



**New York State Board for Professional Medical Conduct**

433 River Street, Suite 303 Troy, New York 12180-2299 • (518) 402-0863

Barbara A. DeBuono, M.D., M.P.H.  
*Commissioner of Health*

Patrick F. Carone, M.D., M.P.H.  
*Chair*  
Ansel R. Marks, M.D., J.D.  
*Executive Secretary*

December 9, 1997

**CERTIFIED MAIL - RETURN RECEIPT REQUESTED**

Sedat Asar, M.D.  
6080 Jericho Turnpike  
Commack, New York 11725

RE: License No. 112047

Dear Dr. Asar:

Enclosed please find Order #BPMC 97-292 of the New York State Board for Professional Medical Conduct. This Order and any penalty provided therein goes into effect upon receipt of this letter or seven (7) days after the date of this letter, whichever is earlier.

If the penalty imposed by the Order is a surrender, revocation or suspension of this license, you are required to deliver to the Board the license and registration within five (5) days of receipt of the Order.

Board for Professional Medical Conduct  
New York State Department of Health  
Hedley Park Place, Suite 303  
433 River Street  
Troy, New York 12180

If the penalty imposed by the Order is a fine, please write the check payable to the New York State Department of Health. Noting the BPMC Order number on your remittance will assist in proper crediting. Payments should be directed to the following address:

Bureau of Accounts Management  
New York State Department of Health  
Corning Tower, Room 1315  
Empire State Plaza  
Albany, New York 12237

Sincerely,



Ansel R. Marks, M.D., J.D.  
Executive Secretary  
Board for Professional Medical Conduct

Enclosure

cc: Jeffrey Ruggiero, Esq.  
Lester, Schwab, Katz & Dwyer  
120 Broadway  
New York, New York 10071-0071

Daniel Guenzburger, Esq.

NEW YORK STATE DEPARTMENT OF HEALTH  
 STATE BOARD FOR PROFESSIONAL MEDICAL CONDUCT

**IN THE MATTER  
 OF  
 SEDAT ASAR, M.D.**

**CONSENT  
 AGREEMENT  
 AND  
 ORDER**  
 BPMC #97-292

STATE OF NEW YORK )  
 COUNTY OF NEW YORK ) ss.:

SEDAT ASAR, M.D., being duly sworn, deposes and says:

That on or about April 13, 1972, I was licensed to practice as a physician in the State of New York, having been issued License No. 112047 by the New York State Education Department.

My current address is 6080 Jericho Turnpike, Commack, New York 11725, and I will advise the Director of the Office of Professional Medical Conduct of any change of my address.

I understand that the New York State Board for Professional Medical Conduct has charged me with one specification of professional misconduct.

A copy of the Statement of Charges is annexed hereto, made a part hereof, and marked as Exhibit "A".

I agree not to contest the one specification, in full satisfaction of the charges against me. I hereby agree to the following penalty:

Five years stayed suspension, with five years probation pursuant to terms annexed hereto, made a part hereof and

marked as Exhibit "B", and a fifteen thousand dollar fine (\$15,000.00).

I further agree that the fine shall be paid by check made payable to the NYS Department of Health and mailed to the Bureau of Accounts Management, NYS Department of Health, Corning Tower Building, Empire State Plaza, Albany, New York 12237-0030. Seven thousand five hundred dollars (\$7500.00) is due within 30 days of the effective date of this Order. The remaining balance of seven thousand five hundred dollars (\$7,500.00) is due within 90 days of the effective date of this order.

I further agree that the Consent Order for which I hereby apply shall impose a condition that, except during periods of actual suspension, I maintain current registration of my license with the New York State Education Department Division of Professional Licensing Services, and pay all registration fees. This condition shall be in effect beginning thirty days after the effective date of the Consent Order and continuing until the full term of the Order has run, and until any associated period of probation and all probation terms have been completed and satisfied. I hereby stipulate that any failure by me to comply with such condition shall constitute misconduct as defined by New York State Education Law §6530(29)(McKinney Supp 1997).

I agree that in the event I am charged with professional misconduct in the future, this agreement and order shall be admitted into evidence in that proceeding.

I hereby make this Application to the State Board for Professional Medical Conduct (the Board) and request that it be granted.

I understand that, in the event that this Application is not granted by the Board, nothing contained herein shall be binding upon me or construed to be an admission of any act of misconduct alleged or charged against me, such Application shall not be used against me in any way and shall be kept in strict confidence during the pendency of the professional misconduct disciplinary proceeding; and such denial by the Board shall be made without prejudice to the continuance of any disciplinary proceeding and the final determination by the Board pursuant to the provisions of the Public Health Law.

