



# COMMONWEALTH of VIRGINIA

Robert A. Nebiker  
Director

## *Department of Health Professions*

6603 West Broad Street, 5th Floor  
Richmond, Virginia 23230-1712

July 21, 2006

[www.dhp.virginia.gov](http://www.dhp.virginia.gov)

TEL (804) 662-9900

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Colleen Ann Blanchfield, M.D.  
11150 Sunset Hills Road, Suite 309  
Reston, Virginia 20190

### **CERTIFIED MAIL**

7160 3901 9849 4232 8303

RE: License No.: 0101-048338

Dear Dr. Blanchfield:

This letter is official notification that an informal conference of the Virginia Board of Medicine ("Board") will be held on **Tuesday, September 19, 2006, at 9:00 a.m., at the Holiday Inn Select, 2801 Plank Road, Fredericksburg, Virginia.** The conference will be conducted pursuant to Sections 54.1-2400(10), 2.2-4019 and 2.2-4021 of the Code of Virginia (1950), as amended ("Code").

A Special Conference Committee ("Committee") will inquire into allegations that you may have violated certain laws governing the practice of medicine in Virginia. Specifically, you may have violated Section 54.1-2915.A(4) as codified prior to July 1, 2003 for conduct prior to July 1, 2003, 54.1-2915.A(8) [formerly 54.1-2914.A(3)], 54.1-2915.A(13) [formerly 54.1-2914.A(8)] and 54.1-2915.A(16) [formerly 54.1-2914.A(11)] of the Code in your treatment of Patient A, in that:

1. On or about January 9, 2002, you undertook the pain management of Patient A, a 37-year-old male who reported suffering from chronic pain secondary to pancreatitis. Your treatment of Patient A included the prescribing of OxyContin (Schedule II) and later, Dilaudid (Schedule II). Prior to prescribing narcotic medications to Patient A:

- a. you failed to obtain an adequate medical history;
- b. you failed to document that you had corroborated Patient A's medical history and functional reason for pain;
- c. you failed to perform an adequate physical examination;
- d. you failed to obtain an adequate substance abuse history;
- e. you failed to order a pre-treatment urine drug screen; and

- f. you failed to utilize a pain treatment agreement and to document informed consent to treatment with narcotic medications.
2. From approximately January 2002 to February 2003, during the course of treatment of Patient A's pain with narcotic medications:
  - a. you failed to document your rationale for changing Patient A's medication from oxycodone to OxyContin on January 16, 2002;
  - b. you performed only limited physical examinations;
  - c. you failed, despite Patient A's continuous abuse of Dilaudid and alcohol, to address his problems of addiction with appropriate treatment or referral, while continuing to prescribe Dilaudid. You further failed to monitor Patient A's compliance with medication orders through the use of random urine screens, medication counts, or other appropriate means.

Please see Attachment I for the name of the patient referenced above.

After consideration of all information, the Committee may:

1. Exonerate you;
2. Place you on probation with such terms it deems appropriate.
3. Reprimand you;
4. Modify a previous Order; and
5. Impose a monetary penalty pursuant to Section 54.1-2401 of the Code.

Further, the Committee may refer this matter for a formal administrative proceeding when it has failed to dispose of a case by consent pursuant to Section 2.2-4019 of the Code.

You have the right to information that will be relied upon by the Committee in making a decision. Therefore, I enclose a copy of the documents that will be distributed to the Committee for its consideration when discussing the allegations with you and when deliberating upon your case. These documents are enclosed only with the original notice sent by certified mail, and must be claimed at the post office. Further, if you retain counsel, it is your responsibility to provide the enclosed materials to your attorney.

To facilitate this proceeding, you must submit eight (8) copies of any documents you wish for the Committee to consider to Reneé S. Dixon, Discipline Case Manager, Virginia Board of Medicine, 6603 West Broad Street, 5<sup>th</sup> Floor, Richmond, Virginia 23230-1717, by **August 31, 2006**. Your documents may not be submitted by facsimile or e-mail. Should you or Adjudication Specialist Virginia Scher wish to submit any documents for

the Committee's consideration after **August 31, 2006**, such documents shall be considered only upon a ruling by the Chair of the Committee that good cause has been shown for late submission.

