LICENSE NO. G9499

IN THE MATTER OF	BEFORE THE
THE LICENSE OF	
ARNOLD WALTER MECH, M.D.	TEXAS MEDICAL BOARD

AGREED ORDER

On the 27 day of March 2026, ~~2025~~, came on to be heard before the Texas Medical Board (the Board), duly in session, the matter of the license of Arnold Walter Mech, MD (Respondent).

On September 25, 2025, Respondent appeared by videoconference, with counsel at an Informal Show Compliance Proceeding and Settlement Conference in response to a letter of invitation from the staff of the Board. The Board's representatives were Tomeka Herod, a member of the Board, and Sheela Lahoti, MD , a member of a District Review Committee (Panel). Respondent was represented by Ryan D. Wozny. Kerby Blanchard, J.D. represented Board Staff and drafted this Order.

BOARD CHARGES

Board Staff charged that Respondent did not keep adequate medical records for one patient. Respondent's records for this patient lacked a medical history evaluation or patient provided information for the initial visit with Respondent.

BOARD HISTORY

Respondent has previously been the subject of disciplinary action by the Board.

On June 27, 2008, the Board and Respondent, entered into a five-year Agreed Order that requires Respondent to: be subject to a Board chart monitor's quarterly review of his medical records; to obtain, on a yearly basis, 20 hours of continuing medical education in child and adolescent psychopathy (10 hours) and child and adolescent psychopharmacology (10 hours); to obtain, each year for the first two years, 10 hours of continuing medical education in record-keeping; and to pay an administrative penalty of $2,500. The Order was based on Respondent's use of a variety of psychotropic medications, some in high doses, in the treatment of a child. In

addition, in the child's treatment, Respondent had failed to document adequate medical records, and had employed a test normally used in research to assist his clinical diagnosis.

On August 26, 2011, the Board and Respondent, entered into an Agreed Order requiring Respondent to pay an administrative penalty of $2,000 within 60 days. The Board found Respondent wrote prescriptions for controlled substances after his DPS controlled substance registration expired.

On August 31, 2012, the Board and Respondent, entered into an Agreed Order modifying his 2008 Order to terminate the chart-monitoring requirement and require him to complete within on year four hours of CME in risk management and four hours in medical record-keeping. The basis for action was Respondent's failure to comply with the terms of his 2008 Order by not completing three hours of required CME.

On August 16, 2019, the Board and Respondent, entered into an Agreed Order publicly reprimanding Respondent and requiring him to within 25 business days provide copies of all patients' medical records to the respective patients included in investigations that arose as a result of his change of practice address in accordance with Board Rules; within one year complete the practice management course offered by the University of California San Diego Physician Assessment and Clinical Education (PACE) Program; within one year and three attempts pass the medical jurisprudence exam; within one year complete at least 24 hours of CME, divided as follows: 12 hours in ethics and 12 hours in risk management; and within one year pay an administrative penalty of $3,000. Respondent failed to timely update his address with the Board and ensure notice of relocation to patients which affected continuity of care for some, failed to timely respond to Board request for information and timely respond to subpoenas for medical records for multiple Board investigations. Additionally, Respondent failed to timely provide a patient with a copy of their electroencephalogram report in violation of the standard of care.

On March 5, 2021, the Board and Respondent entered into an Agreed Order publicly reprimanding Respondent and requiring him to within 60 days pay an administrative penalty of $3,000. The Board found Respondent did not comply with his 2019 Order requiring him to timely provide medical records to patients.

Upon the recommendation of the Board's representatives and with the consent of Respondent, the Board makes the following Findings and Conclusions of Law and enters this Agreed Order.

FINDINGS

The Board finds the following:

1. General Findings:
   a. Respondent received all notice required by law. All jurisdictional requirements have been satisfied. Respondent waives any defect in notice and any further right to notice or hearing under the Medical Practice Act, Title 3, Subtitle B, Texas Occupations Code (the Act) or the Rules of the Board.
   b. Respondent currently holds Texas Medical License No. G9499. Respondent was originally issued this license to practice medicine in Texas on February 22, 1986. Respondent is not licensed to practice in any other state.
   c. Respondent is primarily engaged in the practice of psychiatry and child/adolescent psychiatry. Respondent is board certified by the American Board of Psychiatry and Neurology, a member of the American Board of Medical Specialties.