I agree that, in the event the Board grants my Application, as set forth herein, an order of the Chairperson of the Board shall be issued in accordance with same.

I am making this Application of my own free will and accord and not under duress, compulsion or restraint of any kind or manner. In consideration of the value to me of the acceptance by the Board of this Application, allowing me to resolve this matter without the various risks and burdens of a hearing on the merits, I knowingly waive any right I may have to contest the Consent Order for which I hereby apply, whether administratively or judicially, and ask that the Application be granted.

*Sedat Asar, M.D.*  
 SEDAT ASAR, M.D.  
 RESPONDENT

Sworn to before me this  
 17 day of November 1997  
*Jack Bromberg*  
 NOTARY PUBLIC

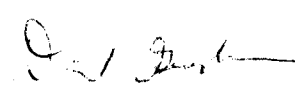
**NOTARY PUBLIC**  
 STATE OF NEW YORK  
 COUNTY OF [illegible]  
 My Commission Expires [illegible]

The undersigned agree to the attached application of the Respondent and to the proposed penalty based on the terms and conditions thereof.

DATE: 11/20/97

  
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JEFFREY RUGGIERO, ESQ.  
LESTER, SCHWAB, KATZ & DWYER  
Attorney for Respondent

DATE: 11/20/97

  
\_\_\_\_\_  
DANIEL GUENZBURGER  
Assistant Counsel  
Bureau of Professional  
Medical Conduct

DATE: 11/20/97

  
\_\_\_\_\_  
ANNE F. SAILE  
Director  
Office of Professional  
Medical Conduct

NEW YORK STATE DEPARTMENT OF HEALTH  
STATE BOARD FOR PROFESSIONAL MEDICAL CONDUCT

IN THE MATTER  
OF  
SEDAT ASAR, M.D.

CONSENT  
ORDER


Upon the proposed agreement of SEDAT ASAR, M.D. (Respondent) for Consent Order, which application is made a part hereof, it is agreed to and

ORDERED, that the application and the provisions thereof are hereby adopted and so ORDERED, and it is further

ORDERED, that this order shall take effect as of the date of the personal service of this order upon Respondent, upon receipt by Respondent of this order via certified mail, or seven days after mailing of this order by certified mail, whichever is earliest.

SO ORDERED.

DATED: 12/4/97

  
PATRICK F. CARONE, M.D., M.P.H.  
Chairperson  
State Board for Professional  
Medical Conduct

"EXHIBIT A"



**IN THE MATTER**  
**OF**  
**SEDAT ASAR, M.D.**

**STATEMENT**  
**OF**  
**CHARGES**

SEDAT ASAR, M.D., the Respondent, was authorized to practice medicine in New York State on or about April 13, 1972, by the issuance of license number 112047 by the New York State Education Department.

**FACTUAL ALLEGATIONS**

A. At all times relevant to the charges the Respondent maintained offices at 69 Veteran's Memorial Highway, Commack, New York and 212-45 26th Avenue, Bayside, New York where he treated Patients A through K. (The identities of Patients A through K are set forth in the attached Appendix).

On or about and between January 17, 1995 and March 3, 1997, the Respondent treated Patient A with appetite suppressant medication, including but not limited to phentermine hydrochloride. Patient A, a female, was 47 years old, 5'6" and weighed 158 pounds at the onset of treatment. During the period of treatment regarding Patient A, Respondent:

1. Failed to take an adequate history.
2. Inappropriately prescribed and/or dispensed appetite suppressant medication.

3. Inappropriately diagnosed hypothyroidism.
4. Inappropriately prescribed a thyroid supplement on or about March 4, 1997.
5. Failed to maintain a record which accurately reflects the evaluation and treatment of the patient.

B. In or about 1993, the Respondent treated Patient B with appetite suppressant medication, including but not limited to Phendimetrazine, on approximately 25 occasions. Patient B was 41 years old, 5'8" and weighed 148 pounds at the onset of treatment. During the period of treatment regarding Patient B, Respondent:

1. Inappropriately prescribed and/or dispensed appetite suppressant medication.
2. Failed to take an adequate history.
3. Failed to maintain a record which accurately reflected the evaluation and treatment of the patient.

C. On or about August 7, 1991, the Respondent treated Patient C with Phendimetrazine. Patient C was 38 years old, four feet and eleven inches and weighed 167 pounds. During the period of treatment regarding Patient C, Respondent:

1. Failed to take an adequate history.
2. Inappropriately prescribed and/or dispensed appetite suppressant medication.
3. Inappropriately prescribed and/or dispensed hydrochlorothiazide.
4. Failed to maintain a record which accurately reflected the evaluation and treatment of the patient.