You may be represented by an attorney at the informal conference. If you obtain counsel, you should do so as soon as possible, because absent good cause to support a request for a continuance, the informal conference will be held on September 19, 2006. A request to continue this proceeding must state **in detail** the reason for the request and must establish good cause. Such request must be made, in writing, to me at the address listed on this letter and must be received by **August 4, 2006**. Only one such motion will be considered. Absent exigent circumstances, such as personal or family illness, a request for a continuance after **August 4, 2006**, will not be considered


Relevant sections of the Administrative Process Act, which govern proceedings of this nature, as well as laws relating to the practice of medicine and other healing arts in Virginia cited in this notice can be found on the Internet at <http://leg1.state.va.us>. To access this information, please click on the *Code of Virginia* for statutes and *Virginia Administrative Code* for regulations.

In its deliberations, the Committee may utilize the Sanction Reference Points System, as contained in the Sanction Reference Manual. The manual, which is a guidance document of the Board, may be accessed at <http://www.dhp.virginia.gov/medicine>. You may request a paper copy from the Board office by calling (804) 662-7009.

Please advise the Board, in writing, of your intention to be present. Should you fail to appear at the informal conference, the Board may proceed to a formal administrative hearing in order to impose sanctions.

If you have any questions regarding this notice, please contact Virginia Scher, Adjudication Specialist, at (804) 662-7593.

Sincerely,



William L. Harp, M.D.  
Executive Director  
Virginia Board of Medicine

Notice of Informal Conference - Colleen Ann Blanchfield, M.D.  
July 21, 2006  
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Enclosures:

Attachment I  
Informal Conference Package  
Map

cc: Malcolm L. Cothran, Jr., M.D., President, Virginia Board of Medicine  
Robert A. Nebiker, Director, Department of Health Professions  
Reneé S. Dixson, Discipline Case Manager, Board of Medicine  
Virginia A. Scher, Adjudication Specialist, APD  
Lorraine McGehee, Deputy Director, APD  
Pamela Kincheloe, Senior Investigator (98342)

**VIRGINIA:**

**BEFORE THE BOARD OF MEDICINE**

**IN RE: COLLEEN ANN BLANCHFIELD, M.D.**  
**License No.: 0101-048338**

**ORDER**

In accordance with Sections 54.1-2400(10), 2.2-4019 and 2.2-4021 of the Code of Virginia (1950), as amended ("Code"), an informal conference was held with Colleen Ann Blanchfield, M.D., on September 19, 2006, in Fredericksburg, Virginia. Members of the Virginia Board of Medicine ("Board") serving on the Special Conference Committee ("Committee") were: Jane E. Piness, M.D., Chairman; Clara L. Adams-Ender, R.N., M.S.N., BG USA Ret; and John H. Armstrong, M.D. Dr. Blanchfield appeared and was represented by legal counsel, Michael L. Goodman. Virginia A. Scher, Adjudication Specialist, was present as a representative for the Administrative Proceedings Division of the Department of Health Professions. The purpose of the informal conference was to inquire into allegations that Dr. Blanchfield may have violated certain laws governing the practice of medicine in the Commonwealth of Virginia, as set forth in a Notice of Informal Conference dated July 21, 2006.

**FINDINGS OF FACT AND CONCLUSIONS OF LAW**

Now, having properly considered the evidence and statements presented, the Committee makes the following Findings of Fact and Conclusions of Law:

1. Colleen Ann Blanchfield, M.D., was issued license number 0101-048338 by the Board of Medicine on July 31, 1992. Said license will expire on March 31, 2008, unless renewed or acted upon.

