



COMMONWEALTH of VIRGINIA

Sandra Whitley Ryals
Director

Department of Health Professions
6603 West Broad Street, 5th Floor
Richmond, Virginia 23230-1712

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March 22, 2007

Syed H. Sajid, M.D.
5308 Whispering Breeze Court
Glen Allen, Virginia 23059

CERTIFIED MAIL
7160 3901 9849 4240 3475

RE: License No.: 0101-232717

Dear Dr. Sajid:

This letter is official notification that an informal conference of the Virginia Board of Medicine ("Board") will be held on **Wednesday, May 9, 2007, at 3:00 p.m., at the Department of Health Professions, 6603 W. Broad Street, 5th Floor, Richmond, Virginia.** The conference will be conducted pursuant to Sections 54.1-2400(10), 2.2-4019 and 2.2-4021 of the Code of Virginia (1950), as amended ("Code").

A Special Conference Committee ("Committee") will inquire into allegations that you may have violated certain laws governing the practice of medicine in Virginia. Specifically, you may have violated Section 54.1-2915.A(3), (12), (13), (16) and (19) of the Code and 18 VAC 85-20-100 of the Board of Medicine Regulations, in that on or about December 1, 2006, during an office visit by Patient A, you engaged in sexual contact with Patient A concurrent with and by virtue of the practitioner-patient relationship and/or otherwise engaged in conduct of a sexual nature with Patient A that she considered lewd and offensive.

Please see Attachment I for the name of the patient referenced above.

After consideration of all information, the Committee may:

1. Exonerate you;
2. Place you on probation with such terms it deems appropriate;
3. Reprimand you; and
4. Impose a monetary penalty pursuant to Section 54.1-2401 of the Code.

Further, the Committee may refer this matter for a formal administrative proceeding when it has failed to dispose of a case by consent pursuant to Section 2.2-4019 of the Code.

You have the right to information that will be relied upon by the Committee in making a decision. Therefore, I enclose a copy of the documents that will be distributed to the Committee for its consideration when discussing the allegations with you and when deliberating upon your case. These documents are enclosed only with the original notice sent by certified mail, and must be claimed at the post office. These materials have been provided this date to your counsel, Michael L. Goodman, Esquire.

To facilitate this proceeding, you must submit eight (8) copies of any documents you wish for the Committee to consider to Reneé S. Dixon, Discipline Case Manager, Virginia Board of Medicine, 6603 West Broad Street, 5th Floor, Richmond, Virginia 23230-1717, by **April 19, 2007**. Your documents may not be submitted by facsimile or e-mail. Should you or Adjudication Specialist Nancy Walsh wish to submit any documents for the Committee's consideration after **April 19, 2007**, such documents shall be considered only upon a ruling by the Chair of the Committee that good cause has been shown for late submission.

A request to continue this proceeding must state **in detail** the reason for the request and must establish good cause. Such request must be made, in writing, to me at the address listed on this letter and must be received by **April 3, 2007**. Only one such motion will be considered. Absent exigent circumstances, such as personal or family illness, a request for a continuance after **April 3, 2007**, will not be considered.

Relevant sections of the Administrative Process Act, which govern proceedings of this nature, as well as laws relating to the practice of medicine and other healing arts in Virginia cited in this notice can be found on the Internet at <http://leg1.state.va.us>. To access this information, please click on the *Code of Virginia* for statutes and *Virginia Administrative Code* for regulations.

In its deliberations, the Committee may utilize the Sanction Reference Points System, as contained in the Sanction Reference Manual. The manual, which is a guidance document of the Board, may be accessed at <http://www.dhp.virginia.gov/medicine>. You may request a paper copy from the Board office by calling (804) 662-7009.

Please advise the Board, in writing, of your intention to be present. Should you fail to appear at the informal conference, the Board may proceed to a formal administrative hearing in order to impose sanctions.

If you have any questions regarding this notice, please contact Nancy Walsh, Adjudication Specialist, at (804) 662-7443.