D. On or about and between May 8, 1990 and July, 1990, the Respondent treated Patient D with appetite suppressant medication, including but not limited to Phentermine hydrochloride. Patient D, a female, was 32 years old, 5'8" and weighed 173 pounds at the onset of treatment. During the period of treatment regarding Patient D, Respondent:

1. Failed to take an adequate history.
2. Inappropriately prescribed and/or dispensed appetite suppressant medication.
3. Failed to perform an EKG at the onset of treatment in light of Patient D's blood pressure of 150/98.
4. Inappropriately prescribed and/or dispensed hydrochlorothiazide.

E. On or about and between January 20, 1992 and January 29, 1992, the Respondent treated Patient E with appetite suppressant medication, including but not limited to Phendimetrazine tartrate. Patient E, a female, was 5'8" and weighed 135.6 pounds. During the period of treatment regarding Patient E, Respondent:

1. Failed to take an adequate history.
2. Inappropriately prescribed and/or dispensed appetite suppressant medication.
3. Inappropriately prescribed and/or dispensed hydrochlorothiazide.
4. Failed to maintain a record which accurately reflected the evaluation and treatment of the patient.

F. On or about and between April 27, 1992 and April 7, 1993, the Respondent treated Patient F with appetite suppressant medication, including but not limited to Phendimetrazine tartrate. Patient F, a female, was 5'4" and weighed 138 pounds. During the period of treatment regarding Patient F, Respondent:

1. Failed to take an adequate history.
2. Inappropriately prescribed and/or dispensed appetite suppressant medication.

3. Failed to maintain a record which accurately reflected the evaluation and treatment of the patient.

G. On or about an between March 6, 1992 and May 4, 1993, the Respondent treated Patient G with appetite suppressant medication, including but not limited to Phendimetrazine tartrate. Patient G, a male, was 47 years old, 5'6" and weighed 179 pounds at the onset of treatment. During the period of treatment regarding Patient G, Respondent:

1. Failed to take an adequate history.
2. Inappropriately prescribed and/or dispensed appetite suppressant medication.
3. Inappropriately prescribed and/or dispensed hydrochlorothiazide.
4. Failure to appropriately order laboratory studies.

H. On or about and between April 13, 1995 and April 18, 1996, the Respondent treated Patient H with appetite suppressant medication, including but not limited to Phendimetrazine tartrate. Patient H, a female, was 25 years old, 5'9" and weighed 214 pounds at the onset of treatment. During the period of treatment regarding Patient H, Respondent:

1. Failed to take an adequate history.

2. Inappropriately prescribed and/or dispensed appetite suppressant medication.

3. Failed to maintain a record which accurately reflected the evaluation and treatment of the patient.

I. On or about and between March 9, 1993 and January 21, 1997, the Respondent treated Patient I with appetite suppressant medication, including but not limited to phendimetrazine tartrate. Patient I, a female, was 41 and weighed 200 pounds at the onset of treatment. During the period of treatment regarding Patient I, Respondent:

1. Failed to take an adequate history.

2. Inappropriately prescribed and/or dispensed appetite suppressant medication.

3. Failed to appropriately order laboratory studies.

4. Failed to maintain a record which accurately reflected the evaluation and treatment of the patient.

J. On or about and between November 13, 1989 and July 13, 1994, the Respondent treated Patient J with appetite suppressant medication, including but not limited to phendimetrazine tartrate. Patient J, a female, was 35 years

old, 5'4" and weighed 167 pounds at the onset of treatment. During the period of treatment regarding Patient J, Respondent:

1. Failed to take an adequate history.
2. Inappropriately prescribed and/or dispensed appetite suppressant medication.
3. Inappropriately prescribed and/or dispensed hydrochlorothiazide.
4. Failed to appropriately order laboratory studies.
5. Failed to maintain a record which accurately reflected the evaluation and treatment of the patient.

K. On or about April 14, 1993 and January 15, 1997, the Respondent treated Patient K with appetite suppressant medication, including but not limited to phendimetrazine tartrate. Patient K, a female, was 51 years old, 5'2" and weighed 151 pounds at the onset of treatment. During the period of treatment regarding Patient K, Respondent:

1. Failed to take an adequate history.
2. Inappropriately prescribed and/or dispensed appetite suppressant medication.
3. Failure to appropriately order laboratory studies.

4. Failed to maintain a record which accurately reflected the evaluation and treatment of the patient.



**SPECIFICATION OF CHARGES**

**SPECIFICATION**

**NEGLIGENCE ON MORE THAN ONE OCCASION**

Respondent is charged with committing professional misconduct as defined in N.Y. Educ. Law §6530(3)(McKinney Supp. 1997) by practicing the profession of medicine with negligence on more than one occasion as alleged in the facts of two or more of the following:

1. Paragraphs A, A1, A2, A3, A4, A5; B, B1, B2, B3; C, C1, C2, C3, C4; D, D1, D2, D3, D4; E, E1, E2, E3, E4; F, F1, F2, F3; G, G1, G2, G3, G4; H, H1, H2, H3; I, I1, I2, I3, I4; K, K1, K2, K3, and/or K4.