2. Specific Panel Findings:
   a. Respondent's medical records for one patient lacked certain notes and patient handwritten information completed for the initial visit.
   b. The issues with the medical records appear to be connected to a transfer of handwritten records to a new electronic medical record program. Respondent was responsible for monitoring the conversion and ensuring the records were transferred correctly. Respondent did not obtain a patient's release for hospital records related to an ER visit reported by the patient.
   c. These gaps in the record due to the non-transfer of the handwritten notes were not noticed or realized by Respondent due to the high volume of records being transferred.
   d. When Respondent's patient reported going to the ER for hypertension, Respondent did not investigate further as to the nature of the patient's visit.

3. Mitigating Factors:
   a. In determining the appropriate sanctions in this matter, the Panel considered that Respondent has cooperated in the investigation of the allegations related to this

Agreed Order. Respondent neither admits nor denies the information given above. To avoid further investigation, hearings, and the expense and inconvenience of litigation, Respondent agrees to the entry of this Agreed Order and to comply with its terms and conditions.

CONCLUSIONS OF LAW

Based on the above Findings, the Board concludes that:

1. The Board has jurisdiction over the subject matter and Respondent pursuant to the Act.

2. Section 164.001 of the Act authorizes the Board to impose a range of disciplinary actions against a person for violation of the Act or a Board rule.

3. Section 164.002(a) of the Act authorizes the Board to resolve and make a disposition of this matter through an Agreed Order.

4. Section 164.051(a)(3) of the Act authorizes the Board to take disciplinary action against Respondent based on Respondent's violation of Board Rule 165.1(a), failure to maintain adequate medical records.

5. Section 164.051(a)(6) of the Act authorizes the Board to take disciplinary action against Respondent based on Respondent's failure to practice medicine in an acceptable professional manner consistent with public health and welfare as defined by Board Rule 190.8(1)(C), failure to use proper diligence in one's professional practice.

ORDER

Based on the above Findings and Conclusions of Law, the Board ORDERS that Respondent shall be subject to the following terms and conditions:

1. Within 30 days from the date of the entry of this Order, Respondent shall contact the University of California San Diego Physician Assessment and Clinical Education (PACE) program to enroll in the Medical Recordkeeping course. Respondent shall execute all necessary releases and authorizations to PACE representatives to allow for a complete copy of the interim and final reports for the programs to be provided to the Compliance Division within 15 days of the completion of each report.

Within one year from the date of the entry of this Order, Respondent shall attend and successfully complete the Medical Recordkeeping course. Respondent shall submit documentation of attendance and successful completion of this requirement to the Compliance Division of the Board on or before the expiration of the time limit set forth for completion of the course.

2. Within one year from the date of the entry of this Order, Respondent shall enroll in and successfully complete at least eight (8) hours of continuing medical education (CME) approved for Category I credits by the American Medical Association or the American Osteopathic Association, divided as follows: eight (8) hours in the topic of risk management; approved in writing in advance by the Executive Director or a designee. To obtain approval for the course, Respondent shall submit in writing to the Compliance Department information on the course, to include at least a reasonably detailed description of the course content and faculty, as well as the course location and dates of instruction. Respondent shall submit documentation of attendance and successful completion of this requirement to the Compliance Department on or before the expiration of the time limit set forth for completion of the course. The CME requirements set forth in this paragraph shall be in addition to all other CME required for licensure maintenance.

3. At all times while Respondent is under the terms of this Order, Respondent shall give a copy of this Order to all hospitals, nursing homes, treatment facilities, and other health care entities in Texas where Respondent has privileges, has pending an application for privileges, applies for privileges, or otherwise practices. Within 30 days of being first contacted by the Compliance Division of the Board following entry of this Order, Respondent shall provide to the Compliance Division of the Board documentation, including proof of delivery, that the Order was delivered to all such facilities.