Notice of Informal Conference - Syed H. Sajid, M.D.
March 22, 2007
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Sincerely,

A handwritten signature in dark ink, appearing to read "W. L. Harp, M.D.", written in a cursive style.

William L. Harp, M.D.
Executive Director
Virginia Board of Medicine

Enclosures:

Attachment I
Informal Conference Package
Map

cc: Malcolm L. Cothran, Jr., M.D., President, Virginia Board of Medicine
Sandra Whitley Ryals, Director, Department of Health Professions
Reneé S. Dixon, Discipline Case Manager, Board of Medicine
Nancy L. Walsh, Adjudication Specialist, APD
Lorraine McGehee, Deputy Director, APD
Michael L. Goodman, Esquire [w/enclosures]
Martha W. Miller, Senior Investigator [112187]

VIRGINIA:

BEFORE THE BOARD OF MEDICINE

IN RE: SYED H. SAJID, M.D.
License No.: 0101-232717

ORDER

In accordance with Sections 54.1-2400(10), 2.2-4019 and 2.2-4021 of the Code of Virginia (1950), as amended ("Code"), an informal conference was held with Syed H. Sajid, M.D., on May 9, 2007, in Richmond, Virginia. Members of the Virginia Board of Medicine ("Board") serving on the Special Conference Committee ("Committee") were: Gopinath Jadhav, M.D., Chairperson; Sandra A. Bell, M.D.; and Ellen C. Shapiro, D.P.M.

Dr. Sajid appeared personally and was represented by legal counsel, Michael L. Goodman, Esquire. Nancy L. Walsh, Adjudication Specialist, was present as a representative for the Administrative Proceedings Division of the Department of Health Professions.

The purpose of the informal conference was to inquire into allegations that Dr. Sajid may have violated certain laws governing the practice of medicine in the Commonwealth of Virginia, as set forth in a Notice of Informal Conference dated March 22, 2007.

FINDINGS OF FACT

Now, having properly considered the evidence and statements presented, the Committee makes the following Findings of Fact:

1. Syed H. Sajid, M.D., was issued license number 0101-232717 to practice medicine and surgery in the Commonwealth of Virginia on April 8, 2002. Said license is currently active and will expire on December 31, 2008, unless renewed or otherwise restricted.

2. From July 2005 to February 2007, Dr. Sajid was employed as a psychiatrist at a practice with several other practitioners in Richmond, Virginia.

3. In or about November 2005, Dr. Sajid began to treat Patient A, a 24-year-old female, who sought treatment for anxiety, depression, and panic attacks. Dr. Sajid saw Patient A approximately once a month from November 2005 to December 2006.

4. Dr. Sajid describes his treatment of Patient A as “medication management,” rather than counseling. According to Patient A and Dr. Sajid, Patient A’s appointments usually lasted ten (10) to twelve (12) minutes.

5. Dr. Sajid diagnosed Patient A with depression, for which he prescribed Lexapro, 15 mg/day.

6. In or about November 2006, Patient A traveled to Florida to attend a three-week professional training program. While in Florida, Patient A decided to take lower than her prescribed dosage of Lexapro, so that she would not run out of her medication entirely before returning home.

7. While in Florida, Patient A experienced chest pain and shortness of breath. Patient A consulted with a physician in Florida concerning her symptoms.

8. Upon returning to Richmond, Patient A was seen at a satellite medical office, located in a local pharmacy on November 30, 2006. After the practitioner at the medical office examined her and inquired about Patient A’s medications, the practitioner suggested that the symptoms she was experiencing may have been caused by her lowered dosage of Lexapro. The practitioner recommended that Patient A schedule an appointment with her psychiatrist.

9. During a December 1, 2006, appointment, Patient A informed Dr. Sajid that she was experiencing chest pain. Dr. Sajid stated to the Committee that he checked Patient A's heart with a stethoscope and found no abnormalities. He referred her back to her primary care physician for an electrocardiogram (EKG).

10. Dr. Sajid denies that he engaged in conduct of a sexual nature with Patient A on December 1, 2006, or any other date.