DATED:       October       , 1997  
                  New York, New York

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ROY NEMERSON  
Deputy Counsel  
Bureau of Professional  
Medical Conduct

## EXHIBIT "B"

### Terms of Probation

1. Respondent shall conduct himself/herself in all ways in a manner befitting his/her professional status, and shall conform fully to the moral and professional standards of conduct and obligations imposed by law and by his/her profession.
2. Respondent shall submit written notification to the New York State Department of Health addressed to the Director of the Office of Professional Medical Conduct, New York State Department of Health, 433 River Street, Suite 303, Troy, NY 12180-2299; said notice is to include a full description of any employment and practice, professional and residential addresses and telephone numbers within or without New York State, and any and all investigations, charges, convictions or disciplinary actions by any local, state or federal agency, institution or facility, within thirty days of each action.
3. Respondent shall fully cooperate with and respond in a timely manner to requests from OPMC to provide written periodic verification of Respondent's compliance with the terms of this Order. Respondent shall personally meet with a person designated by the Director of OPMC as requested by the Director.
4. Any civil penalty not paid by the date prescribed herein shall be subject to all provisions of law relating to debt collection by New York State. This includes but is not limited to the imposition of interest, late payment charges and collection fees; referral to the New York State Department of Taxation and Finance for collection; and non-renewal of permits or licenses [Tax Law section 171(27)]; State Finance Law section 18; CPLR section 5001; Executive Law section 32].
5. The period of probation shall be tolled during periods in which Respondent is not engaged in the active practice of medicine in New York State. Respondent shall notify the Director of OPMC, in writing, if Respondent is not currently engaged in or intends to leave the active practice of medicine in New York State for a period of thirty (30) consecutive days or more. Respondent shall then notify the Director again prior to any change in that status. The period of probation shall resume and any terms of probation which were not fulfilled shall be fulfilled upon Respondent's return to practice in New York State.
6. Respondent's professional performance may be reviewed by the Director of OPMC. This review may include, but shall not be limited to, a review of office records, patient records and/or hospital charts, interviews with or periodic visits with Respondent and his/her staff at practice locations or OPMC offices.
7. Respondent shall maintain legible and complete medical records which accurately reflect the evaluation and treatment of patients. The medical records shall contain all information required by State rules and regulations regarding controlled substances.

## **PRACTICE MONITOR**

8. Respondent shall practice medicine only when monitored by a licensed physician, board certified in an appropriate specialty, ("practice monitor") proposed by Respondent and subject to the written approval of the Director of OPMC.
  - a. Respondent shall make available to the monitor any and all records or access to the practice requested by the monitor, including on-site observation. The practice monitor shall visit Respondent's medical practice at each and every location, on a random unannounced basis at least monthly and shall examine a selection (no less than 15 of records maintained by Respondent, including patient records, prescribing information and office records. The review will determine whether the Respondent's medical practice is conducted in accordance with the generally accepted standards of professional medical care. Any perceived deviation of accepted standards of medical care or refusal to cooperate with the monitor shall be reported within 24 hours to OPMC.
  - b. Respondent shall be solely responsible for all expenses associated with monitoring, including fees, if any, to the monitoring physician.
  - c. Respondent shall cause the practice monitor to report quarterly, in writing, to the Director of OPMC.
  - d. Respondent shall maintain medical malpractice insurance coverage with limits no less than \$2 million per occurrence and \$6 million per policy year, in accordance with Section 230(18)(b) of the Public Health Law. Proof of coverage shall be submitted to the Director of OPMC prior to Respondent's practice after the effective date of this Order.

## **CONTINUING MEDICAL EDUCATION**

9. Respondent shall enroll in and complete a continuing education program in the area of bariatric and/or internal medicine to be equivalent to at least 75 credit hours of Continuing Medical Education per year for each of the five years of probation. Said continuing education program shall be subject to the prior written approval of the Director of OPMC and be completed within the period of probation or as otherwise specified in the Order.
10. Respondent shall comply with all terms, conditions, restrictions, limitations and penalties to which he or she is subject pursuant to the Order and shall assume and bear all costs related to compliance. Upon receipt of evidence of noncompliance with, or any violation of these terms, the Director of OPMC and/or the Board may initiate a violation of probation proceeding and/or any such other proceeding against Respondent as may be authorized pursuant to the law.