2. Dr. Blanchfield violated Section 54.1-2915.A(16) [formerly 54.1-2914.A(11)] of the Code in her treatment of Patient A, in that:

a. On or about January 9, 2002, Dr. Blanchfield undertook the pain management of Patient A, a 37-year-old male who reported suffering chronic pain secondary to pancreatitis. Dr. Blanchfield's treatment of Patient A included the prescribing of OxyContin (Schedule II) and later, Dilaudid (Schedule II). Prior to prescribing narcotic medications to Patient A, Dr. Blanchfield failed to perform an adequate physical examination, failed to obtain an adequate substance abuse history, and failed to order a pre-treatment urine drug screen.

b. From approximately January 2002 to February 2003, during the course of treatment of Patient A's pain with narcotic medications, Dr. Blanchfield failed to document her rationale for changing Patient A's medication from oxycodone to Oxycontin on January 16, 2002; performed only limited physical examinations; and failed to monitor Patient A's compliance with medication orders through the use of random urine screens, medication counts, or other appropriate means.

3. Dr. Blanchfield presented new forms and contracts she now uses in her practice, to include: a neurology consultation form that includes a detailed history and physical examination component, a controlled substance agreement and informed consent form, and a treatment plan that is reviewed on a regular basis.

4. Since October 2003, Dr. Blanchfield has obtained approximately 100 hours of CME in the subjects of pain management and pharmacology.

5. Dr. Blanchfield has instituted weekly treatment planning meetings that include all staff in order to adequately address patient treatment and management.

6. Dr. Blanchfield stated she now obtains pharmacy logs for all pain management patients and communicates closely with pharmacy personnel.

7. Dr. Blanchfield stated she more readily refers patients to other physicians for additional testing and diagnostics and for follow-up coordination of care.

8. From this experience, the Committee determined that Dr. Blanchfield has gained insight into patient selection and monitoring.

### **ORDER**

WHEREFORE, based on the above Findings of Fact and Conclusions of Law, and due to significant changes in Dr. Blanchfield's practice, the Board imposes NO SANCTION.

Pursuant to Section 54.1-2400.2(F) of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

Pursuant to Section 54.1-2400(10) of the Code, Dr. Blanchfield may, not later than 5:00 p.m., on October 25, 2006, notify William L. Harp, M.D., Executive Director, Board of Medicine, 6603 West Broad Street, Richmond, Virginia 23230, in writing that he desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

Therefore, this Order shall become final on October 25, 2006; unless a request for a formal administrative hearing is received as described above.

FOR THE BOARD



William L. Harp, M.D.  
Executive Director  
Virginia Board of Medicine

ENTERED: 9/21/06



**VIRGINIA:**

**BEFORE THE BOARD OF MEDICINE**

**IN RE: COLLEEN ANN BLANCHFIELD, M.D.  
License No.: 0101-048338**

**CONSENT ORDER**

The Virginia Board of Medicine ("Board") and Colleen Ann Blanchfield, M.D., as evidenced by their signatures affixed below, agree to enter into this Consent Order affecting the license of Dr. Blanchfield to practice medicine and surgery in the Commonwealth of Virginia.

**FINDINGS OF FACT AND CONCLUSIONS OF LAW**

The Board adopts the following findings and conclusions in this matter:

1. Colleen Ann Blanchfield, M.D., was issued license number 0101-048338 by the Board to practice medicine and surgery in the Commonwealth of Virginia on July 31, 1992. Said license is currently active and will expire on March 31, 2010, unless renewed or otherwise restricted.

2. Dr. Blanchfield violated Sections 54.1-2915.A(3), (13) and (16) of the Code, in that, from on or about April 1, 2006 to on or about June 22, 2007, without appropriate testing and work-up to substantiate a diagnosis of attention deficit disorder ("ADD"), Dr. Blanchfield treated Patient A by prescribing Strattera (C-VI) and Focalin XR (C-II).

**CONSENT**

I, Colleen Ann Blanchfield, M.D., by affixing my signature hereto, acknowledge that:

1. I have been advised specifically to seek the advice of counsel prior to signing this document;

2. I am fully aware that without my consent, no legal action can be taken against me, except pursuant to the Virginia Administrative Process Act, § 2.2-4000.A et seq. of the Code of Virginia;

3. I have the following rights, among others:

- a. the right to an informal conference before the Board; and
- b. the right to appear in person or by counsel, or other qualified representative before the agency.