11. Dr. Sajid states that, other than Patient A, he has never been accused of sexual misconduct in any context, including employment, residencies, and internship programs.

CONCLUSIONS OF LAW

The Committee concludes that this matter is properly before it for consideration.

ORDER


WHEREFORE, after thorough review and consideration of the statements and information presented, the Committee found a lack of clear and convincing evidence to substantiate the allegations set forth in the Board's notice of informal conference. Therefore, the Committee voted to DISMISS this matter with no action.

Pursuant to Section 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

Pursuant to Section 54.1-2400(10) of the Code, Dr. Sajid may, not later than 5:00 p.m., on June 21, 2007, notify William L. Harp, M.D., Executive Director, Board of Medicine, 6603 West Broad Street, Richmond, Virginia 23230, in writing that he desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

Therefore, this Order shall become final on June 21, 2007, unless a request for a formal administrative hearing is received as described above.

FOR THE BOARD


for William L. Harp, M.D.
Executive Director
Virginia Board of Medicine

ENTERED: 5/17/2007

VIRGINIA:

BEFORE THE BOARD OF MEDICINE

IN RE: SYED HASSAN SAJID, M.D.
License No.: 0101-232717

CONSENT ORDER

The Virginia Board of Medicine ("Board") and Syed Hassan Sajid, M.D., as evidenced by their signatures affixed below, agree to enter into this Consent Order affecting the license of Dr. Sajid to practice medicine and surgery in the Commonwealth of Virginia.

FINDINGS OF FACT AND CONCLUSIONS OF LAW

The Board adopts the following findings and conclusions in this matter:

1. Dr. Sajid was issued license number 0101-232717 by the Board to practice medicine and surgery in the Commonwealth of Virginia on April 8, 2002. Said license is currently active and will expire on December 31, 2010, unless renewed or otherwise restricted.
2. On or about January 12, 2007, Dr. Sajid began seeing Patient A for medication management and therapy due to a diagnosis of severe bipolar disorder with psychotic features and a history of hallucinations, grandiosity, manic excitement, barricading with weapons, homicidal/suicidal ideation and threats. At the time Patient A began treatment with Dr. Sajid, he was taking Xanax, Ambien, Lamictal, Lithium and Wellbutrin.
3. Dr. Sajid violated Sections 54.1-2915.A(3), (13) and (16) of the Code of Virginia (1950), as amended ("Code"), in that, from January 12, 2007 to April 20, 2009, he obtained only two (2) lithium levels and/or corollary laboratory tests for Patient A in the management of his bipolar disorder, and therefore did not optimize Patient A's pharmacological regimen. Patient A was voluntarily hospitalized in 2008 for suicidal ideations.

4. Dr. Sajid violated Section 54.1-2915.A(18) of the Code, and 18 VAC 85-20-26.C of the Board of Medicine General Regulations, in that, by his own admission, he failed to accurately document Patient A's prescriptions in his medical records, and admitted to a Department of Health Professions' Investigator during an interview on November 18, 2009, that this was an "oversight" on his part.

CONSENT

I, Syed Hassan Sajid, M.D., by affixing my signature hereto, acknowledge that:

1. I have been advised specifically to seek the advice of counsel prior to signing this document;
2. I am fully aware that without my consent, no legal action can be taken against me, except pursuant to the Virginia Administrative Process Act, § 2.2-4000.A et seq. of the Code of Virginia;
3. I have the following rights, among others:
 - a. the right to an informal conference before the Board; and
 - b. the right to appear in person or by counsel, or other qualified representative before the agency.
4. I waive all rights to an informal conference;
5. I admit the truth of the above Findings of Fact; and
6. I consent to the following Order affecting my license to practice medicine in the Commonwealth of Virginia.