4. The time period of this Order shall be extended for any period of time that: (a) Respondent subsequently practices exclusively outside the State of Texas; (b) the licensee's license is cancelled for nonpayment of licensure fees; (c) this Order is stayed or enjoined by Court Order; or (d) for any period of time longer than 60 consecutive days that Respondent does not actively practice medicine and such cessation in practice is NOT due to a suspension of Respondent's license. Respondent shall immediately notify the Board in writing in the event that Respondent leaves Texas to practice elsewhere or ceases active practice for more than 60 consecutive days. Upon Respondent's return to active practice or return to Texas, Respondent shall notify the Board in writing. Upon return to Texas or active practice, Respondent shall be required

to comply with the terms of this Order for the period of time remaining on the Order. Respondent shall pay all fees for reinstatement or renewal of a license covering the period of extension or tolling. Tolling shall be in accordance with Board Rules.

5. Respondent shall comply with all the provisions of the Act and other statutes regulating the Respondent's practice.

6. Respondent shall fully cooperate with the Board and the Board staff, including Board attorneys, investigators, compliance officers, consultants, and other employees or agents of the Board in any way involved in investigation, review, or monitoring associated with Respondent's compliance with this Order. Failure to fully cooperate shall constitute a violation of this order and a basis for disciplinary action against Respondent pursuant to the Act.

7. Respondent shall inform the Board in writing of any change of Respondent's practice or mailing address within 10 days of the address change. Respondent shall also provide an email address to the Board and inform the Board with 10 days of any change to the email address. This information shall be submitted to the Registrations Department and the Compliance Department of the Board. Failure to provide such information in a timely manner shall constitute a basis for disciplinary action by the Board against Respondent pursuant to the Act. Respondent agrees that 10 days' notice of a Probationer Show Compliance Proceeding to address any allegation of non-compliance with this Agreed Order is adequate and reasonable notice prior to the initiation of formal disciplinary action. Respondent agrees that any proceeding related to this Order may be held in person, by teleconference, or by videoconference at the discretion of the Board.

8. Any violation of the terms, conditions, or requirements of this Order by Respondent shall constitute unprofessional conduct likely to deceive or defraud the public, or to injure the public, and shall constitute a basis for disciplinary action by the Board against Respondent pursuant to the Act.

9. Respondent shall be permitted to supervise and delegate prescriptive authority to physician assistants and advanced practice nurses and to supervise surgical assistants.

10. This Order shall automatically terminate upon Respondent's submission of sufficient evidence to the Compliance Division of the Board that Respondent successfully completed the requirements ordered in Ordering Paragraph Nos. 1, 2, and 3.

RESPONDENT WAIVES ANY FURTHER HEARINGS OR APPEALS TO THE BOARD OR TO ANY COURT IN REGARD TO ALL TERMS AND CONDITIONS OF THIS AGREED ORDER. RESPONDENT AGREES THAT THIS IS A FINAL ORDER.

THIS ORDER IS A PUBLIC RECORD.

(SIGNATURE PAGES FOLLOW)

I, ARNOLD WALTER MECH, M.D., HAVE READ AND UNDERSTAND THE FOREGOING AGREED ORDER. I UNDERSTAND THAT BY SIGNING, I WAIVE CERTAIN RIGHTS. I SIGN IT VOLUNTARILY. I UNDERSTAND THIS AGREED ORDER CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND, VERBAL, WRITTEN OR OTHERWISE.

DATED: FEBRUARY 16, 2026.

A. Mech MD

ARNOLD WALTER MECH, M.D.
Respondent

STATE OF TEXAS §
§
COUNTY OF COLLIN §

SWORN TO AND ACKNOWLEDGED BEFORE ME, the undersigned Notary Public, on this 16th day of FEBRUARY, 2026.

PAM KNAPP
Notary ID #3182772
My Commission Expires
September 2, 2026

(Notary Seal)

Pam Knapp

Signature of Notary Public

SIGNED AND ENTERED by the presiding officer of the Texas Medical Board on this 27 day of March 2026~~, 2025~~.

Sherif Z. Zaafran~~, M.D.~~, ~~President~~
Texas Medical Board