4. I waive all rights to an informal conference;

5. I admit the truth of the above Findings of Fact; and

6. I consent to the following Order affecting my license to practice medicine in the Commonwealth of Virginia.

### **ORDER**

WHEREFORE, based on the foregoing Findings of Fact and Conclusions of Law, and with the consent of the licensee, it is hereby ORDERED that Dr. Blanchfield be and hereby is, issued a REPRIMAND, and that her license shall be subject to the following TERMS and CONDITIONS:

1. Within ninety (90) days from entry of this Consent Order, Dr. Blanchfield shall successfully complete ten (10) hours of Category 1, Board-approved continuing medical education ("CME") in the subject of attention deficit disorder ("ADD"). All CME shall be approved in advance of registration by the Executive Director of the Board. Any CME obtained through compliance with this term may not be used toward licensure renewal.

2. Within twenty-one (21) days of completion of the CME, Dr. Blanchfield shall submit a certificate or other evidence, satisfactory to the Board, of completion of the CME required by this Consent Order.

3. Upon receipt of verification of Dr. Blanchfield's compliance with Terms 1 and 2, the Board authorizes the Executive Director to close this matter, or refer it to a Special Conference Committee for a final determination.

Violation of this Consent Order shall constitute grounds for the suspension or revocation of the license of Dr. Blanchfield. In the event Dr. Blanchfield violates any of the terms and conditions of this Consent Order, an administrative hearing shall be convened to determine whether such action is warranted.

Pursuant to Section 54.1-2400.2 of the Code, the signed original of this Consent Order shall remain in the custody of the Department of Health Professions as a public record and shall be made available for public inspection and copying upon request.

FOR THE BOARD:



William L. Harp, M.D.  
Executive Director  
Virginia Board of Medicine

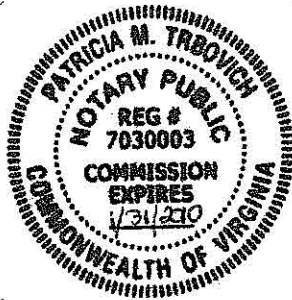
ENTERED: 2/6/09

SEEN AND AGREED TO:

  
COLLEEN ANN BLANCHFIELD, M.D.

COMMONWEALTH OF VIRGINIA  
COUNTY/CITY OF Fairfax TO WIT:

Subscribed and sworn to before me, the undersigned Notary Public, in and for the Commonwealth of Virginia, at large, this 5 day of February, 2009, by Colleen Ann Blanchfield, M.D.



Patricia M Trbovich  
Notary Public

Registration Number: 7030003

My commission expires: 1/31/2010



# COMMONWEALTH of VIRGINIA

Sandra Whitley Ryals  
Director

## Department of Health Professions

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9960 Mayland Drive, Suite 300  
Richmond, Virginia 23233-1463

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TEL (804) 367- 4400  
FAX (804) 527- 4475

May 4, 2009

Colleen A. Blanchfield, M.D.  
11150 Sunset Hills Road, Suite 309  
Reston, Virginia 20190

### CERTIFIED MAIL

7160 3901 9845 3426 6426

RE: License No.: 0101-048338

Dear Dr. Blanchfield:

The Virginia Board of Medicine ("Board") has received verification of your compliance with Terms #1 and #2 of the Consent Order entered February 6, 2009.

Therefore, pursuant to the authority granted by Term #3, I have determined that the terms placed on your license should be TERMINATED effective this date. The record of the Board currently reflects that you have a full and unrestricted license in the Commonwealth of Virginia.

Pursuant to §54.1-2400.2 (F) of the *Code of Virginia*, a signed copy of this letter shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

The Board wishes you well in your future endeavors.

Sincerely,

William L. Harp, M.D.  
Executive Director  
Virginia Board of Medicine

cc: Renée S. Dixon, Discipline Case Manager [118958]  
Jennie Wood, Administrative Assistant  
Susan Brooks, Office Manager, APD