ORDER

WHEREFORE, based on the foregoing Findings of Fact and Conclusions of Law, and with the consent of the licensee, it is hereby ORDERED that Syed Hassan Sajid, be and hereby is, issued a REPRIMAND:

It is further ORDERED that Dr. Sajid's license be subject to the following TERMS and CONDITIONS:

1. Within six (6) months of entry of this Consent Order, Dr. Sajid shall submit a certificate or other evidence satisfactory to the Board verifying that he has completed five (5) hours of continuing medical education ("CME") in subject of the treatment of bipolar disorder. Said CME shall be approved in advance of registration by the Executive Director of the Board, and shall be completed through face-to-face, interactive sessions (i.e., no home study, journal or Internet courses). Any CME hours obtained in compliance with this term shall not be used towards compliance with the Board's continuing education requirements for license renewal.

2. Within six (6) months of entry of this Consent Order, Dr. Sajid shall submit a certificate or other evidence satisfactory to the Board verifying that he has completed twelve (12) hours in the subject of medical record-keeping. Said CME shall be approved in advance of registration by the Executive Director of the Board, and shall be completed through face-to-face, interactive sessions (i.e., no home study, journal or Internet courses). Any CME hours obtained in compliance with this term shall not be used towards compliance with the Board's continuing education requirements for license renewal.

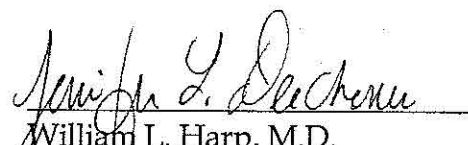
3. Upon completion of the foregoing terms, the Board authorizes the Executive Director of the Board to close this matter without further action or, in his discretion, to refer this matter to a Special Conference Committee for its review and consideration.

Violation of this Consent Order may constitute grounds for the suspension or revocation of Dr. Sajid's license. In the event Dr. Sajid violates any of the terms and conditions of this Consent Order, an administrative proceeding may be convened to determine whether such action is warranted.

Dr. Sajid shall maintain a course of conduct in his practice of medicine and surgery commensurate with the requirements of Title 54.1, Chapter 29 of the Code and all laws of the Commonwealth.

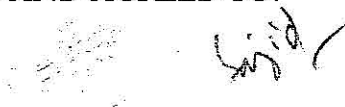
Pursuant to Section 54.1-2400.2 of the Code, the signed original of this Consent Order shall remain in the custody of the Department of Health Professions as a public record and shall be made available for public inspection and copying upon request.

FOR THE BOARD:

for 
William L. Harp, M.D.
Executive Director
Virginia Board of Medicine

ENTERED: 4/5/2010

SEEN AND AGREED TO:



Syed Hassan Sajid, M.D.

COMMONWEALTH OF VIRGINIA
COUNTY/CITY OF Henrico, TO WIT:

Subscribed and sworn to before me, the undersigned Notary Public, in and for the Commonwealth of Virginia, at large, this 30th day of March, 2010, by Syed Hassan Sajid, M.D.

Donald Ameche Garrett
Notary Public

Registration Number: 7195583

My commission expires: 04/30/2012





COMMONWEALTH of VIRGINIA

Dianne L. Reynolds-Cane, M.D.
Director

Department of Health Professions
Perimeter Center
9960 Mayland Drive, Suite 300
Henrico, Virginia 23233-1463

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TEL (804) 367-4400
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November 10, 2010

Syed H. Sajid, M.D.
5308 Whispering Breeze Court
Glen Allen, Virginia 23059

RE: License No.: 0101-232717

Dear Dr. Sajid:

The Virginia Board of Medicine ("Board") has received verification of your compliance with Terms #1 and #2 of the Consent Order entered April 5, 2010.

Therefore, pursuant to the authority granted by Term #3, I have determined that the terms placed on your license should be TERMINATED effective this date. The record of the Board currently reflects that you have a full and unrestricted license in the Commonwealth of Virginia.

Pursuant to §54.1-2400.2 (F) of the *Code of Virginia*, a signed copy of this letter shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

The Board wishes you well in your future endeavors.

Sincerely,

William L. Harp, M.D.
Executive Director
Virginia Board of Medicine

cc: Renée S. Dixon, Discipline Case Manager [128452]
Susan Brooks, Office Manager, APD
Administrative Assistant