



# COMMONWEALTH of VIRGINIA

Department of Health Professions

Board of Medicine

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August 27, 1992

Norman B. Holden, Jr., M.D.  
Route 1, Box 398  
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**CERTIFIED MAIL**  
**P 741 100 286**

RE: License No.: 0101-027761

Dear Dr. Holden:

This letter is official notification that an informal conference of the Virginia Board of Medicine ("Board") will be held on Saturday, October 3, 1992, at 11:00 a.m. at the offices of the Department of Health Professions, 1601 Rolling Hills Drive, Conference Room 2, Richmond, Virginia. The conference will be conducted pursuant to Sections 54.1-2919 and 9-6.14:11 of the Code of Virginia (1950), as amended ("Code").

An informal conference committee ("Committee"), composed of three members of the Board, will inquire into allegations that you may have violated certain laws governing the practice of medicine in Virginia. Specifically, you may have violated Section 54.1-2915.A(4) and (3), as further defined in Section 54.1-2914.A(9), and (10) of the Code, in that:

1. From or or about October 14, 1987 to November 5, 1987 you failed to appropriately evaluate and manage Patient A's symptoms of drowsiness and feeling over medicated when you increased her dosage of Pamelor 10 mg twice daily to three times daily.

2. On approximately four occasions from March 1, 1988 to October 21, 1988, during the course of providing psychotherapy to Patient B, without accepted therapeutic purpose and contrary to sound medical judgment, you performed what are described as "deliverances" by the patient and "exorcisms" by Charter Westbrook Hospital personnel on Patient B, diagnosed as having multiple personalities, in order to force demons from her body. Specifically, on March 1, 1988, you instructed two male orderlies to hold Patient B down for several hours during a "deliverance" and had no female present. On this same date, you administered the sacrament of Eucharist to Patient B during therapy.

3. On or about May 17, 1988, during the course of providing psychotherapy to Patient B, you failed to prevent said patient from slashing her wrists with a razor while present in your office. Patient B required four sutures when taken to St. Mary's Hospital for treatment.

4. On or about July 26, 1988, during the course of providing inpatient psychotherapy to Patient C in Charter Westbrook Hospital, you failed to

appropriately evaluate and manage said patient's symptoms, to wit: sweating, elevated temperature, rigidity, increased long muscle tone and diaphoresis. Charles M. Davis, M.D., Medical Director, recommended that you stop all medication and the patient's symptoms disappeared.

5. On or about August 20, 1988, during the course of providing inpatient psychotherapy to Patient D in Charter Westbrook Hospital, you ordered Stelazine 5 mg three times daily for said patient, whom you knew or should have known to be allergic to Stelazine (trifluoperazine).

6. On or about November 16, 1988, during the course of providing inpatient psychotherapy to Patient E in Charter Westbrook Hospital, you inappropriately allowed said patient to leave the facility on a pass, during which time Patient E assaulted his wife and destroyed property, and was subsequently arrested and placed in jail.

7. From on or about January 15, 1989 to February 3, 1989, during the course of providing inpatient psychotherapy to Patient F in Charter Westbrook Hospital, you failed to appropriately manage said patient's hypertension. On January 21, 1989, you ordered Maxzide twice daily and on February 1, 1989, you increased Patient F's Maxzide to three times daily; the recommended dosage is once daily. Further, you failed to obtain an appropriate consultation in a timely manner regarding Patient F's continued elevated blood pressure.

8. On or about April 25, 1989, the Executive Committee of Charter Westbrook Hospital restricted your privileges in that your future admissions were to be supervised by the clinical director. You subsequently resigned your hospital privileges.

In order to protect the privacy of your patients, they have been referred to by letter only. Please see Attachment I of this notice for the identity of the individuals referenced above. You may be represented by an attorney at the informal conference. The following actions may be taken by this Committee:

1. If a majority of the Committee is of the opinion that a suspension or revocation of your license may be justified, the Committee shall present to the Board in writing its findings, and the Board may proceed with a formal hearing;

2. The Committee may notify you in writing that you are fully exonerated of any charge that might affect your right to practice in Virginia;

3. The Committee may reprimand or censure you; or

4. The Committee may place you on probation for such time as it may designate and direct that during such period you furnish the Committee or its chairman, at such intervals as the Committee may direct, evidence that you are not practicing in violation of the provisions of Chapter 29, Title 54.1 of the Code, which governs the practice of medicine in Virginia.

Should you fail to appear at the informal conference, the Board may proceed to a formal administrative hearing in order to impose sanctions. Please inform this office whether you intend to appear at the conference at least ten (10) days prior to the scheduled date above. Also please provide the Board with a telephone number where you may be reached.

