondent. NRS 630.3065(2)(a).
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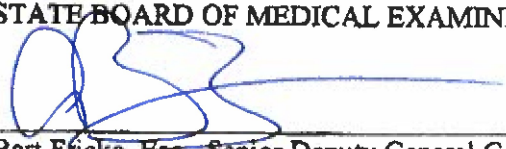
OFFICE OF THE GENERAL COUNSEL

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1 Further, Respondent's failure to remit payment to the Board for monies agreed to be paid as a
2 condition of this Agreement may subject Respondent to any civil and administrative collection
3 efforts available.

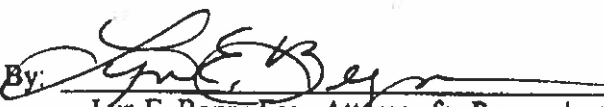
4 DATED this 27th day of February, 2021.

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6 INVESTIGATIVE COMMITTEE OF THE
7 NEVADA STATE BOARD OF MEDICAL EXAMINERS

8 By: 
9 Aaron Bart Frieke, Esq., Senior Deputy General Counsel
10 Attorney for the Investigative Committee

11 DATED this 27th day of February, 2021.

12 LAW OFFICES OF LYN E. BEGGS, PLLC

13 By: 
14 Lyn E. Beggs Esq., Attorney for Respondent

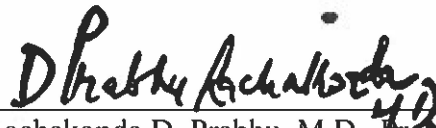
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16 DATED this 25th day of February, 2021.

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18 Kristin Adele Hestdalen, M.D., Respondent

ORDER

IT IS HEREBY ORDERED, that the foregoing Settlement Agreement (Case No. 21-25351-1) was approved and accepted by the Nevada State Board of Medical Examiners on the 5th day of March, 2021, with the final total amount of costs due of six hundred fifty-three dollars and sixty-nine cents (\$653.69)

DATED this 5th day of March, 2021.


Rachakonda D. Prabhu, M.D., President
Nevada State Board of Medical Examiners